



Turnbridge is a behavioral healthcare provider treating adolescents, emerging adults, and family systems through residential, outpatient, and virtual levels of care. Distinguished by its whole-person treatment approach and clinical innovation, phased programming, use of behavioral metrics to objectively measure clinical progress, and integrated family programming, Turnbridge has become a leading choice of referring professionals nationwide. The education, support, and treatment of client family members is central to our practice.

## Turnbridge Programs



### ADOLESCENT GIRL'S PRIMARY RESIDENTIAL TREATMENT PROGRAM

*In-depth diagnosis and assessment for more effective treatment plans and improved long-term outcomes for teen girls 14 – 17 years of age*

The Turnbridge Girl's Adolescent Residential Program specializes in diagnosing and treating behavioral health problems facing adolescent and teen girls. This residential program closely partners with clients and families and provides an immersive and highly coordinated regime of medical care and psychiatry, psychotherapy, proprietary experiential therapies, milieu therapy, and recreation to rapidly improve safety, relieve symptoms, and build the skills of self-care and self-advocacy.



### ADOLESCENT BOY'S PRIMARY RESIDENTIAL TREATMENT PROGRAM

*In-depth diagnosis and assessment for more effective treatment plans and improved long-term outcomes for teen boys 14 – 17 years of age*

The Turnbridge Adolescent Boy's Residential Treatment Program sets the standard for the diagnosis and treatment of teen mental health and substance use disorders through high-quality, whole-person care that restores a child's well-being and helps them learn to lead a life worth protecting. Here, behavioral health luminaries and experienced care providers deliver individualized care that addresses every aspect of client life.



### YOUNG WOMEN'S PROGRAM

*Comprehensive, trauma-informed care addressing the holistic behavioral health and wellness of young women*

The Turnbridge Young Women's Program addresses mind, body, and spirit through gender-responsive and trauma-informed programming and a meticulously designed and maintained milieu. Personalized care plans deliver an optimal combination of psychiatry, psychotherapy, women's healthcare, curriculum, extensive academic services, family therapy, nutritional and wellness programming, recreation and fellowship in an environment that emphasizes positivity and belonging.



### YOUNG MEN'S PROGRAM

*The nation's premier holistic extended behavioral healthcare program for young men since 2003*

The renowned Turnbridge Young Men's Program represents the most innovative and immersive high-quality behavioral healthcare available for young men. The program's philosophy, phased programming, and environments are designed to increase treatment acceptance, engagement, and clinical progress while deepening independence, skill proficiency, and resilience. Coordinated care addresses mental, physical, and spiritual health in a milieu that fosters camaraderie, support, enjoyment, and self-respect.



Learn more at [turnbridge.com](https://turnbridge.com),  
or scan the QR code.