

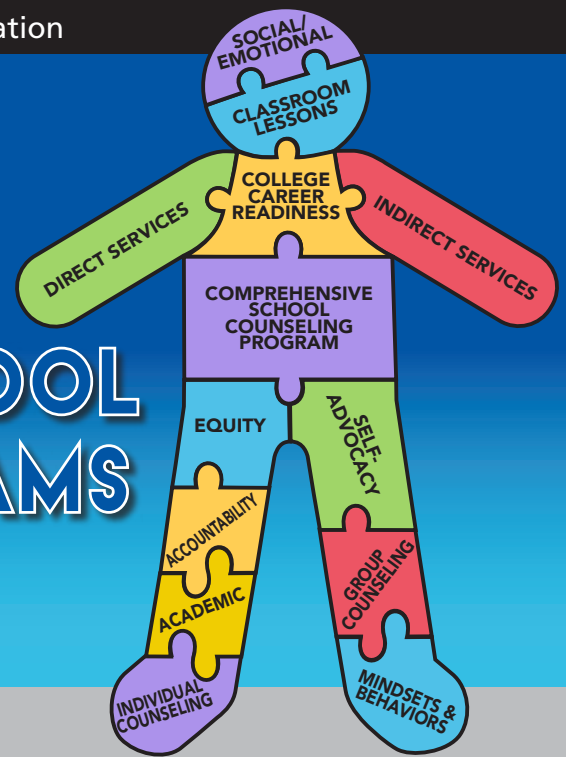


2022 FALL CONFERENCE

COMPREHENSIVE SCHOOL COUNSELING PROGRAMS

HELPING STUDENTS MAXIMIZE THEIR POTENTIAL

NOVEMBER 17-19, 2022 • HILTON ALBANY



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PRE-CONFERENCE SPEAKERS

NEW YORK STATE
SCHOOL COUNSELOR ASSOCIATION

Thursday, November 17, 2022

The Pre-Conference includes an additional opportunity for more professional development and CPE hours. These sessions cover more in-depth information and allows more opportunity for discussion. **These sessions are not included in the conference registration fee. These sessions are at a minimal fee.** Space is limited. Interested participants are encouraged to register early. **These sessions run concurrently. You may only chose one.**

Build a Culturally Sustaining School Counseling Program

TaRael Kee

ABOUT THIS SESSION: School counseling programs must account for the rapidly changing school demographics. Students from multiple backgrounds have a variety of needs that standardized school counseling programs cannot address. Learn how school counselors can practice cross-cultural communication skills, utilize ASCA's National Model from an equitable lens, identify student needs from an MTSS perspective, and use data to identify and remove equity barriers.



After attending this workshop, you should be able to:

- Facilitate student and staff discussions regarding race
- Use the ASCA National Model to Define, Assess, Manage and Deliver a culturally sustainable school counseling program
- Apply MTSS to address the needs of students from culturally diverse backgrounds
- Use participation data, ASCA Mindsets & Behaviors data and outcome data to create an equitable school culture

SPEAKER BIO: TaRael Kee is department co-chair of Collinsville High School and is president elect of the Illinois School Counselor Association (2020). Kee was named the Collinsville School District e-Educator of the Year (2017), recognized by College Board in (2018), received the Lindenwood Alumni Spotlight (2019) and awarded honorable mention for Illinois School Counselor of the Year (2020). He received a specialist degree in educational leadership in May 2021.



Youth Mental Health First Aid

****First Aiders must complete a 2-hour, self-paced class before the conference****

SESSION DESCRIPTION: Youth Mental Health First Aid USA is a 7-hour public education program which introduces participants to the unique risk factors and warning signs of mental health problems in adolescents, builds understanding of the importance of early intervention, and teaches individuals how to help an adolescent in crisis or experiencing a mental health challenge. Mental Health First Aid uses role-playing and simulations to demonstrate how to assess a mental health crisis; select interventions and provide initial help; and connect young people to professional, peer, social, and self-help care.

