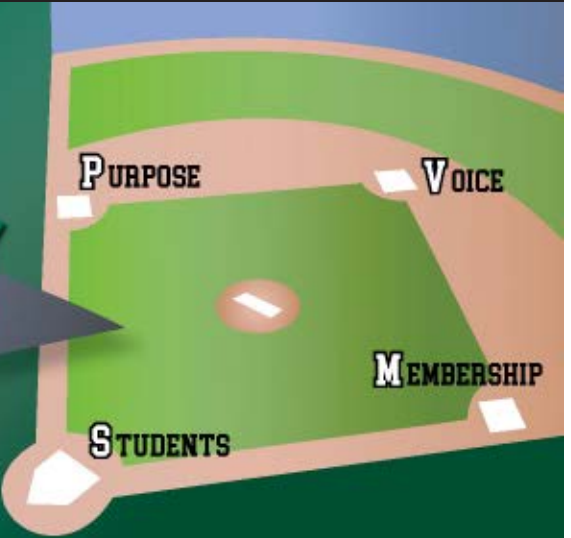




2022 FALL CONFERENCE

No Limits MVPS



NOVEMBER 2-4, 2022

EMBASSY SUITES RESORT & CONVENTION CENTER • CHARLOTTE-CONCORD, NC

SPONSORED BY

DIALOGUE
VIRTUAL STUDENT COUNSELING®

Powered By DialCare.

College  [®]
Foundation
of North Carolina



ARMY ROTC

RV
TECHNICAL
INSTITUTE



THE COLLEGE FUNDING COACH®

Wednesday, November 2 (This session is open for all conference attendees)

Pre-Conference Keynote Speaker (General Session Time, 3:30 pm)



Behavior Interventions That Work

Amie Dean

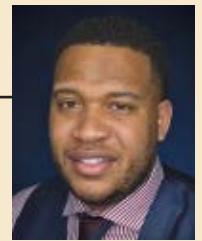
ABOUT THIS SESSION: Do you have a plan for what you will do when a student doesn't comply with your request the first time? Second time? How about the third time? Do you go home tired and exhausted from frustration? This presentation will guide you in developing a thorough, preventative plan for handling issues from low level distractions to serious/chronic behaviors. This is a practical, hands-on presentation filled with concrete steps you can use the next day to help students and yourself.

SPEAKER BIO: Amie Dean, M.Ed., B.A. has worked in education for 28 years. She has experience teaching at all levels, and has taught both special and general education. She was with Fulton County Schools (GA) for ten years, four of which she provided support to teachers and students as the Student Support/RTI Coordinator for her middle school. She holds a Master's degree in Education and is Nationally Board Certified as an Exceptional Needs Specialist. With 28 years' experience as an educator and 14 years as a professional consultant, Amie has worked with thousands of teachers, counselors and administrators in over 250 districts to improve best practices in behavior support, student engagement, and differentiated instruction. Amie has trained with Dr. Rick DuFour, Dr. Kay Burke, Dr. Spencer Kagan, Dr. Ruby Payne, and many others. Amie is also an author of many books, including *Your Happy Heart*, *There's No Dream Too Tall*, and *15-Minute Focus: Behavior Interventions*.

Amie will also be presenting a breakout session.

Thursday, November 3

Keynote Speaker (General Session Time, 8:30 am)



Understanding Students Through Their Perspectives

Tommie Mabry

ABOUT THIS SESSION: This session will give strategies to provide a space for students to develop a positive perspective on their formal education. This interactive session will provide educators with real-world insight into how shifting their own perspective on their students, can transform the educational process. By taking a deep dive into what shapes students' perspectives, educators can better understand the beliefs, values, and experiences of students who have been labeled as "troubled" or "at risk."

This session will also allow participants to see the importance of being able to build trust with their students.

SPEAKER BIO: Dr. Tommie Mabry grew up in one of Jackson, MS roughest neighborhoods. He was suspended or expelled from several schools due to his behavior. Things started to change for Tommie when he joined an AAU basketball league that traveled around the world. He received a full basketball scholarship to Missouri State University-West Plains and later received a B.A. cum laude in Education from Tougaloo College and his M.A. in Child Development. After his undergraduate studies, Tommie was hired as a teacher by the same Jackson Public School District that had suspended and expelled him many times during elementary and secondary education. He went on to get a Doctorate Degree – an Executive Ph. D. from Jackson State University in 2020 where he majored in Urban Higher Education. Tommie now travels the world sharing his story to motivate and inspire others.



