

**KSCA
2022**

 KENTUCKY
SCHOOL
COUNSELOR
ASSOCIATION
kyschoolcounselor.org

FALL CONFERENCE

UNMASKING HEROES!

SEPTEMBER 14-16, 2022

GRIFFIN GATE MARRIOTT RESORT AND SPA • LEXINGTON, KY

SPONSORED BY



Wednesday, September 14, 2022 | 2:00 p.m. – 5:00 p.m.

The Pre-Conference Learning Sessions are an additional opportunity for more professional development and CEU contact hours. The sessions generally cover more in-depth information and allows more opportunity for discussion. These sessions are not included in the conference registration fee and have a minimal fee. Space is limited. Interested participants are encouraged to register early. Sessions run concurrently, so only one may be chosen.

Cost to attend a Pre-Conference Session:

- \$50 Professional / Affiliate
- \$40 Graduate Student / Retiree / Emeritus

What’s Inside Your Backpack: Setting Aside What We’re Not Meant to Carry

Jessica Sinarski

ABOUT THIS SESSION: The weight of stress, worry, and trauma can have lasting impacts on both body and brain. This shows up in every area of school life – from the classroom to the lunchroom to the staff lounge! Take some time to dig into your backpack and learn strategies to set aside the “books” you’re not meant to carry. Participants will learn concrete tools for lightening the emotional load for staff and students. Trauma-expert and author Jessica Sinarski weaves in the latest brain science to make this inspirational session a lasting change-maker!

SPEAKER BIO: Jessica Sinarski, LPCMH equips parents and professionals to be healers for hurting children. Weaving user-friendly brain science into everything she does, Jessica ignites both passion and know-how in audiences. Extensive post-graduate training and 15+ years as a clinician, consultant, and parent educator led her to create *BraveBrains*, a resource and training platform for home, school, and community. She is also the author of the *Riley the Brave* picture books and *What’s Inside Your Backpack?*

Jessica partners with school districts and child welfare agencies across the country to better incorporate effective trauma-sensitive practices into their work. She also shares her expertise as a contributor to magazines, blogs, and podcasts. When not writing and training, she continues to work as a bilingual therapist and clinical supervisor at an innovative adoption support agency. Presentations can be adapted to provide content on specific tiers, such as Tier 1 prevention.



Be the Superhero of Your School Counseling Program!

Sherilyn Bratcher

ABOUT THIS SESSION: Scheduling, testing, IEP/504 meetings, supervising duties How do you find the time to counsel your students? Learn how to build your school counseling program with strategies for all tiers and levels, manage your time, organize your duties and responsibilities while also taking care of yourself and your staff. You may not leave knowing how to leap tall buildings with a single bound, but you will leave with strategies and tools to use as soon as you return to your school.



Thursday, September 15, 2022

Opening Keynote Session Speaker (8:30 a.m. – 9:30 a.m.)



Got Hope? NOPE!: Understanding the Importance of Hopefulness

Julia Cook

ABOUT THIS SESSION: The most tragic thing a person can lose is their hope. Without hope, despair takes over. Without hope... a child becomes hopeless. Hopeless children don't try, have poor relationships with others, and feel helpless. In terms of resilience and well-being, hope is a critically important predictor of success. Research tells us that by the time children are 10 years old, they have maximized the amount of hope instilled in their minds. This poses two very unique challenges for parents, teachers, and counselors... How do we help children increase their amount of hope prior to the age of 10, and how do we help them maximize their hope potential after the age of 10. In this research-based, humor infused keynote, Julia Cook explores the components of hope, discusses the results of the Hope Scale for Children, defines the differences between hope and optimism, and presents a blueprint for maximizing hope growth and potential in children, teens and adults.

"Hope is our children's window for a better tomorrow!" Ready... Get "MIND SET"... GROW!

SPEAKER BIO: Julia Cook, M.S. is a national award-winning children's author, counselor, and parenting expert. She has presented in thousands of schools nationally and internationally, regularly speaks at education and counseling conferences, and has published almost one hundred children's books on a wide range of character and social development topics. The goal behind Cook's work is to actively involve young people in fun, memorable stories and teach them to become lifelong problem solvers. Inspiration for her books comes from working with children and carefully listening to counselors, parents, and teachers, in order to stay on top of needs in the classroom and at home. Cook has the innate ability to enter the worldview of a child through storybooks, giving children both the "what to say" and the "how to say it."

Friday, September 16, 2022

Awards Brunch Keynote Session Speaker (11:00 a.m. – 12:00 p.m.)



