



# NEWPORT INSTITUTE

— Empowering Minds. Restoring Families.™ —

Newport Institute is a series of evidence-based treatment centers for young adults and families struggling with mental health issues and co-occurring eating disorders and substance abuse. With locations across the United States, Newport Institute offers individualized programming that gives emerging adults the tools they need to address underlying issues that have led to maladaptive behaviors. Founded on compassion, our integrated treatment programs encompass clinical therapy, experiential modalities, and life skills planning, allowing young adults to move from a self-defeating lifestyle, to a resilient and thriving life.

**Newport Institute nurtures the physical, psychological, and educational needs of young adults from a foundation of compassionate care, clinical expertise, and unconditional love.**

## We Treat

- + Mental health
- + Trauma
- + Behavioral/Social Issues
- + Eating Disorders
- + Substance Abuse

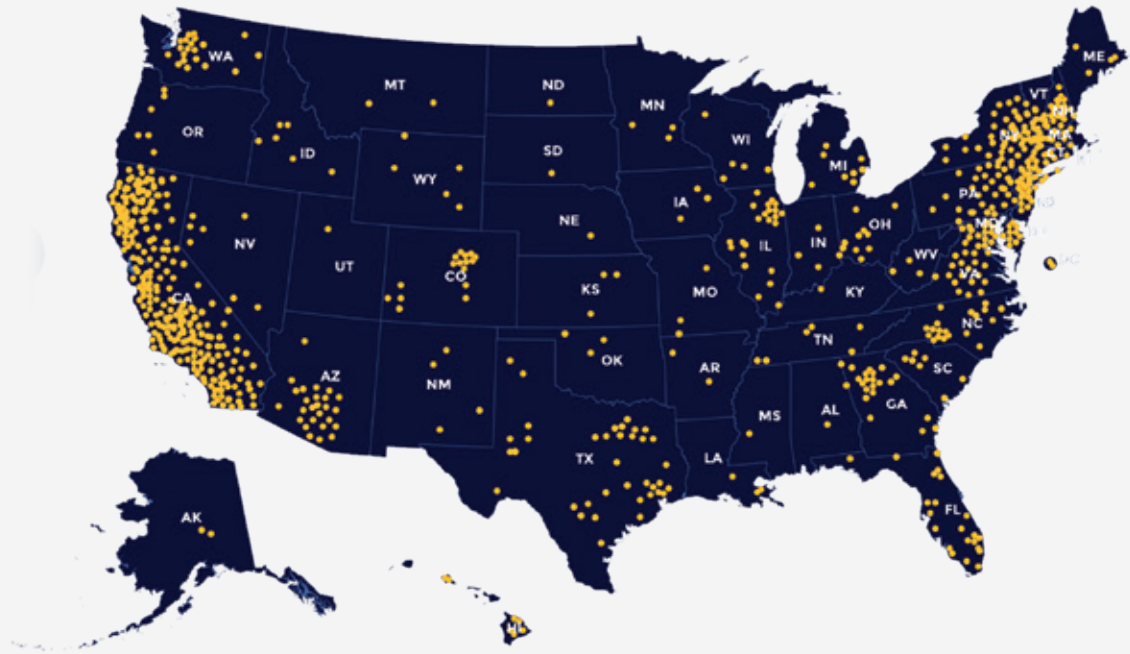
## We Offer

- + Residential Treatment Programs
- + Outpatient Programs
- + Evidence-based Integrated Treatment Modalities
- + Expert Clinical Life Skills Coaching
- + Ongoing Family Involvement
- + Comprehensive Psychological Testing

## Our Approach

At Newport Institute, we guide young adults to achieve sustainable healing by treating the underlying issues that catalyze mental health challenges and self-destructive behaviors. Our comprehensive approach includes individual and family therapy that is results-oriented, and evidence-based. We support young adults in building the self-understanding, connection, self-esteem, and life skills that move them toward autonomy, and allow them to find their place in the world.

**LEARN MORE** 877-557-1758 | [newportinstitute.com](http://newportinstitute.com)



## Our Reach

Newport Institute treats young adults and their families from all 50 US states and abroad. With locations in multiple regions across the United States, we offer gender-specific, individualized, integrated treatment programs that encompass clinical therapy, experiential modalities, and life skills planning.



Empowering Minds. Restoring Families.™

RESIDENTIAL TREATMENT + OUTPATIENT PROGRAMS + EXPERT CLINICAL LIFE SKILLS COACHING + PSYCHOLOGICAL TESTING

 Made with 100% post-consumer fiber.