TENTATIVE SCHEDULE

WEDNESDAY, NOVEMBER 2, 2022

- 7:30am-7:30pm** On-Site Conference Registration and Information Desk Open
- 8:00am-11:00am** NCSCA Delegate Assembly
- 10:00am-1:30pm** Exhibitors Setup
- 11:30am-2:00pm** Leadership Day Meeting
- 12:00pm-3:15pm** Pre-Conference Sessions
- 1:30pm-2:00pm** Snack Break with Exhibitors
- 1:30pm-6:00pm** Exhibits Open
- 3:30pm-5:00pm** Pre-Conference General Session (Open to All Conference Attendees)
Keynote Speaker: Amie Dean

THURSDAY, NOVEMBER 3, 2022

- 7:00am-5:00pm** On-Site Conference Registration and Information Desk Open
- 7:30am-8:30am** Continental Breakfast
- 7:30am-5:00pm** Exhibits Open
- 7:30am-7:00pm** Silent Auction
- 8:30am-10:00am** Opening Session Kick Off: Welcome, Introduction, Regional Roll Call, Updates & Awards
Keynote Speaker: Tommie Mabry
- 10:00am-10:30am** Break with Exhibitors
- 10:30am-11:30am** Program Session 1
- 11:30am-12:30pm** Boxed Lunches (Name Badge Required)
- 11:30am-12:30pm** Past Presidents Luncheon
- 11:30am-1:00pm** Graduate Student Luncheon and Panel
- 12:30pm-1:30pm** Program Session 2
- 1:30pm-2:00pm** Break with Exhibitors
- 1:30pm-3:30pm** Graduate Student Poster Sessions
- 2:00pm-3:00pm** Program Session 3
- 3:00pm-3:30pm** Break with Exhibitors
- 3:30pm-4:30pm** Program Session 4
- 4:40pm-5:10pm** Regional Meetings
- 5:10pm-6:30pm** Celebration Reception & Silent Auction

FRIDAY, NOVEMBER 4, 2022

- 6:30am-7:30am** Fun Run/Walk
- 7:00am-8:00am** Yoga Session
- 7:30am-9:00am** On-Site Conference Registration and Information Desk Open
- 8:30am-9:00am** Coffee Service only
- 8:30am-11:30am** Exhibits Open
- 9:00am-10:30am** Core Skills Building Workshops
- 10:30am-11:00am** Snack Break with Exhibitors
- 11:00am-12:30pm** Core Skills Building Workshops

PROFESSIONAL CONTACT HOURS OFFERED

For the NCSCA Conference, a total of 14.5 Contact Hours can be earned if the participant attends a pre-conference session and the pre-conference keynote, all day Thursday and Friday.

Attendees will receive 10 hours if they attend all sessions on Thursday and Friday only.

Visit 50+ Exhibitors at the Conference!



PRE-CONFERENCE LEARNING INSTITUTE



Fall Conference

Wednesday, November 2, 12:00 p.m. - 3:15 p.m. (Lunch not included)

The Pre-Conference Learning Institute includes additional opportunities for more professional development and CEU contact hours. The sessions generally cover more in-depth information and allow more opportunity for discussion. **These sessions are not included in the conference registration fee.** Space is limited for all sessions. Interested participants are encouraged to register early.

All Pre-Conference sessions are being held at the same time, so you may only choose one session to attend.



1. What You Need to Know About Universal Mental Health Screening

Emily Goodman-Scott

ABOUT THIS SESSION: We screen students for academics, vision, and hearing... but what about mental health and social/emotional protective factors? Universal screening, the systematic screening of every student for given criteria, is increasingly used in our schools across the country, often as part of MTSS/PBIS. Come learn more about universal screening, including how to get started and commonly used assessments. Hear about other schools' implementation, and leave with a plan for how to begin.

