Speakers Bureau

Melissa A. Louvar Reeves

AUTHOR, SPEAKER AND SCHOOL COUNSELOR



Dr. Melissa Reeves, Ph.D., NCSP, LCMHC is Past-President of the National Association of School Psychologists, a nationally certified school psychologist, licensed clinical mental health counselor, and licensed special education teacher. Most recently she was an Associate Professor at Winthrop University, and has over 20-years' experience working in public schools, a private school, and day and residential treatment programs. Dr. Reeves is a co-author of the *PREPaRE Crisis Prevention and Intervention* curriculum and travels nationally and internationally training professionals in crisis prevention and intervention, threat and suicide assessment, trauma and PTSD, and cognitive-behavioral interventions. She is a Senior Advisor for Safe and Sound Schools, an organization founded by two parents who lost their children in the Sandy Hook tragedy, and senior consultant with Sigma Threat Management Associates, an Ontic company. Dr. Reeves has authored multiple books and publications focusing on school safety and trauma.

A BRIEF LOOK AT MELISSA'S WORKSHOP SESSIONS

Helping Traumatized Students and Those Who Experience Grief, Loss, and Mourning

This workshop is designed to enhance participants' existing knowledge base about trauma, grief, loss, and mourning. Participants will increase their levels of comfort in dealing with trauma and grief, better understand the differences between normal and complicated grieving, and learn intervention strategies to address both. Participants will achieve a better understanding of factors that influence grief and mourning, and develop specialized skills for helping children and adolescents cope more successfully with these intensely felt emotions.

Suicide and Non-suicidal Self-Injury: Prevention, Intervention, and Postvention

This workshop will discuss current statistics and legal cases, early identification of warning signs, primary prevention strategies to break the code of silence, an overview of suicide assessment models and procedures, and strategies for intervention and postvention activities, including those to prevent contagion. Emphasis will also be placed on school-based response and intervention on behalf of students who engage in non-suicidal, self-injurious (NSSI) behavior.

Turn over for more sessions and books from Melissa

Threat and Suicide Risk Assessment: Developing a Proactive and Consistent Approach to Evaluating Risk (3-6 hours)

This workshop will focus on the process and procedures needed to establish a consistent school/district-wide approach to threat and suicide risk assessment utilizing a multidisciplinary team. Critical factors discussed will include: current statistics, legal cases, post-incident reviews, and early identification of warning signs, primary prevention strategies to "break the code of silence; an overview of threat and risk assessment models and tools; assessment procedures; and strategies for interventions, postventions, and working with difficult parents. Case study examples and forms will be shared to illustrate the process.

Participants will learn:

- how to establish a consistent school- or district-wide approach to threat and suicide risk assessment.
- the critical factors contributing to risk to include current statistics and early identification of warning signs
- best practice guidelines as established by prior legal cases and lessons learned reports
- primary prevention strategies to break the code of silence
- about a variety of threat and risk assessment models and measures that guide assessment procedures
- strategies for interventions and postvention
- strategies for working with difficult parents
- from case study examples and shared forms that illustrate the risk assessment process

BY DR. MELISSA A. LOUVAR REEVES

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15-Minute Focus -TRAUMA and Adverse Childhood Experiences

Brief Counseling Techniques that Work

Dr. Melissa A. Louvar Reeves

In this book, Reeves explains trauma and the overlap with anxiety, and provides understanding for behaviors associated with trauma and why they occur, along with a variety of strategies for school mental health professionals, educators, and administrators.



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15-Minute Focus -Behavioral Threat Assessment and Management for K-12 Schools

Brief Counseling Techniques that Work

Dr. Melissa A. Louvar Reeves

In this book, Louvar Reeves explains the interrelated factors that play a role in a person's decision to plan and carry out an act of violence. Learn about the role of BTAM in managing troubling behaviors, mitigating risk, and directing students onto more positive pathways.