

# AWAKEN TOMORROW'S FUTURE

NOVEMBER 17-18, 2022

INDIANAPOLIS  
MARRIOTT EAST

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INDIANA  
SCHOOL  
COUNSELOR  
ASSOCIATION

2022 Fall  
Conference

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**November 17, 2022 | 11:30 a.m. – 1:15 p.m.**

## **Polyvagal Theory and Education**

**Lori Desautels**



**ABOUT THIS SESSION:** Our nervous systems and physiological states create and produce the behaviors in school we observe, question, discuss, punish, suspend, seclude, and attend to in all moments throughout the day! As educators and counselors who sit with 30 to 180 plus nervous systems every day, we have traditionally paid attention to observable behaviors, assessing them as appropriate, disrespectful, inappropriate, oppositional, aggressive, manipulative, and a variety of other labels and classifications. Polyvagal Theory and the social and affective neuroscience research now share; that education requires “state regulation” so we are able to access and integrate the cognitive and mental tasks we need to succeed in school and positively navigate life experiences. Dr. Desautels will share the practices that address the nervous system states of our children and adolescents in the classroom preparing the brain and body to learn deeply, mitigating negative behaviors and meeting students in their brain and body state.

**SPEAKER BIO:** Dr. Lori Desautels, has been an Assistant Professor at Butler University since 2016 where she teaches both undergraduate and graduate programs in the College of Education. Lori was also an Assistant Professor at Marian University in Indianapolis for 8 years where she founded the Educational Neuroscience Symposium. Because of her work, Lori has been able to attract the foremost experts in the field of educational neuroscience, trauma and adversity growing the conference from 60 participants to over 500. Dr. Desautels’ passion is engaging her students through neuroscience as it applies to education by integrating Mind Brain Teaching, learning principles and strategies into her coursework at Butler. The Applied Educational Neuroscience Certificate, created by Lori in 2016, is specifically designed to meet the needs of educators, counselors, and administrators who work beside children and adolescents who have, and are, experiencing adversity and trauma. Lori’s articles are published in *Edutopia*, *Brain Bulletin*, and *Mind Body Spirit* international magazine. She was also published in the *Brain Research Journal* for her work in the fifth-grade classrooms during a faculty in residence position with Washington Township Schools. Lori is the author of 4 books. Her most recent book, *Connections Over Compliance: Rewiring Our Perceptions of Discipline* was released in late 2020. Lori has met with well over 70 school districts across the country, in Canada, Costa Rica and Dubai equating to more than 100,000 educators with much more work to be done!

***Lori will also be presenting a breakout session.***

**Friday, November 18 • 8:30 am – 12:00 pm**

The Core Skills Building Workshops are included in the conference registration fee and are being held at the same time. Each session will be repeated twice, once from 8:30 a.m. – 10:00 a.m., and again from 10:30am – 12:00 p.m.

**Suicide and Non-Suicidal Self-Injury Prevention, Intervention and Postvention****Dave Opalewski**

**ABOUT THIS SESSION:** This session will explore the prevalence and difference of these self-destructive behaviors. Learn how to distinguish between suicidal (lethal) and non-suicidal (non-lethal) behaviors, and learn about a three step process used in working with a suicidal person (why and how). Come and discover coping techniques which can be taught to someone who is self-injurious. Also, learn how to help parents to appropriately support a suicidal or self-injurious child. Misconceptions associated with suicidal and self-injurious behaviors, risk factors for youth who self-injure and postvention (creating healing and encouraging school environments in response to these issues) will also be discussed.

**SPEAKER BIO:** Dave Opalewski is President of Grief Recovery Inc., in Saginaw, Michigan, a certified Death and Dying and Suicide Prevention Instructor for Central Michigan University in Mount Pleasant, Michigan. He is also a certified support group facilitator and child trauma specialist, along with being a 33 year veteran of K-12 education; 25 years as a classroom teacher and 8 years as the Director of At-Risk Programs. He worked 3 years part time in a funeral home as an aftercare consultant, working with families of the deceased and pioneered the Saginaw County Aftercare Adult Support Group. He is ASIST (Applied Suicide Intervention Skills Training) trained. His published books include *15-Minute Focus – GRIEF: Processing and Recovery*, *Confronting Death in the School Family*, and many others. Dave Opalewski has been published several times in professional journals and is a highly sought after speaker at state and national conferences conducting professional development trainings for several school districts throughout the Country. He was recognized as the “2010 Advocate of the Year” at Central Michigan University for guiding college freshman and a nominee for the 2010/11 and 2012/13 “Excellence in Education” Award. He has recently retired as Professor Emeritus for Central Michigan University in the Teacher Education and Professional Development Department.