SPEAKER BIO: Dr. Emily Goodman-Scott is an Associate Professor in Counselor Education and the School Counseling Coordinator at Old Dominion University, in Virginia. As a previous school counselor and special education teacher, Dr. Goodman-Scott has been in education for nearly 15 years. She was a 2018 recipient of the Top 40 Under 40 award for her region, and served on the Virginia School Counselor Association board for 10 years, including most recently as Chair of the Board (2019-2020). She enjoys speaking at national conferences, invited state association workshops, and school districts trainings.

Dr. Goodman-Scott is the lead editor of the 2019 book *A School Counselor's Guide to Multi-tiered Systems of Support*, and more recently an author of the 2020 book published by the American School Counselor Association, *Making MTSS Work*. She has co-authored the *I Can* series of children's social stories. You can follow her on Twitter: [e_goodmanscott](#) and [SchCouns4MTSS](#); and Facebook: School Counselors for MTSS.

Emily will also be presenting two breakout sessions.



2. Threat and Suicide Risk Assessment: Developing a Proactive and Consistent Approach to Evaluating Risk

Melissa Reeves

ABOUT THIS SESSION: This workshop will focus on the process and procedures needed to establish a consistent school/district-wide approach to threat and suicide risk assessment utilizing a multidisciplinary team. Critical factors discussed will include: current statistics, legal cases, post-incident reviews, and early identification of warning signs, primary prevention strategies to “break the code of silence; an overview of threat and risk assessment models and tools; assessment procedures; and strategies for interventions, postventions, and working with difficult parents. Case study examples and forms will be shared to illustrate the process.

Participants will learn:

- how to establish a consistent school- or district-wide approach to threat and suicide risk assessment.
- the critical factors contributing to risk to include current statistics and early identification of warning signs
- best practice guidelines as established by prior legal cases and lessons learned reports
- primary prevention strategies to break the code of silence
- about a variety of threat and risk assessment models and measures that guide assessment procedures
- strategies for interventions and postvention
- strategies for working with difficult parents
- from case study examples and shared forms that illustrate the risk assessment process

SPEAKER BIO: Dr. Melissa Reeves, Ph.D., NCSP, LCMHC is Past-President of the National Association of School Psychologists, a nationally certified school psychologist, licensed clinical mental health counselor, and licensed special education teacher. Most recently she was an Associate Professor at Winthrop University, and has over 20-years’ experience working in public schools, a private school, and day and residential treatment programs. Dr. Reeves is a co-author of the *PREPaRE Crisis Prevention and Intervention* curriculum and travels nationally and internationally training professionals in crisis prevention and intervention, threat and suicide assessment, trauma and PTSD, and cognitive-behavioral interventions. She is a Senior Advisor for Safe and Sound Schools, an organization founded by two parents who lost their children in the Sandy Hook tragedy, and senior consultant with Sigma Threat Management Associates, an Ontic company. Dr. Reeves has authored multiple books and publications focusing on school safety and trauma.

Melissa will also be presenting two breakout sessions.



3. Culturally Responsive Approach to Solution-Focused Counseling

Sejal Parikh Foxx

ABOUT THIS SESSION: Learn the basic concepts and skills related to culturally responsive practices and solution-focused counseling strategies. Infusing these principles can help foster relationships that respect and value diversity.

SPEAKER BIO: Dr. Sejal Parikh Foxx is a Professor and Chair in the Department of Counseling. She is a former elementary and high school counselor. She is co-author of *School Counseling in the 21st Century*, 6th edition. In 2015, she received the Counselor Educator of the Year Award from the North Carolina School Counselors Association. Dr. Foxx is a former member and Vice Chair of the CACREP Board of Directors. She teaches both doctoral and master’s level courses and her special areas of interest are school counseling, multicultural and social justice, urban education, and creating equity and access to college and career readiness. She has been successful working with interdisciplinary teams to attain over \$2 million dollars in grant funding from the Department of Education and National Science Foundation.

Dr. Foxx received her Bachelor of Arts in Psychology in 1997 from the University of North Florida. She also graduated from the University of North Florida with her Master of Education in Counseling in 2001. Dr. Foxx completed her doctoral degree in Counseling from the University of North Carolina at Charlotte in 2008.

Sejal will also be presenting two breakout sessions.

Friday, November 4, 9:00 a.m. - 12:30 p.m.

