

# Breakout Sessions At-A-Glance

Thursday, March 3 Breakout Session 1 10:45 a.m. – 12:00 p.m.		Presenter(s)
8 Great STEM Career Opportunities That Do NOT Require a Traditional Education		Steven Coyle
Building K-12 Student Agency and Supports in College and Career Readiness (CCR)		Kimberly Hetrick & Nora Zollweg
High School Roundtable		Denise Reddinger
Improve Equity and Inclusion with Universal Design for School Counseling		Rhiannon Catlett
Make Your Data Work for You: Transformative System Support (20%)		Danielle Duarte & Whitney Triplett
Professional School Counselors of Color Roundtable		Lilia Hueso, Lauren Mendez, Sarah Stone & Brittni Thompson
Social/Emotional Learning (SEL); Uplifting Students, Schools and Communities		Vicki Butler & Robert Cavness
Supporting Our LGBTQ+ Students		Jamie Betz & Kinsey Hedeem
Thursday, March 3 Breakout Session 2 1:15 p.m. – 2:30 p.m.		Presenter(s)
Aligning Graduation Requirements to the Washington State Profile of a Graduate		Linda Drake & Alissa Muller
Building Culture and Community in an Alternative School Setting		Elizabeth Congdon-McGee
Calendars - Use of Time Analysis		Megan Bledsoe
College Scholarship Opportunities Through the U.S. Army		Aaron Cloutier, Lisa Pirak & Jerry Alves
Culture is Behavior: Positively Impacting Student and Staff Behavior in a Way That Sticks		John Norlin
Fostering Professional Resilience and Social/Emotional Wellness		Mona Johnson
High School and Beyond Plan: Increasing Engagement by Building Hope		Kimberly Hetrick & Kim Reykdal
SB 5030-Program Evaluation/Results Reports		Brian Mathieson
College Scholarship Opportunities Through the U.S. Army		Aaron Cloutier, Lisa Pirak & Jerry Alves
Thursday, March 3 Breakout Session 3 2:45 p.m. – 4:00 p.m.		Presenter(s)
Accessing Community Resources to Assist Students with Financial Need		Ellen Zambrowsky-Huls & David Hartness
The ASCA National Model: Updates of the 4th Edition		Marin Marks
Graduate Student Round Table		Kaela Ducken-Holm
Reimagining Mental Health Services in Schools		Clayton Cook
Repairing the Counselor-Administrator Relationship: Why Change Was Necessary		Denise Reddinger & Jerry Riggs
Trauma-Sensitive MTSS - An Opportunity for School Counselor Leadership		Stacey Rawson
Using the Student Mindsets and Behaviors to Create and Deliver Effective School Counseling Lessons		Marisa Castello
The What, Why and How of Career Connect Washington Career Launch		Kimberly Hetrick, Julie Knott, Walter Jackson & Angie Mason Smith

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<b>Friday, March 4 Breakout Session 4 9:15 a.m. – 10:30 a.m.</b>		<b>Presenter(s)</b>
24 Tips and Tools for Grieving Children		Mary Ellen Erickson & Rae Ann Kelly
Advocating for the Protection of Our Time		Marin Marks & Marisa Castello
CBITS: Cognitive Behavioral Intervention for Trauma in Schools		Josh Webb
The Easiest Way to Document Your Time and Analyze Your Results		SCUTA Ambassador
Elementary School Roundtable		Nick Palukis
Migrant Youth Cultivate our Crops: We Cultivate their Dreams		Juan Hurtado, Tanya Rojas & Viviana Magallon
Nurturing Emotional Wellness and Resilience in Children		Rebecca Bowen
The Science of Hope in P-12 Education		Megan LaPalm & Kim Reykdal
Streamline Your Supports with Ninth Grade Success Teams		Kefi Andersen & Henterson Carlisle
<b>Friday, March 4 Breakout Session 5 10:45 a.m. – 12:00 p.m.</b>		<b>Presenter(s)</b>
Advocating for LGBTQ+ Youth in Elementary Schools		Marie Desprez & Aleesha Ramirez
Building K-12 Student Agency and Supports in College and Career Readiness (CCR): Aligning the ASCA		Kimberly Hetrick & Nora Zollweg
Career Bridge: A Free Tool to Connect Washington Students with Education and Careers		Marina Parr
Creating Your Data		Christine Robinson
Life Skills: What Every Student Needs		Vincenzo Capone
Middle School Roundtable		Megan Bledsoe
A Safer Future for Our Students?		Tremayne Edwards
Timed-In Versus Tiered Out: Empowering Responsibility with Relational Discipline Tools		Tammy Huson
<b>Friday, March 4 Breakout Session 6 1:15 p.m. – 2:30 p.m.</b>		<b>Presenter(s)</b>
The ABC's of Advocacy!		Jenny Morgan & David Rosdahl
Beyond Extra Time and Preferential Seating - ADHD Supports in Today's Classrooms		Amy Egizii
Building Gritty Students and Faculty: Concrete Tools and Mindsets of the Nurtured Heart Approach® for School Counselors Managing Challenge		Tammy Huson
Building Robust CTE and Computer Science Graduation Pathways in Rural Schools		Kimberly Hetrick & Sinead Fitzpatrick Plagge
College Students' Academic Achievement: Exploring the Role of Hope and Academic Self-Efficacy		Esther Penzar & Cher Edwards
Nutz and Boltz of 5030		Liz Thibert & Michelle Rolan
Recognizing Signs of OCD in Children		Laura Smestad
Vaping 101: The Truth Behind the Haze		Skye Allen

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Friday, March 4 Breakout Session 7 2:45 p.m. – 4:00 p.m.	Presenter(s)
2022 Ethics Round Table	Susie Honaker Wirzbicki
5030 Roundtable	Denise Reddinger, Marin Marks, David Rosedal & WSCA Board Members
Bounce Back - An Elementary School Intervention for Trauma	Josh Webb
Intuitive Eating in Schools	Meredith Sjoberg
School Counseling Advisory Council in Action	Melvin J. Fields Jr
Talking to Young People about Healthy Relationships	Libby Gutschenritter
Washington Youth Academy - Academic and Life Skills Intervention- A Second Chance for Graduation	Kelly Ingalls
Youth Substance Use: Understanding Prevention Through Research and Data	Skye Allen



This year, our evaluation process will be paperless! Please hold your phone camera (don't actually take a picture) to the screen or page, and wait for the link to appear. Please use this for the individual workshops that you attend. You will need to do this for each workshop in order to get clock hours for each. Your feedback is invaluable to us!

Enjoy the conference!