



NATIONAL CENTER for
YOUTH ISSUES

6101 Preservation Drive • Chattanooga, TN 37416 • www.ncyi.org

Speakers Bureau



Kim "Tip" Frank

NATIONAL LEVEL SPEAKER, AUTHOR AND COUNSELOR

Kim "Tip" Frank, longtime school counselor and therapist, has had the privilege of helping thousands of students, formerly as a teacher, and more recently, as a counselor/therapist. Tip worked in the public school setting for over 20 years and now maintains a thriving, private counseling practice. He has authored and coauthored numerous books, including *Battling the Blues*. His books cover many topics, such as ADD/ADHD, anxiety disorders, depression, social skills, grief, technology and gaming addictions, divorce and separation, and presents nationally on these topics.

A BRIEF LOOK AT TIP'S SESSIONS (continued on back)

Helping High on the Spectrum Kids and Teens Succeed in the School Environment

This seminar will provide valuable information on how to work with children and teens with milder forms of autism who are mainstreamed in the regular classroom setting. Milder forms of autism include high functioning autism, Asperger's Syndrome, and nonverbal learning disorder. School success is critical for young people who are "high on the spectrum." Consider the fact that only 3% of adults with Asperger's Syndrome live independently and only 12% are gainfully employed. More than one out of a hundred students in our schools is affected by autistic spectrum disorder (ASD). Therefore, knowing specific ways to identify and treat these conditions within the school setting is a make or break proposition. This is an "equipping" webinar which gives educators in their various roles a keen understanding and ability to help young people who are high on the spectrum to succeed.

ADHD: Practical Information and Strategies for Reducing the Deficit

This session will provide useful, simplistic information about students with Attention Deficit Hyperactivity Disorder. Discussion on diagnosis, characteristics, and underlying causes will be included. A multimodal treatment plan which includes psychological counseling, educational planning, behavior modification and medical management will be explained. Multiple handouts will be provided to assist in classroom and home management of ADHD students.

Depression, Anxiety, and ADHD: The Three Calamitous Cousins

Out of all the conditions confronting children and youth today, depression, anxiety, and ADHD cause some of the greatest behavioral and academic issues. These three "cousins" frequently go together and are often undiagnosed and untreated because of their stealth nature. This session will aid school personnel in identifying these conditions and will provide practical multimodal treatment strategies for use in the school setting, along with how to coordinate professional help from the community at large.

Contact Robert Rabon at rrabon@ncyi.org or 423-309-4300 to engage Tip for your event

Battling the Blues: Helping Children and Teens with Anxiety and Depression

This session addresses childhood and adolescent depression and anxiety. Tip will also explain how to identify and address mood and behavioral disorders as well as how and when to make referrals to professionals in the community.

Lost and Found: Rescuing Our Kids from Video, Screen, Technology, and Gaming Addictions

With young people increasingly tethered to Smartphones and digital devices, there has been a sharp increase of serious problems such as anxiety and depression. There is also a direct link to other problems such as social skills deficits, exploitation of young people (bullying, predators), raging, violence and addictions not to mention a negative educational impact. Tip lays out eight specific problems that the "iGen" faces in our technology-laden world. He identifies these concerns in stating how to take careful "MEASURES" when teaching young people how to have a healthy relationship with today's technology. Tip will bring out ideas from his book *Lost and Found: Rescuing Our Kids from Video, Screen, Technology, and Gaming Addictions* to proactively head off these eight problems. However, if a young person is developing or has an addiction to screens be it social media, video games, etc., clear direction is given on how to get "unplugged" and get the help needed for recovery.

Safe Travels Through the Divide: A Journey Toward Healing When Parents Separate or Divorce

This session will provide research-based practical tips to help young people and their parents through the divorce or separation process. Topics include the essential needs for youth, proper communication between parents, children's grief, parental alienation syndrome, and more. Session attendees will learn how to encourage parents in their ability to co-parent as well as how to encourage young people to cope well and to move forward with their lives.

Easing the Educational Crucible: Tapping Each Child's Potential in the Classroom Through Momentum and Motivation

Today's young people have more barriers to learning than ever before. Yet they are expected to produce more than ever in this day of "high stakes testing." Educators and students feel more pressure than ever. To get around this "educational crucible," educators must focus on the heart of the matter—how to tap the inner motivation of each student. In this workshop, participants will be inspired to look again at how to tap human potential in the classroom and beyond. Practical tips will be imparted to participants in order to deal with today's barriers to learning such as grief, learning disabilities, ADHD, anxiety, depression, technology addiction, etc.

BY TIP FRANK

GR 3-8

9781931636568

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PAPERBACK

8.5" X 11"

100 PAGES

\$22.95

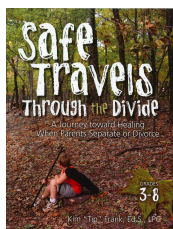
48/CASE

Safe Travels Through the Divide

Kim "Tip" Frank

Tools and understanding needed to help make the journey through divorce or separation as safe and comfortable as possible, while minimizing lasting effects. Broken into sections for adults and kids, this book will help children adjust to their new lifestyle.

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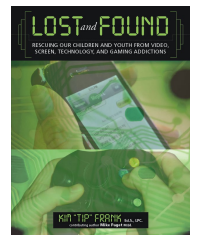
Lost and Found

Rescuing Our Children and Youth from Video, Screen, Technology and Gaming Addiction

Kim "Tip" Frank, Mike Paget

Provides ideas and principles related to the overuse and abuse of technology. Learn about the factors and warning signs leading to technology addiction. Offers practical exercises and resources.

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9781931636445

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93 PAGES

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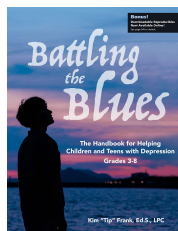
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Battling the Blues

Kim "Tip" Frank

This handbook explains depression and provides practical coping strategies so that children and teens can gain a greater sense of control in their lives. Divided into two sections, one for adult professionals and caregivers, the other for children and teens.

PO



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