Saving Sycamore: The School Shooting That Never Happened

Molly Hudgens

ABOUT THE SESSION: Molly shares the story of how she prevented a school shooting on September 28, 2016. When a student with a fully-loaded semi-automatic handgun came to her with a plan to kill people on the school's campus, he told her, "I came to you because you're the only person who can talk me out of this." After a ninety-minute intervention, the student relinquished the weapon to Hudgens with no shots fired and no lives lost. Hudgens' retelling of the event walks the audience through the specifics of the incident that took place in her office and highlights previous training that affected her decision-making process during the event. Hudgens speaks boldly of her faith throughout and challenges those in attendance to remember that every human interaction matters and that one life can make a difference. Hudgens became the first Tennessean and only the tenth woman to become a recipient of the Congressional Medal of Honor Foundation's Citizens Medal of Honor for her efforts that day.

SPEAKER BIO: Molly Bradley Hudgens is a 1998 and 2000 graduate of Western Kentucky University with a bachelor of arts degree in English and Allied Language Arts and a master of arts education degree in counseling. She is currently completing her twenty-first year as an educator in the Cheatham County School System where she serves as a school counselor at Sycamore Middle School in Pleasant View, Tennessee.

After a personal experience in college, her interest in violence prevention and safety sparked a desire to educate others who work with intervening in the lives of potentially violent teenagers. Her in-depth study on school shootings and the teenagers who commit these acts, "Recognizing Red Flags," has been utilized nationally to train professionals in the fields of education, law enforcement, juvenile probation, and juvenile court. The training focuses on understanding the three types of school shooters and how to use threat assessment tools as an intervention to prevent violent acts in a school and community setting.

Molly Hudgens will also be presenting a session titled *The Best Plan You Hope to Never Use: Building a Crisis Plan.*

~ TENTATIVE SCHEDULE ~

Wednesday, September 14, 2022

- 12:00 p.m. – 6:00 p.m. Registration & Information Center Open
- 12:00 p.m. – 6:00 p.m. KSCA Bookstore Open
- 12:00 p.m. – 5:30 p.m. Exhibits Open
- 2:00 p.m. – 5:00 p.m. Pre-Conference Sessions

Thursday, September 15, 2022

- 7:00 a.m. – 3:30 p.m. Registration & Information Center Open
- 7:30 a.m. – 4:00 p.m. Exhibits Open
- 7:45 a.m. – 8:30 a.m. Light Breakfast with Exhibitors
- 8:30 a.m. – 9:30 a.m. Opening Keynote Session – Julia Cook
- 9:30 a.m. – 10:00 a.m. Break with Exhibitors
- 10:00 a.m. – 11:00 a.m. Breakout Session 1
- 11:00 a.m. – 11:20 a.m. Break with Exhibitors
- 11:20 a.m. – 12:20 p.m. Breakout Session 2
- 12:20 p.m. – 1:15 p.m. Box lunches or cold cut buffet
- 1:15 p.m. – 1:30 p.m. Break with Exhibitors
- 1:30 p.m. – 2:30 p.m. Breakout Session 3
- 2:30 p.m. – 3:00 p.m. Break with Exhibitors
- 3:00 p.m. – 4:00 p.m. Breakout Session 4

Friday, September 16, 2022

- 7:30 a.m. – 11:00 a.m. Registration & Information Center Open
- 7:30 a.m. – 11:00 a.m. Exhibits Open
- 7:45 a.m. – 8:15 a.m. Coffee Break with Exhibitors
- 8:15 a.m. – 9:15 a.m. Breakout Session 5
- 9:15 a.m. – 9:45 a.m. Break with Exhibitors
- 9:45 a.m. – 10:45 a.m. Grade Level Share Sessions
- 10:45 a.m. – 11:00 a.m. Transition Break
- 11:00 a.m. – 12:30 p.m. Awards Brunch with Keynote – Molly Hudgens

REGISTRATION FORM (PLEASE PRINT CLEARLY)

NAME (as it should appear on name badge) _____

JOB TITLE - (REQUIRED PLEASE) _____

ORGANIZATION/SCHOOL DISTRICT _____

ATTENDEE EMAIL (REQUIRED FOR CONFIRMATION) _____

WORK ADDRESS _____

CITY _____ STATE _____ ZIP _____

WORK PHONE (_____) _____

Is this your first time attending: Yes No

Will you be attending the Awards Brunch: Yes No

I am a (Please Check One): Professional Member Student Member Retiree Member Non-Member

Role: Elementary School Counselor Middle School Counselor High School Counselor Post-Secondary School Counselor Educator
 Grad Student Other _____

How long have you currently worked as a Certified Professional School Counselor? N/A up to 3 years 4-8 years 9-15 years 15+ years