The course teaches participants the risk factors and warning signs of a variety of mental health challenges common among adolescents, including anxiety, depression, psychosis, eating disorders, AD/HD, disruptive behavior disorders, and substance use disorder. Participants do not learn to diagnose, nor how to provide any therapy or counseling – rather, participants learn to support a youth developing signs and symptoms of a mental illness or in an emotional crisis by applying a core five-step action plan:

- Assess for risk of suicide or harm
- Listen nonjudgmentally
- Give reassurance and information
- Encourage appropriate professional help
- Encourage self-help and other support strategies

As COVID-19 is changing our daily reality, there is an important need for Youth Mental Health First Aid.

First Aiders will complete a 2-hour, self-paced class before the conference, and then participate in a 4-5 hour, Instructor-led class in person at the NYSSCA Pre-Conference.

The training includes expanded content on trauma, addiction and self-care. Youth MHFA includes new content applicable for adults working with elementary-age children, including content on the impact of social media. The content is gender neutral and culturally relevant.

Friday, November 18 | 8:15 a.m. – 9:15 a.m.

Friday Morning Keynote Session Speaker

Promoting Student Success

Horacio Sanchez



ABOUT THIS SESSION: Self-regulation is the one mental process that overrides obstacles that hinder planning, attention, learning, memory, and the coping skills required for students to achieve immediate goals and obtain long-term success. Without the skill to self-regulate, students will succumb to the whim of every thought, distraction, emotion, and desire. The lack of self-regulation is the root of many of the behavioral and academic issues education faces today. The development of self-control enables students to transcend life's obstacles and engage in new skills that promote academic success (Inzlicht, Bartholow, & Hirsh, 2015). Therefore, educators need to know how to promote self-regulation in order to maximize student achievement. Come learn the key steps identified by neuroscience to promote self-regulation. The steps identified in the research have been found to help students placed at-risk by life's circumstances to experience life success.

SPEAKER BIO: Horacio Sanchez is the President and CEO of Resiliency Inc., an agency leader in helping schools improve school climate, instruction, and discipline. Horacio is recognized as one of the nation's prominent experts on promoting student resiliency and applying brain science to improve school outcomes. The Maladaptive Council (Academy of Science) recognizes him as a leading authority on emotional disorders and resiliency. He is a highly sought-after speaker and has keynoted many national conferences.

Horacio has been a teacher, administrator, clinician, mental health director, and consultant to the Department of Education in North Carolina, Pennsylvania, and other states. His diverse education and background have helped him to merge research, science, and practice. Horacio sits on the True Health Initiative Council of Directors, a coalition of more than 250 world-renowned health experts, committed to educating on proven principles of lifestyle as medicine. He has authored several articles and books on the topics of resiliency, closing the achievement gap, and applying neuroscience to improve educational practices and outcomes. He is the author of the best-selling book, *The Education Revolution* published by Corwin Press, which applies brain science to improve instruction, behaviors, and school climate.

Friday, November 18 | 1:15 p.m. – 2:10 p.m.

Friday Luncheon Keynote Session Speaker

Be The Agent – The ABC's of Representing Yourself (Accountability, Balance & Character)

Mark Leinweaver



ABOUT THIS SESSION: Be The Agent is a motivational message about how to “represent yourself” by taking ownership, celebrating interests and understanding why character is vital to your “client”. This presentation focuses on identifying leadership qualities and maximizing what you can control...while inspiring others. It is not someone else's job to do this for you. Your path to success begins with a roster of one: YOURSELF.

SPEAKER BIO: Mark Leinweaver's daily responsibilities include managing off-the-field client services, contract negotiation and communicating with all 30 clubs on behalf of the players and their families. Mark is a frequent speaker at high schools nationwide on why “Character Matters,” offering guidance on social media dangers, volunteering, and anti-bullying leadership. He is also a guest professor each semester at the University of Southern California (USC) and has lectured at Duke, Virginia, Georgia, FSU and Texas on “How To Get A Job In Sports.” His book, *Minor Moments, Major Memories* debuted in bookstores nationwide in 2005 and was developed into a scripted TV series by Sony Pictures Television. Mark was the baseball team captain at Stonehill College (Mass.), where he graduated with a degree in Communication.

