

## **Education** Outreach

## Youth Advocate **Presentations**

Youth-Led Presentations About Tourette Syndrome And Treating Others With Respect

The NJ Center for Tourette Syndrome & Associated Disorders (NJCTS) provides youth-led presentations to students about Tourette Syndrome and associated disorders. Youth advocates are 13- to 18-years-old and either have a diagnosis of Tourette Syndrome or live with a sibling or family member with TS.

## The Youth Advocate Presentation:

- Reaches thousands of students in schools throughout New Jersey
- Reviews the implications of a TS diagnosis and provides strategies for interacting positively with an individual who has Tourette Syndrome
- Are presented on location in schools and community organizations
- Are age-appropriate and tailored to fit the needs of the group
- Accommodates audiences of any size and run approximately 40 minutes

Builds empathy among classmates, provides a strong anti-bullying message, promotes acceptance, tolerance, and self-advocacy

Supports the Six Pillars of Character: Trustworthiness, Respect, Responsibility, Fairness, Caring, and Citizenship

The presentation can be provided on behalf of students in your school living with Tourette Syndrome or as part of a more general anti-bullying effort. Students gain an indepth understanding of TS and associated disorders, have the opportunity to ask questions, and have misconceptions corrected. Youth Advocate presentations make a difference in the lives of those who live with the disorder.

To schedule a youth advocate presentation, contact us at 908-575-7350 or info@njcts.org

## **TOURETTE SYNDROME QUICK FACTS:**

Almost 90% of individuals who have TS have at least one additional mental health, behavioral or developmental disorder.

TS affects every ethnic and racial group.

1 out of 100 individuals have TS or another tic disorder.

Onset usually occurs at age

Boys are affected 3-5 times more often than girls.

TS is a life-long condition. There is no cure.



Education. Advocacy. Research.

The NJ Center for Tourette Syndrome & Associated Disorders, Inc. (NJCTS) is the nation's first Center of Excellence for Tourette Syndrome (TS). Through partnerships and collaborations, NJCTS provides a continuum of services, support and education for families; outreach and training for medical and educational professionals; and advocacy for collaborative research for better treatments and a cure for TS.