The Core Skills Building Workshops are included in the conference registration fee and are being held at the same time. Each session will be presented twice, once from 9:00 a.m.–10:30 a.m. and again from 11:00 a.m. to 12:30 p.m.



1. Roses in Concrete: Emerging through Structural Adversity

John Nwosu

ABOUT THIS SESSION: Did you hear about the rose that grew from a crack in the concrete? Proving nature's law is wrong, it learned to walk without having feet. Our students of color are often roses tasked with emerging from concrete. They face the same challenges and stressors that all plants do. They also endure harm that comes with navigating social systems designed in opposition to their well-being.

People interact in predictable ways that harm students of color regardless of intent. As school counselors, we must deliver services that promote healing from the stress and trauma our students experience. We must also teach skills to help them navigate and change their environment.

In this interactive session we will explore ways to transform obstructive concrete to fertile soil that has more pathways to well-being for all students. After, participants should be able to...

- Discuss the relationship between stress, wellbeing, and social outcomes
- Examine school counselors' role as leaders, collaborators, and advocates for systemic change
- Identify school counselor praxis tools for discerning, analyzing, and changing barriers at multiple levels of society

SPEAKER BIO: John Nwosu is a human developer who believes in helping individuals, families, and communities rise. He grew up in Austell, GA, a city near Atlanta. He is a product of a Nigerian and African-American family with high levels of love, support, and expectations. After years of being entangled with chronic underperformance caused by stress, anxiety, and depression, he graduated from Georgia Southern University with debt and a degree in Chemistry. John is currently the Middle School Counselor of the Year in one of the largest school districts in the nation where he shows scholars how to show up, grow up, glow up, and sow up while also promoting social, economic, and political justice in and outside the classroom. John is a licensed mental health counselor, national speaker and trainer, and the founder of Think D.I.F., LLC (@thinkdiflife, thinkdif.me) which offers uniquely interactive training that focuses on "leading with diversity, inclusion, and fairness." He currently lives in Atlanta with his beautiful and amazing wife, Chanelle, and son, John.



2. Mental Health Literacy: Raising Awareness to Provoke Change

Julia Taylor

ABOUT THIS SESSION: Current research indicates that 1 in 5 students will experience a mental illness before the age of 25, with symptomology beginning during adolescence. The lifelong trajectories for these conditions can be greatly improved with early identification and intervention. School counselors are ideal to provide Tier 1 programming to reduce stigma, promote help-seeking behavior, and enhance mental health literacy for youth. This session will provide an overview of current research and best practices to address the topic, along with a plethora of suggestions and advocacy resources.

SPEAKER BIO: Dr. Julia V. Taylor is an assistant professor at the University of Virginia. She was previously the Dean of Student Services for the Wake Young Women's Leadership Academy, a public, all girls' school located in Raleigh, NC. Originating from the Washington, DC area, Julia received her undergrad degree in Exercise Science with a concentration in Health Education from George Mason University. She received her masters in Psychology with a concentration in School Counseling from Marymount University. Julia received her doctorate from Virginia Commonwealth University in Counselor Education and Supervision.

Julia is the author of many books: *The Body Image Workbook for Teens*, *The Bullying Workbook for Teens*, *Salvaging Sisterhood*, *G.I.R.L.S.: Group Counseling Activities for Enhancing Social and Emotional Development*, and a children's book, *Perfectly You*. She frequently presents her research and experiences with educators, parents, and students at the national level.



3. Addressing the Needs of Young People Today

Raychelle Cassada Lohmann

ABOUT THIS SESSION: Each generation is shaped by the history of time. Today's youth know firsthand about pandemics, recessions, mass shootings

and acts of terrorism. Unfortunately, this generation understands their sense of security can instantly vanish. Due to changing times, many young people have concerning emotional/social and behavioral challenges. This presentation will

highlight top issues facing young people and will equip frontline workers with essential knowledge to help youth become resilient and stronger in the face of adversity.

