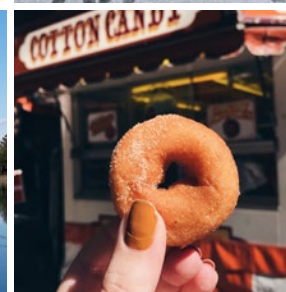
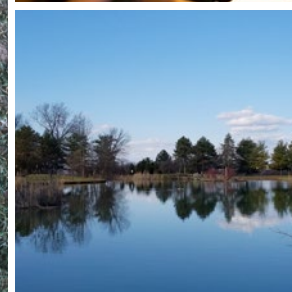
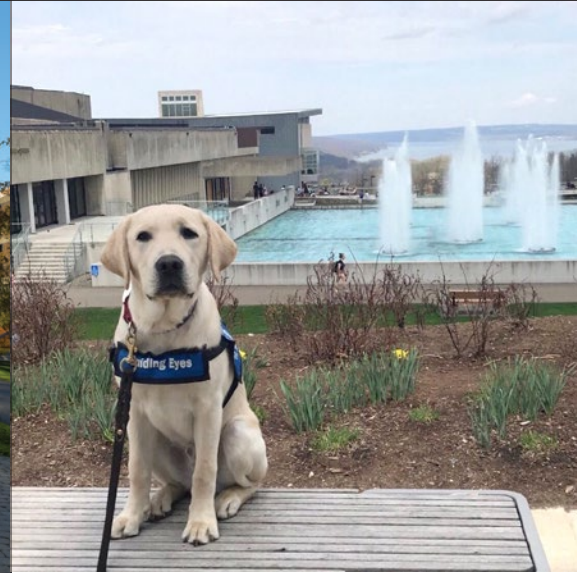


A photograph of two young men in a library. They are standing in an aisle between tall wooden bookshelves filled with books. The man on the left is wearing a plaid shirt and dark pants, and is holding an open book. The man on the right is wearing a red and white jacket and dark pants, and is looking at the book. They are both wearing glasses. In the background, there is a large window with multiple panes, letting in bright light. The overall atmosphere is quiet and studious.

# This Is Ithaca

A VIEW OF LIFE AT ITHACA COLLEGE





## ON THE COVER

Of course you'll find books in IC's library, plus you'll have access to e-books, subscriptions, databases, multimedia collections, and research assistance from pro librarians (basically info wizards).

## Find us online

@ithacacollege    

## Connect with us

[ithaca.edu/adm](http://ithaca.edu/adm)



OUT OF THIS WORLD



IC student **Antara Sen** reached for the stars (literally), joining **NASA’s OSIRIS-REx mission** to research asteroids and find answers about the history of our solar system.

**MAJORS** Physics and Mathematics  
**IC MENTOR** Professor Beth Ellen Clark Joseph  
(Mission Asteroid Scientist, NASA)

*I’ve done things I previously considered unimaginable. My life would be drastically different without each and every person in the Department of Physics and Astronomy.*

THEIR IC HIGHLIGHTS

- Exploring spectral color characteristics of boulder textures on asteroid Bennu
- Studying “mudpie” lab simulations of Bennu’s surface composition
- Publishing a research paper on NASA findings
- Earning the Seligmann Memorial Scholarship in Physics

FIND THEM ON CAMPUS

- RA-ing for the STEM Residential Learning Community
- Working as a Learning Assistant for the Physics and Astronomy Department
- Mentoring Students as a Peer Success Coach
- Playing Club Table Tennis

CITY OF SHARED KNOWLEDGE

Sometimes sharing a city creates competition between schools—but in Ithaca, we’re more into cooperation. In the **Ithaca College–Cornell University Exchange Program**, students can **cross-register for one class per semester** at the other college for **no additional fees**.



**Savanah Hughes**  
**BUSINESS ADMINISTRATION**  
**MAJOR AT IC**

**CORNELL CLASSES** Fashion Product Management; Fashion, Beauty, and Trends in the 20th and 21st Centuries

“When I was applying to school, I knew that I wanted a **business degree**, and I always knew that **I wanted to apply that to fashion**. But I didn’t want to go to a school specifically focused on fashion because I wanted to have a **well-rounded degree**.

Since we don’t have a fashion program here, there’s not a lot of kids that are specifically interested in fashion. But **being around people that had similar interests** and wanted to apply it in a similar way was pretty cool.”



**Ellery Bianco**  
**BIOLOGY MAJOR**  
**AT CORNELL**

**ITHACA COLLEGE CLASS**  
Anatomy and Physiology

“A lot of **physician assistant** schools require a two-semester sequence of **anatomy and physiology classes** in order to even apply for them. Cornell only offers a one-semester class, so if I took it there, it wouldn’t satisfy any of the schools’ requirements.