~ *TENTATIVE SCHEDULE* ~

Thursday, November 17, 2022

9:30 AM – 5:00 PM	Registration and Information Center Open
10:00 AM – 12:00 PM	Pre-Conference: Part 1
12:00 PM – 1:00 PM	Lunch
1:00 PM – 2:30 PM	Pre-Conference: Part 2
2:30 PM – 3:00 PM	Break
3:00 PM – 4:00 PM	Pre-Conference: Part 3
4:00 PM – 6:00 PM	Networking Event

Friday, November 18, 2022

7:00 AM - 5:00 AM	Registration & Information Center
7:00 AM - 8:00 AM	Breakfast
7:45 AM - 8:00 AM	Sponsor Presentation
8:00 AM - 8:15 AM	Welcome Conference Opening
8:15 AM - 9:15 AM	Keynote Speaker – Horacio Sanchez
9:30 AM - 10:30 AM	Workshop Session 1
10:30 AM - 11:00 AM	Break & Exhibits
11:00 AM - 12:00 PM	Workshop Session 2
12:00 PM - 1:15 PM	Lunch & Awards Presentation
1:15 PM - 2:10 PM	Keynote Speaker – Mark Leinweaver
2:15 PM - 3:15 PM	Level Networking
3:00 PM - 4:00 PM	Graduate Students Poster Session
3:15 PM - 3:45 PM	Exhibitor Rally / Break / Raffle Winners
3:45 PM - 4:45 PM	Workshop Session 3
4:50 PM - 5:50 PM	Workshop Session 4
6:00 PM	Dinner “on your own”

Saturday, November 19, 2022

7:00 AM - 5:00 AM	Registration & Information Center
7:00 AM - 8:00 AM	Breakfast
7:45 AM - 8:00 AM	Sponsor Presentation
8:00 AM - 9:00 AM	Collective Care Team – Panel Discussion
9:00 AM - 9:45 AM	Annual Membership Business Meeting
9:45 AM - 10:15 AM	Coffee Break & Exhibits
10:30 AM - 11:30 AM	Workshop Session 5
11:40 AM - 12:40 PM	Workshop Session 6
12:45 PM - 2:00 PM	Lunch & Closing Remarks
2:00 PM	Conference Closes

REGISTRATION FORM (PLEASE PRINT CLEARLY)

NAME (as it should appear on name badge) _____

JOB TITLE - (REQUIRED PLEASE) _____

ORGANIZATION/SCHOOL DISTRICT _____

ATTENDEE EMAIL (REQUIRED FOR CONFIRMATION) _____

WORK ADDRESS _____ COUNTY _____

CITY _____ STATE _____ ZIP _____

WORK PHONE () _____ CELL PHONE () _____

CHECK ALL THAT APPLY:

ELEMENTARY MIDDLE SCHOOL HIGH SCHOOL ADMINISTRATOR DIRECTOR GRAD STUDENT COUNSELOR EDUCATOR

ARE YOU AN ASCA MEMBER? YES NO

PREFERRED T-SHIRT SIZE (MEN'S SIZES) SMALL MED LARGE X LARGE XX LARGE XXX LARGE

ARE YOU A FIRST TIME CONFERENCE ATTENDEE? YES NO ARE YOU A MILITARY VETERAN? YES NO

A. MAIN CONFERENCE

ATTEND FRIDAY AND SATURDAY (NOV. 18-19)

Early Registration** (by Oct. 15)

Regular Registration (after Oct. 15)

ATTEND FRIDAY ONLY (NOV. 18)

Regular Registration Only

ATTEND SATURDAY ONLY (NOV. 19)

Regular Registration Only

B. PRE-CONFERENCE

Thursday Only (Nov. 17) Pick only one.

- Build a Culturally Sustaining SCP** – TaRael Kee
- Youth Mental Health First Aid**

	Professional/Affiliate Member*	Graduate Student Member*	Non-Member
Early Registration** (by Oct. 15)	\$260 per person	\$180 per person	\$310 per person
Regular Registration (after Oct. 15)	\$275 per person	\$195 per person	\$325 per person
Regular Registration Only (Nov. 18)	\$210 per person	\$100 per person	\$260 per person
Regular Registration Only (Nov. 19)	\$175 per person	\$80 per person	\$225 per person
Thursday Only (Nov. 17)	\$60 per person	\$60 per person	\$110 per person

Become a member SAVE!
Visit www.nyssca.org.