SPEAKER BIO: Raychelle Cassada Lohmann, Ph.D., LCMHCS, ACS, GCDF is a counselor educator, clinical mental health counselor, and author of numerous books, including *15-Minute Focus: Anger, Rage and Aggression*, *The Anger Workbook for Teens*, *The Bullying Workbook for Teens*, and *The Sexual Trauma Workbook for Teen Girls*. Raychelle has expertise in a wide range of issues affecting adolescents, from anger and aggression to anxiety and depression to sexual abuse and bullying. Raychelle attended North Carolina State University, where she received her B.A. in psychology, her M.S. in counselor education and her Ph.D. in counseling and counselor education. With over 20 years in the counseling profession, Raychelle has devoted much of her time to working with children, adolescents, parents and educators.



4. Technology Toolbox for School Counselors

Andrea Burston

ABOUT THIS SESSION: Learn helpful technology tools such as Google Tools, online storage tools and online communication tools that will simplify and enhance your comprehensive school counseling program. For a more hands on approach, participants are encouraged to bring laptops, iPads, tablets and any other WiFi capable electronic devices to this exciting and interactive session.

SPEAKER BIO: Andrea Burston is a former high school computer/technology teacher turned elementary school counselor. She is the school counselor for Wake County Public Schools working at JY Joyner IB Magnet Elementary School in Raleigh, NC. Andrea is also the writer of the *jjjcounselor* blog where she shares her enjoyment of her career as well as many counselor ideas with school counselors from all over the world. She loves using technology and is always looking for new and innovative ways to integrate technology into her school counseling program. Andrea has presented at various conferences and workshops on using technology in counseling programs.

REGISTRATION



Fall Conference

Save on your conference registration by becoming a member of the NCSCA!

Visit www.ncschoolcounselor.org BEFORE registering to get your member number.

REGISTRATION FORM (PLEASE PRINT CLEARLY)

I am a current NCSCA member. Yes No #: _____ (required for member rates)

I would like to volunteer at the conference. Yes No I am a first time attendee. Yes No

NAME (as it should appear on name badge) _____ JOB TITLE - (REQUIRED PLEASE) _____

ORGANIZATION/SCHOOL DISTRICT _____

ATTENDEE EMAIL (REQUIRED FOR CONFIRMATION) _____

WORK ADDRESS _____ COUNTY _____

CITY _____ STATE _____ ZIP _____

WORK PHONE () _____ CELL PHONE () _____

SPECIAL NEEDS _____

PLEASE ANSWER: IF YOU WERE TO PURCHASE A NCSCA T-SHIRT AT THE CONFERENCE, WHICH STYLE WOULD YOU PREFER? Short-sleeve Long-sleeve

A. MAIN Conference (Nov. 2-4)

- Early Registration (by Sept. 30, 2022)
- Regular Registration (Oct. 1 - Oct. 31)
- Onsite Registration (after Oct. 31)

NCSCA Member*	Non-Member	Grad Student*/Retiree*
\$135 per person	\$225 per person	\$105 per person
\$145 per person	\$235 per person	\$110 per person
\$155 per person	\$245 per person	\$120 per person

* NCSCA membership must be good through November 4, 2022.

The Main Conference includes access to the Pre-conference Keynote General Session on Wed. Nov. 2, 2022.

(A) Main Conference \$ _____

B. Thursday ONLY (Nov. 3)

- Early Registration (by Sept. 30, 2022)
- Regular Registration (Oct. 1 - Oct. 31)
- Onsite Registration after Oct. 31)

NCSCA Member*	Non-Member	Grad Student*/Retiree*
\$105 per person	\$200 per person	\$80 per person
\$115 per person	\$210 per person	\$90 per person
\$125 per person	\$220 per person	\$100 per person

(B) Thursday Only \$ _____

C. Pre-Conference Learning Institute (Nov. 2)

(Additional fees required. Choose only ONE.)

- 1. Universal Mental Health Screening – Emily Goodman-Scott
- 2. Threat and Suicide Risk Assessment – Melissa Reeves
- 3. Solution-Focused Counseling – Sejal Parikh Foxx

NCSCA Member*	Non-Member
\$35 per person	\$90 per person
\$35 per person	\$90 per person
\$35 per person	\$90 per person

(C) Pre-Conference \$ _____

Total Due
(A + B + C) \$ _____

REGISTRATIONS CANNOT BE PROCESSED WITHOUT PAYMENT. PLEASE SEND PAYMENT AND REGISTRATION FORM(S) TOGETHER.

How and Where Do I Pay?

