

Mindsets-based Learning for POSITIVE AND LASTING CHANGE

District leaders are worried about student anxiety, stress, and disengagement affecting their mental health and ability to learn. They are also concerned about staff stress and burnout affecting their health and well-being, retention, and school culture. Since 2009, we have known that mindsets learning is key to long-term happiness and success in school and beyond.

7 Mindsets is a comprehensive mindsets-based solution designed to build a positive and productive school culture. The 7 Mindsets program includes:

- Easy-to-implement and flexible PreK-12 curriculum with over 2,000 teacher-facilitated lessons delivered through a digital platform
- Professional learning and coaching
- Programmatic implementation and support
- Data Genius assessment tool
- Leader Dashboard for progress monitoring
- Empowering Educators PD platform
- Thousands of additional streaming videos and resources

EVIDENCE OF EFFECTIVENESS:

42% **decrease** in out-of-school suspensions (FL high school)

67% **decrease** in teacher referrals (TX middle school)

56 point **increase** in math performance (GA middle school)

[Download full study](#)

With 7 Mindsets, educators have the resources to strengthen and improve their own well-being so they can confidently and effectively deliver the 7 Mindsets solution in their classrooms.

*Serves 1.3 million students
and 84,000 teachers annually*

“The 7 Mindsets has the power to significantly improve the culture of your school. If your school actively employs the Mindsets, it will become a happier and more productive place.”

— Connie Stovall, Director of Instruction, Forsyth Co., GA

Hear what our students and teachers have to say,
[Watch the Video!](#)