To check NYSSCA membership, email membership@nyssca.org

*** To qualify for the Early Registration Rate, your registration form AND payment (copy of your purchase order, check, or credit card) must be received or postmarked by the Early Registration cutoff date.*

*Your NYSSCA membership must be good November 19, 2022 to qualify.

Total (A+B) \$ _____

REGISTRATIONS CANNOT BE PROCESSED WITHOUT PAYMENT. PLEASE SEND PAYMENT AND REGISTRATION FORM(S) TOGETHER.

How and Where Do I Pay?

	WEBSITE	EMAIL	FAX	PHONE	MAIL
CREDIT CARD	✓	✓	✓	✓	✓
PURCHASE ORDER		✓	✓		✓
CHECK					✓

WEBSITE: www.ncyionline.org/nysscac

EMAIL: registrations@ncyi.org

FAX: 423-899-4547

PHONE: 866-318-6294

MAIL: National Center for Youth Issues
P.O. Box 22185
Chattanooga, TN 37422-2185

Please make your check or purchase order payable to: **National Center for Youth Issues.**

A W-9 is available on the website.

PAYMENT METHOD

PURCHASE ORDER A COPY OF THE PURCHASE ORDER IS REQUIRED.

(PAYABLE TO NATIONAL CENTER FOR YOUTH ISSUES, P.O. BOX 22185, CHATTANOOGA, TN 37422-2185)

CHECK ENCLOSED (MADE PAYABLE TO NATIONAL CENTER FOR YOUTH ISSUES)

CREDIT CARD PERSONAL CORPORATE

CARD NO. _____ EXP. DATE _____ CID# _____

NAME ON CARD (PLEASE PRINT) _____

CREDIT CARD BILLING ADDRESS _____

CITY _____ STATE _____ ZIP _____

AUTHORIZED SIGNATURE _____ EMAIL _____

CANCELLATION POLICY: If we are forced to cancel the NYSSCA Conference because of a "force majeure" event, such as a government restriction on large gatherings that cover the intended size of the conference, then we will issue full refunds of the registrations. Otherwise, our normal cancellation policy will be upheld: There will be no refunds after October 17, 2022. All cancellations before October 17, 2022 will be refunded less a \$25 handling fee. You may however substitute a colleague at no additional cost. The association is not responsible for and cannot give refunds due to problems beyond its control, such as weather and school closings. The sponsors of the conference receive registrant contact information.

On social distancing and other health and safety measures, the regulations/guidelines that apply to hotels and conference centers may change. The NYSSCA Conference will conform to all necessary regulations/guidelines that are in place as of the date of the conference.

PLEASE NOTE: The attendee will receive a confirmation to the email address provided when their registration is processed (make sure to check Junk/Spam folders). Please allow ample time for processing.



Hilton Albany

40 Lodge St, Albany, NY 12207

Make Hotel Reservations Early! Limited Availability!

The Hilton, Albany, the Conference’s host hotel, has a **conference rate of \$139 per night, plus tax**, which remains valid for reservations made by **October 27, 2022**, while rooms are available.

To make hotel reservations:

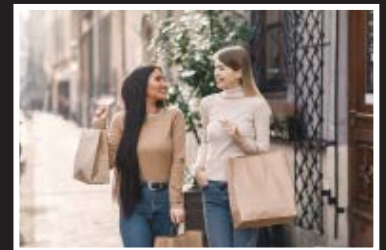
Book online: Visit www.nycionline.com/nyscac and scroll to “Accommodations” to book a room.

Call: (866) 691-1183. Please be sure to mention the “ISCA” group code.



Come Learn and Play.

Come to the NYSSCA Conference in the State’s capital, Albany! Albany, New York is on the west bank of the Hudson River and is known for its rich history with fascinating architecture, historic homes, and world-class museums, like the Albany Institute of History & Art. There are delicious restaurants a short distance from the hotel, such as Union Seafood, The Hollow Bar & Kitchen, and Iron Gate Cafe. If looking for some retail therapy check out Crossgate Mall with shops like Michael Kors, Bath and Body Works, DSW, Sephora, and restaurants like Texas de Brazil and Dave and Busters. There is tons to do around Albany, so you can learn and play!



We hope this conference will educate and equip you to do your job well, and we also hope you will take advantage of the wonderful ways you can relax and be refreshed!