	WEBSITE	EMAIL	FAX	PHONE	MAIL
CREDIT CARD	✓	✓	✓	✓	✓
PURCHASE ORDER		✓	✓		✓
CHECK					✓

WEBSITE: www.ncyionline.org/ncscac

EMAIL: registrations@ncyi.org

FAX: 423-899-4547

PHONE: 866-318-6294

MAIL: National Center for Youth Issues
P.O. Box 22185
Chattanooga, TN 37422-2185

Please make your check or purchase order payable to: **National Center for Youth Issues.**

A W-9 is available on the website.

WAIVER OF LIABILITY: The signed, in consideration of his/her registration of the 2022 NCSCA Fall Conference, releases, holds harmless and discharges the association, management staff and their agents, from any and all actions, claims and demands which may arise out of an accident, casualty or occurrence during said convention. Your signature above acknowledges acceptance of these provisions of registration for all those listed on this form.

PAYMENT METHOD

- PURCHASE ORDER** A COPY OF THE PURCHASE ORDER IS REQUIRED.
(PAYABLE TO NATIONAL CENTER FOR YOUTH ISSUES, P.O. BOX 22185, CHATTANOOGA, TN 37422-2185)
- CHECK ENCLOSED** (MADE PAYABLE TO NATIONAL CENTER FOR YOUTH ISSUES)
- CREDIT CARD** PERSONAL CORPORATE

CARD NO. _____ EXP. DATE _____ CID# _____

NAME ON CARD (PLEASE PRINT) _____

CREDIT CARD BILLING ADDRESS _____

CITY _____ STATE _____ ZIP _____

AUTHORIZED SIGNATURE _____ EMAIL _____

PROCESSING FEE: There will be a \$35 service charge for all returned checks and declined credit cards.

CANCELLATION POLICY: If we are forced to cancel the NCSCA Conference because of a "force majeure" event, such as a government restriction on large gatherings that cover the intended size of the conference, then we will issue full refunds of the registrations. Otherwise, our normal cancellation policy will be upheld: Requests for refunds must be received in writing. No refund requests will be granted after October 2, 2022. There is a 20% processing fee for refunds requested prior to August 31, 2022 and a 50% processing fee for all refunds requested September 1 – October 2, 2022. Send cancellation requests to the NCSCA Treasurer at treasurer@ncschoolcounselor.org. The association is not responsible for and cannot give refunds due to problems beyond its control, such as weather and school closings.

On social distancing and other health and safety measures, the regulations/guidelines that apply to hotels and conference centers may change. The NCSCA Conference will conform to all necessary regulations/guidelines that are in place as of the date of the conference.

PLEASE NOTE: The attendee will receive a confirmation to the email address provided when their registration is processed (make sure to check Junk/Spam folders). The sponsors of the conference receive registrant contact information.



Make hotel reservations early! Limited Availability!

Embassy Suites Resort and Convention Center

5400 John Q. Hammons Dr NW • Concord, NC 28027

The Embassy Suites has a **conference rate of \$159 per night, plus tax**, which remains valid for reservations made by **October 10, 2022**, while rooms are available.

TO MAKE HOTEL RESERVATIONS

CALL: (800) 362-2779 or (704) 455-8200.

Please be sure to mention the “CSC” group and the dates of the conference.

REGISTER ONLINE: Visit www.ncyionline.org/ncscac and scroll down to the “Accommodations” section. Click on the link to visit the hotel’s on-line reservation system.



Come Learn and Play!

In the evening, make sure you take time to relax and enjoy the surrounding area. Go to www.ncyionline.org/ncscac to see the things to do around the beautiful Embassy Suites.

Visit Concord Mills, just minutes away and in walking distance from the Embassy Suites!

- You can sit back and relax at the many restaurants at Concord Mills, such as Bonefish Grill, Dave and Busters, and Outback Steakhouse, along with others.
- Concord Mills also has an 24-screen AMC movie theater, so you can finally watch that movie you have been wanting to see.



At Concord Mills enjoy shopping at the Saks Fifth Avenue OFF 5TH, Nike Factory Store, Banana Republic Factory Store, Ann Taylor Factory Store, Tommy Bahama Outlet, and many more!



We hope this conference will educate and equip you to do your job well, and we also hope you will take advantage of the wonderful ways you can relax and be refreshed!