**Legal Literacy and Ethical Practice in the Complex World of School Counseling****Carolyn Stone**

**ABOUT THIS SESSION:** School counselors must negotiate the competing interests of the overregulated school environment, student’s need for confidentiality and the legal rights of parents to be the guiding voice in their children lives. Updates on these competing interests will be discussed through recent court developments. Legal rulings will be highlighted in areas such as sexually active students, bullying, academic advising, child abuse, educational records, and sexual harassment, first amendment rights, and transgender youth. The goal is to facilitate participants’ legal literacy and provide guiding principles to support best ethical practice.

**SPEAKER BIO:** Carolyn Stone, Ed.D., is a Professor of Counselor Education at the University of North Florida (UNF). Dr. Stone is a Past President of the American School Counselor Association (ASCA). Prior to coming to UNF, Dr. Stone spent 22 years with Jacksonville, Florida’s Public Schools as an elementary and high school counselor, middle school teacher and Supervisor of Guidance Services. She supervised 225 school counselors. Dr. Stone currently serves as the Ethics Chair for ASCA and has done so for 15 years.

**The Challenges of Fetal Alcohol Spectrum Disorder****Susan Elsworth**

**ABOUT THIS SESSION:** Baffled why some individuals you are working with have trouble holding it all together, struggle with memory and connecting choices with consequences? Could prenatal alcohol exposure be a possibility? Looking for effective person centered intervention to address challenges? The Challenges of FASD defines FASD, familiarizes participants with the symptoms of FASD and explores person centered interventions to address challenges.

**SPEAKER BIO:** Susan has a BA in Business Management from Anderson University and an AS in Criminal Justice and Corrections from Ball State University. Susan was a licensed foster parent from 2002-2014 and mentors both foster and adoptive parents. A mother to 13 children, she and her husband Duane adopted 9 foster children: 5 with FASD, 1 with Celiac Disease, and 3 with Reactive Attachment Disorder (RADS). As a previous Executive Director of New Horizons Maternity Home, she has experience counseling birth mothers and their families. Susan formed and serves as Executive Director of IN Alliance, a not for profit corporation serving families and individuals with prenatal exposure to substances and alcohol and the Director of Perinatal Substance Use and Family Advocacy for Mental Health America of Indiana. Susan is the FASD United Affiliate Director the FASD United network. She serves on the Family and Youth Committee for Indiana’s Systems of Care Council.



## Tentative Schedule

### Thursday, November 17, 2022

7:30 am – 5:00 pm	Registration & Information Center Open
8:00 am – 4:30 pm	Exhibits Open
8:30 am – 9:30 am	Session 1
9:30 am – 10:00 am	Exhibitor Break
10:00 am – 11:00 am	Session 2
11:00 am – 11:30 am	Exhibitor Break
11:30 am – 1:15 pm	Keynote Luncheon – Lori Desautels
1:15 pm – 1:30 pm	Transition Break
1:30 pm - 2:30 pm	Session 3
2:30 pm – 3:00 pm	Exhibitor Break
3:00 pm - 4:00 pm	Session 4
6:30 pm - 9:00 pm	ISCA Board Meeting

### Friday, November 18, 2022

7:30 am – 2:30 pm	Registration & Information Center Open
8:00 am – 12:30 pm	Exhibits Open
8:30 am – 10:00 am	Core Skills Building Workshops
10:00 am – 10:30 am	Exhibitor Break
10:30 am – 12:00 pm	Core Skills Building Workshops
12:15 pm - 1:45 pm	Awards Luncheon
2:00 pm - 3:00 pm	Session 5
3:00 pm - 3:30 pm	Membership meeting - Immediately following session

Attendance certificates will be located in the program (Participant’s Manual) which may be used for PGP and CEU credits if your district accepts this documentation.



**You can save on your conference registration by becoming a member of the ISCA!**

Before registering for the conference, please visit the ISCA web page and become a member or renew your annual membership to save. Go to [www.indianaschoolcounselor.org](http://www.indianaschoolcounselor.org) and click the link on the left, JOIN ISCA.

## REGISTRATION FORM (PLEASE PRINT CLEARLY)

NAME (as it should appear on name badge) \_\_\_\_\_

JOB TITLE - (REQUIRED PLEASE) \_\_\_\_\_

ORGANIZATION/SCHOOL DISTRICT \_\_\_\_\_

ATTENDEE EMAIL (REQUIRED FOR CONFIRMATION) \_\_\_\_\_

WORK ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

WORK PHONE ( ) \_\_\_\_\_ CELL PHONE ( ) \_\_\_\_\_

Professional/Affiliate Member*	Student/Emeritus Member*	Non-Member
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### A. Full Conference - Attend both days (Nov. 17 and 18)

<input type="checkbox"/> <b>Early Register</b> (by Sept. 30)**	\$160 per person	\$105 per person	\$240 per person
<input type="checkbox"/> <b>Regular Registration</b> (after Sept. 30)	\$195 per person	\$140 per person	\$275 per person