A. Main Conference Attend both days (Sept. 15-16) <input type="checkbox"/> Early Register (by July 31, 2022)* <input type="checkbox"/> Regular Registration (August 1, 2022 - Sept. 11, 2022) <input type="checkbox"/> Final Registration (after Sept. 11, 2022)	Professional/Affiliate MEMBER** \$185 per person \$205 per person \$235 per person	Graduate Student/Retiree/Emeritus MEMBER** \$85 per person \$105 per person \$135 per person	Non-Members \$250 per person	BECOME A KSCA MEMBER OR RENEW MEMBERSHIP FOR \$25!*
	B. Pre-Conference Learning Session (Sept. 14) Please choose one. <input type="checkbox"/> What's Inside Your Backpack -Sinarski <input type="checkbox"/> Be the Superhero of Your School Counseling Program! - Bratcher	Professional/Affiliate Member/Non-member \$50 per person \$50 per person	Graduate Student/Retiree/Emeritus Member/Non-member \$40 per person \$40 per person	

* To qualify for the Early Registration Rate, your registration form AND payment (copy of your purchase order, check, or credit card) must be received or postmarked by the Early Registration cutoff date.
 ** Membership must be good through September 16, 2022 to qualify for membership rates.

REGISTRATIONS CANNOT BE PROCESSED WITHOUT PAYMENT. PLEASE SEND PAYMENT AND REGISTRATION FORM(S) TOGETHER.

How and Where Do I Pay?

	WEBSITE	EMAIL	FAX	PHONE	MAIL
CREDIT CARD	✓	✓	✓	✓	✓
PURCHASE ORDER		✓	✓		✓
CHECK					✓

PAYMENT METHOD

- PURCHASE ORDER** A COPY OF THE PURCHASE ORDER IS REQUIRED.
 (PAYABLE TO NATIONAL CENTER FOR YOUTH ISSUES, P.O. BOX 22185, CHATTANOOGA, TN 37422-2185)
- CHECK ENCLOSED** (MADE PAYABLE TO NATIONAL CENTER FOR YOUTH ISSUES)
- CREDIT CARD** PERSONAL CORPORATE

CARD NO. _____ EXP. DATE _____ CID# _____

NAME ON CARD (PLEASE PRINT) _____

CREDIT CARD BILLING ADDRESS _____

CITY _____ STATE _____ ZIP _____

AUTHORIZED SIGNATURE _____ EMAIL _____

CANCELLATION POLICY: If we are forced to cancel the KSCA Conference because of a "force majeure" event, such as a government restriction on large gatherings that cover the intended size of the conference, then we will issue full refunds of the registrations. Otherwise, our normal cancellation policy will be upheld: There will be no refunds after August 14, 2022. All cancellations before August 14, 2022 will be refunded less a \$25 handling fee. The conference is not responsible for and cannot give refunds due to problems beyond its control such as weather or school closings. The sponsors of the conference receive registrant contact information.

On social distancing and other health and safety measures, the regulations/guidelines that apply to hotels and conference centers may change. The KSCA Conference will conform to all necessary regulations/guidelines that are in place as of the date of the conference.

WEBSITE: www.ncyionline.org/ky-scac
EMAIL: registrations@ncyi.org
FAX: 423-899-4547
PHONE: 866-318-6294
MAIL: National Center for Youth Issues
 P.O. Box 22185
 Chattanooga, TN 37422-2185

Please make your check or purchase order payable to: **National Center for Youth Issues.**
 A W-9 is available on the website.

PLEASE NOTE: The attendee will receive a confirmation to the email address provided when their registration is processed (make sure to check Junk/Spam folders). Please allow ample time for processing.

The 2022 Kentucky School Counselors Conference will take place at the **Griffin Gate Marriott Resort and Spa, Lexington, KY**
 1800 Newtown Pike, Lexington, KY 40511



The Marriott Resort, the Conference’s host hotel, has a **conference rate of \$139 per night, plus tax**, which remains valid for reservations made **by August 30, 2022**, while rooms are available. (Please note that when reserving your stay you will be charged an additional \$5.00 resort fee on top of the nightly rate of \$139 plus taxes. However, this charge will be removed on site.)

To make hotel reservations:

CALL: (800) 228-9290 or (859) 231-5100. Please be sure to tell the hotel that your group is the “Kentucky School Counselor Association Conference.”

REGISTER ONLINE: Go to www.ncyionline.org/ky-scac and scroll to the “Accommodations” section. Click on “Book a Room.”



Come Learn and Play!

In the evening, make sure you take time to relax and enjoy the surrounding area.

Visit www.ncyionline.org/ky-scac to see the things to do around the beautiful Griffin Gate Marriott Resort and Spa.

Visit the Hamburg Pavilion, just minutes away from the Marriott!

- You can sit back and relax at the many restaurants at the Hamburg Pavilion, such as Logan’s Roadhouse, Tekka, and Old Chicago, along with others.
- At the Hamburg Pavilion enjoy shopping at the White House / Black Market, DSW, Bath & Body Works, and many more!



We hope this conference will educate and equip you to do your job well, and we also hope you will take advantage of the wonderful ways you can relax and be refreshed!