My friend told me about this program, and once I looked it up, **a huge weight was lifted off my shoulders**. The whole process of registering for the program was super easy, and everyone at Ithaca was so welcoming and willing to help.”

# From the Forest

Every year, IC environmental studies and sciences professor Jason Hamilton teaches students how to grow and harvest products from the forest.

Through the **South Hill Forest Products project**, students **market and sell ethically and renewably harvested forest goods** in the Ithaca community.



Beekeeping



Developing  
Medicinal  
Remedies



Farming  
Mushrooms



Making  
Maple Syrup

For integrated marketing communications major **Carley Newman**, the project was an opportunity to combine her **marketing knowledge** and **passion for the outdoors**.

## CONNECTING WITH CUSTOMERS

*In marketing student-made goods from the forest, there is a lot of education to go along with the products. It's important to share the process with customers.*

## MAKING FRIENDS FOR LIFE

*When you spend the wee hours of the morning together in the woods boiling sap and watching the sun rise, it really brings you together.*

## TEACHING THE LANGUAGE



IC grad **Menalie Hyde** was awarded an **English teaching assistantship** through the **Fulbright U.S. Student Program**. Her destination was **Malaysia**.

**MAJOR** Communication Management and Design

**HOMETOWN** Killingworth, Connecticut

*I feel like on this side of the world we have certain perceptions of Muslim countries. I wanted to experience it in real life and draw my own conclusions.*

## WHAT DO FULBRIGHT ENGLISH TEACHING ASSISTANTS DO?

- Provide **assistance to English teachers** in secondary schools or universities overseas.
- Help improve foreign students' **English language abilities**.
- Teach students more about the United States.
- Serve as **cultural ambassadors** for the U.S.

## MENALIE'S INVOLVEMENT AT IC

- **Student manager** for Digital Media Services in **IC's IT department**
- **Volunteer student-teacher** with Teaching Spanish to Children through Arts and Recreation
- Joined the student organization **IC Intercambios, teaching English** to Spanish-speaking immigrants in the Ithaca area

# Fit for Business

With their combined knowledge of business and passion for fitness, friends and IC School of Business MBA grads

**Tim Paulson** and **Eamon Coyne** started a strong and successful business—Pallas Fitness—right in Ithaca.



The pair first met as undergrads on IC's club ice hockey team and would often work out together in the IC Fitness Center. That's where Eamon sparked the idea for a **business they could launch locally** while working toward their MBA degrees at IC.

They had help from the hockey team along the way—their coach (and

accounting professor) became **their mentor** and gave them tips about **how to successfully grow their startup**.

After just two years, they **expanded from a small warehouse** to a space **10 times the size**, helping more and more Ithacans at all levels of fitness **get healthier and reach their goals**.

## WILD AND WONDROUS WORKOUTS

At IC, plenty of students stay active in the usual ways—fitness center, dance groups, and team and club sports. But they're also not afraid to think outside the gym.

**Here are some fun and different ways to get moving on and off campus:**



### 1 Circus Club

Work those arms and master coordination as a juggler, or get flexible with some awesome acrobatics.

### 2 Humans vs. Zombies

There's no better way to get an adrenaline rush: Run around campus while competing in Nerf related events to fend off your zombie-fied peers.

### 3 Slacklining

An Ithaca classic—tie a rope between two trees to test your fancy footwork and balancing skills.

### 4 Equestrian Team

Partner with a teammate of the four-legged variety, go on trail rides, and enter shows and competitions for fun and glory.

