



**The Barry Robinson Center**

*A Behavioral Health System for Youth*

**GOING ABOVE AND BEYOND**





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# WELCOME

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Founded over 80 years ago through the benevolence of Frederick J. Robinson, The Barry Robinson Center is a not-for-profit children's charitable trust that has only one mission: To improve the lives of children and their families. Over the years, The Barry Robinson Center has had the ability and foresight to respond to the changing needs of children. While initially a residential trade school for orphans, the Center has also been a high school for disadvantaged youth and a group home for behaviorally challenged teenagers. Today, The Barry Robinson Center is a premier behavioral health system with a strong connection to both military and civilian families.

While the families and children we serve may have changed, one thing that has not changed is our beautiful campus. Located in Norfolk, Virginia, the 32-acre open campus provides a serene environment that complements our holistic therapeutic community. Visit our campus and you will understand how this is only one of the factors that makes The Barry Robinson Center truly special.









# REMAINING TRUE TO A VISION

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Frederick J. Robinson's vision of a "good and stable home" for orphaned boys was realized in 1933 with the opening of The James Barry Robinson Home for Boys. In addition to providing a safe and nurturing environment in which the boys would thrive, the Center also served as a school for the arts and trades. Back then, the Center became a launching point for boys who would go on to realize their post-war American dreams.

As the decades passed, an appreciation and understanding developed of the emotional issues and psychological conditions that oftentimes go hand in hand with orphanage life. It soon became clear that there was more that The Barry Robinson Center could do to improve the lives of children. Over time, the Center evolved into a nationally recognized residential treatment facility serving the needs of emotionally troubled boys and girls. Today, some 80 years since its founding, The Barry Robinson Center is an internationally recognized behavioral health system.

The Barry Robinson Center was originally founded on Catholic values. In 2007 the Center was recognized as an independent Catholic institution. This recognition served to emphasize the holistic focus that the Center takes in addressing the mental, spiritual, and health needs of our residents and families.



# AN OPEN CAMPUS THAT CONTRIBUTES TO EMOTIONAL AND SPIRITUAL WELL BEING

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The Barry Robinson Center stands out in the region as one of the most aesthetically appealing treatment centers. The property features the original 1933 colonial-style buildings as well as modern residential facilities, which are set amidst the sprawling, wooded grounds. This tranquil, pastoral environment provides the Center's youth yet another avenue towards healing. Visitors often comment that the center has the feel of a traditional New England boarding school.

The children we serve benefit both spiritually and emotionally from the open, staff-secured setting and non-institutional environment.











## RESIDENTIAL TREATMENT PROGRAMS

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Residential Treatment Services conducted at The Barry Robinson Center are specifically tailored to the needs of each individual. The goal is to provide them with the skills necessary to succeed in life, and to ease their transition back into the family and community.

Our youth, ages six through 17, live on the campus and participate in multidisciplinary treatment programs consistent with their age and needs. Residential treatment focuses on individual issues to develop positive, supportive, goal-oriented behaviors, social and communication skills, and to enhance self-esteem.



## TREATMENT FOSTER CARE

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The Barry Robinson Center offers a Treatment Foster Care Program for clients from birth to 21 years of age whose needs are better met in a structured environment in the community. The program was developed to aid those who are no longer able to remain at home with their respective families and have experienced abuse, neglect, or behavioral disturbances. Children are matched with a teaching family that can maximize their strengths and provide effective treatment.





## EDUCATION AND LEARNING

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The Barry Robinson Center's education program is fully accredited and recognized as a School of Excellence by the National Association of Special Education Teachers. The curriculum is coordinated with the client's home school and follows the direction of the current IEP. Through our Healthy Lifestyles Program, residents are educated on subjects such as healthy eating habits and the importance of exercise, with progress monitored throughout the course of the treatment.



## MUSIC THERAPY

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How many residential programs have a choir? A guitar ensemble? A music therapist? The answer: At least one. At The Barry Robinson Center, we seek to utilize the therapeutic and healing power of music. Our youth have the opportunity to participate in creating music, learn to play an instrument, and sing in the Voices of Pride Chorus. These musical outlets, coupled with the chance to perform, help our residents build confidence and self-esteem and provide a healthy way to express their feelings. We encourage our residents to incorporate music into their lives and to share this gift with others.



## ACTIVITIES

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At The Barry Robinson Center, it is a priority to provide a variety of activities to motivate the body and mind. These activities are led by one of our Certified Recreation Therapists. Our contemporary gymnasium offers a selection of indoor games such as basketball, volleyball, and badminton, to name a few. Outdoor activities are also available, including baseball, soccer, tennis, and more. All of our activities are designed to inspire confidence and self-esteem. Our long-term affiliation with the Boy Scouts of America instills respect and fosters the development of other valuable life skills, along with opportunities for community outings and public service contribution.



## DEDICATED TEAM MEMBERS

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Our committed, mission-focused team consists of: Psychiatrists; Pediatricians; Nurse Practitioners or Clinical Nurse Specialists, Registered Nurses; Master's and Doctoral prepared Therapists; Registered Dieticians; Special Education Teachers; Recreation, Art, and Music Therapists; a Spiritual Counselor; and Bachelor prepared residential counselors. In addition, we are supported by our Board of Directors who embrace our mission and legacy.



# REFERRAL & ADMISSION

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The admissions office receives and reviews all referral information for prospective clients. Following the referral, the admissions staff will obtain further details on the needs of the client for proper placement within our programs.

For assistance with referrals or to request additional information about the specific programs and services, please contact the Admissions staff at 757-455-6100 or toll-free at 1-800-221-1995.

Please visit our website at [www.barryrobinson.org](http://www.barryrobinson.org)

To be considered for Residential Treatment Services, the following documents are requested:

- Psychological evaluation/testing
- Social history
- IEP/Educational reports
- Most recent physical exam
- Relevant clinical reports from previous providers or treatment facilities





TRICARE approved facility.  
We accept Medicaid as  
well as Insurance Plans,  
Educational and Private  
Parental Placements.

Please contact our Admissions Department for  
additional information and assistance.

**ADMISSIONS**

**THE BARRY ROBINSON CENTER**

**443 KEMPSVILLE RD. | NORFOLK, VA 23502**

**1-800-221-1995 | 757-455-6100**

**barryrobinson.org**



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