**TWO-Day Attendance-Total (A) \$** \_\_\_\_\_

### B. One Day Attendance - Thursday Only (Nov. 17)

<input type="checkbox"/> <b>Early Register</b> (by Sept. 30)**	\$110 per person	\$75 per person	\$190 per person
<input type="checkbox"/> <b>Regular Registration</b> (after Sept. 30)	\$145 per person	\$110 per person	\$225 per person

**ONE-Day Attendance - Total (B) \$** \_\_\_\_\_

### C. One Day Attendance - Friday Only (Nov. 18)

<input type="checkbox"/> <b>Early Register</b> (by Sept. 30)**	\$110 per person	\$75 per person	\$190 per person
<input type="checkbox"/> <b>Regular Registration</b> (after Sept. 30)	\$145 per person	\$110 per person	\$225 per person

**ONE-Day Attendance - Total (C) \$** \_\_\_\_\_

\* Your ISCA membership must be good through November 18 to qualify.

\*\* To qualify for the Early Registration Rate, your registration form AND payment (copy of your purchase order, check, or credit card) must be received or postmarked by the Early Registration cutoff date.

**REGISTRATIONS CANNOT BE PROCESSED WITHOUT PAYMENT. PLEASE SEND PAYMENT AND REGISTRATION FORM(S) TOGETHER.**

### How and Where Do I Pay?

	WEBSITE	EMAIL	FAX	PHONE	MAIL
CREDIT CARD	✓	✓	✓	✓	✓
PURCHASE ORDER		✓	✓		✓
CHECK					✓

**WEBSITE:** [www.ncyionline.org/in-scac](http://www.ncyionline.org/in-scac)

**EMAIL:** [registrations@ncyi.org](mailto:registrations@ncyi.org)

**FAX:** 423-899-4547

**PHONE:** 866-318-6294

**MAIL:** National Center for Youth Issues  
P.O. Box 22185  
Chattanooga, TN 37422-2185

Please make your check or purchase order payable to: **National Center for Youth Issues.**

A W-9 is available on the website.

### PAYMENT METHOD

**PURCHASE ORDER** A COPY OF THE PURCHASE ORDER IS REQUIRED.  
(PAYABLE TO NATIONAL CENTER FOR YOUTH ISSUES, P.O. BOX 22185, CHATTANOOGA, TN 37422-2185)

**CHECK ENCLOSED** (MADE PAYABLE TO NATIONAL CENTER FOR YOUTH ISSUES)

**CREDIT CARD**  PERSONAL  CORPORATE

CARD NO. \_\_\_\_\_ EXP. DATE \_\_\_\_\_ CID# \_\_\_\_\_

NAME ON CARD (PLEASE PRINT) \_\_\_\_\_

CREDIT CARD BILLING ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

AUTHORIZED SIGNATURE \_\_\_\_\_ EMAIL \_\_\_\_\_

**CANCELLATION POLICY:** If we are forced to cancel the ISCA Conference because of a "force majeure" event, such as a government restriction on large gatherings that cover the intended size of the conference, then we will issue full refunds of the registrations. Otherwise, our normal cancellation policy will be upheld: There will be no refunds after October 17, 2022. All cancellations before October 17, 2022 will be refunded less a \$25 handling fee. There will be no refunds if you register as a non-member and then later become a member. Please become a member or renew your membership before registering for the conference. The association is not responsible for and cannot give refunds due to problems beyond its control, such as weather and school closings. The sponsors of the conference receive registrant contact information.

On social distancing and other health and safety measures, the regulations/guidelines that apply to hotels and conference centers may change. The ISCA Conference will conform to all necessary regulations/guidelines that are in place as of the date of the conference.

PLEASE NOTE: The attendee will receive a confirmation to the email address provided when their registration is processed (make sure to check Junk/Spam folders). Please allow ample time for processing.



**Indianapolis Marriott  
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Convention Center  
Indianapolis, Indiana**



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**1-888-236-2427 or 317-352-1231**

**To make hotel reservations:**

All events of the Conference will be located in the Convention Center. Standard rooms at the hotel may be reserved at the special conference rate of **\$135 per night** (plus tax). Make your reservations by calling the hotel directly at **1-888-236-2427**, or at **317-352-1231**, and reference the “**Indiana School Counselor Association Conference**” to receive this rate.

**TO REGISTER ONLINE:**

Go to [www.ncyionline.org/in-scac](http://www.ncyionline.org/in-scac) and follow the link to the hotel’s reservation system.

**Please Note:** This rate is good on reservations made by **October 25, 2022**. Rooms in this block are limited, and may fill up before October 25.

**Come Learn and Play!**

In the evening, make sure you take time to relax and enjoy the surrounding area.

Go to [www.ncyionline.org/in-scac](http://www.ncyionline.org/in-scac) to see the things to do around the beautiful Indianapolis Marriott East Hotel.

**Visit the Fashion Mall at Keystone!**



**Or, visit Castleton Square shopping center!**



We hope this conference will educate and equip you to do your job well, and we also hope you will take advantage of the wonderful ways you can relax and be refreshed!