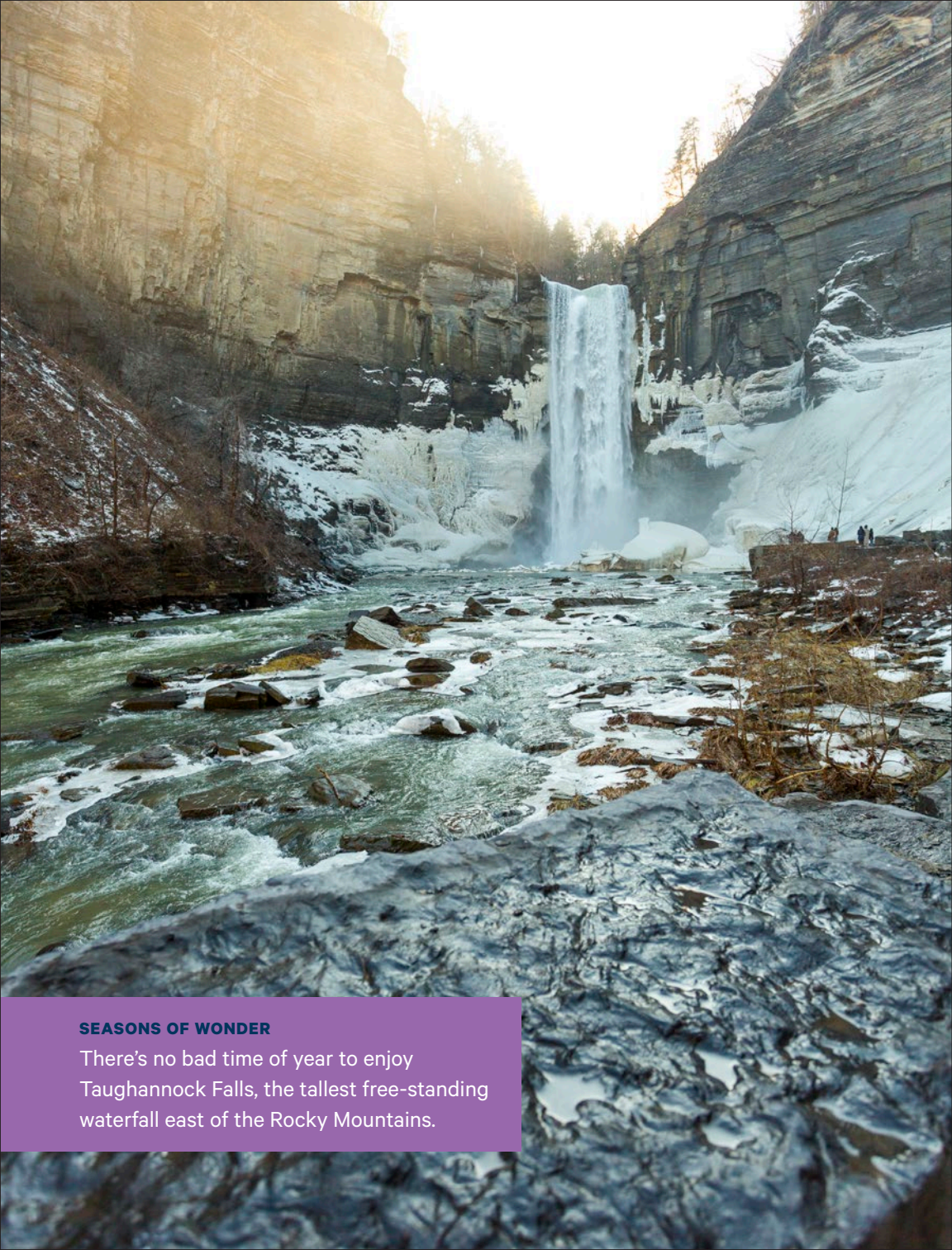
### 5 Ice Skating

Can you land a triple axel? No need to be that advanced. Strap on some skates, bundle up, and grab some ice time.

### 6 Quidditch

You're an *athlete*, Harry! Hop on a broom and play a more grounded version of the wizarding world's favorite sport.





#### SEASONS OF WONDER

There's no bad time of year to enjoy Taughannock Falls, the tallest free-standing waterfall east of the Rocky Mountains.

#### NO CAR? NO PROBLEM

## 6 Ways to Explore Ithaca without a Car

### Head into downtown Ithaca by bus.

**The TCAT bus system stops right on campus.** Get to know the bus schedule, and you can get anywhere downtown or in the surrounding areas.

### Do your traveling on the lake.

**Rent a kayak or canoe** from **Puddledockers Kayak Rentals**, a short walk from any bus stop downtown, and set off onto Cayuga Lake.

### Hit the trails.

Explore the **IC Natural Lands** or take the bus to check out the **Mulholland Wildflower Preserve**, the **Sagan Planet Walk**, and **miles more** all over Ithaca.

### Ride a bike.

Hop on your bike for a **scenic ride around the city**. Be ready for hills if you leave downtown!

### Walk a dog—or cat.

The **SPCA of Tompkins County**, a local no-kill shelter, offers carpool arrangements for carless volunteers. Do some good while you get all the snuggles.

### Travel through history.

Catch a bus to the **Museum of the Earth**, and learn more about our world through fossils, detailed paintings, and exhibits.



ITHACA COLLEGE

Office of Admission

953 Danby Road • Ithaca, NY 14850

**Haven't applied yet?**

Apply by February 1!

[ithaca.edu/adm](https://ithaca.edu/adm)

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Photos by Adam Baker, Giovanni Santacroce, Bill Truslow and Noah Levin  
2021-6