



SEL IN ACTION

Proven K-12

Social Emotional Learning programs
+ easy-to-use measurement tools

Evidence-based. Measureable. Results-driven. Easy-to-use.



Professional Development FOR EDUCATORS

Put the Growth Mindset into Action

Powerful Educator

[A culture of SEL starts at the top](#)

Powerful Educator is a blended and online school-based professional development course that equips educators with essential SEL competencies to build a positive school culture. Created in partnership with Mindset Works, founded by pioneering growth mindset researcher Dr. Carol Dweck, this course uses a proven framework to train staff to boost student resilience, motivation, and confidence.

Intended for: Administrators & Educators

Course length: 17 lessons

Powerful Educator: Trauma-informed SEL

[Creating a supportive environment for all learners](#)

Powerful Educator: Trauma-Informed Social Emotional Learning can be completed as a standalone module or as a capstone follow-up to the *Powerful Educator* program. This course helps educators understand the impact of trauma on students and how to apply trauma-informed practices in their classroom and the school at-large.

Intended for: Administrators & Educators

Course length: 3 lessons plus booster activity

Empowering English Learners Leader Kit

[Meet English Learners where they are](#)

This kit centers around the book *Empowering English Learners for Classroom Success* by Mawi Asgedom and Johanna Even, EdD. An excellent tool for schools with active ELL communities, the kit expands on core concepts in social emotional learning for ELL students discussed in the book.

Intended for: Administrators & Educators

Course length: 1 or more segments, depending on needs



Practical and Proven SEL Lessons FOR ELEMENTARY SCHOOL STUDENTS

Empower Students to Learn, Grow and Build Relationships

Turbo Elementary

[Jumpstart SEL success](#)

Turbo Elementary jumpstarts success by equipping students with foundational SEL tools that enhance learning, classroom behavior, and students' belief in their own academic skills.

Packed full of teacher-driven lessons, videos, discussion guides, and more, *Turbo Elementary* activates student agency, strengthens growth mindsets, and encourages the development of age-appropriate coping mechanisms.

Students learn how to wield powerful, grade-appropriate SEL tools across situations and contexts. Upon completion of six units, students are empowered with the skills they need to excel in a classroom setting, build balanced relationships with peers, and effectively express their feelings in challenging situations.

Grade Range: K–2

Course Length: 36 lessons per grade

Grade Range: 3–5

Course Length: 18 lessons per grade



Success-building Strategies FOR MIDDLE SCHOOL STUDENTS

Equip Students with Powerful Tools for Responsible Decision-making

Turbo Leader Suite

Promote growth and independence

Give your students the confidence and skills to succeed in middle school. Help them manage their time, set goals, and get organized, and teach them how to make peer pressure work for them, instead of against them. By the end of their training, students will have higher confidence, new skills for success, and dozens of proven strategies to unlock their potential and achieve their dreams.

Grade Range: 6–8

Course Length: 17 lessons per grade

Standards: National Standards (Health);
Common Core (ELA & Math); ASCA; CASEL

“This SEL Curriculum has empowered our middle school students to lead and succeed and helped us create a culture of growth.”

Dr. Kevin Suchinski,
Superintendent, Hillside District 93
Hillside, IL



Academic and Leadership Skill-building FOR HIGH SCHOOL STUDENTS

Improve Confidence and Performance in School and in Life

Critical Thinking and Study Skills

Teach students how to learn

As students transition to high school, they face intensifying academic challenges and more rigorous standardized tests. *Critical Thinking and Study Skills* provides students with a proven blueprint for academic success, based on the best research on student learning and Mosaic by ACT's fieldwork with more than a million students.

Grade Range: 9–12

Course length: 19 lessons

College and Career Readiness

Empower students to create bright futures

Today's high school students have a tremendous capacity to take charge of their own college and career searches, despite the challenge of navigating a dizzying array of options. *College and Career Readiness* uses research-based strategies to equip students with the skills needed to craft high-quality applications, find financial aid, research post-graduation options, and establish career goals.

Grade Range: 9–12

Course length: 25 lessons

Turbo Leadership

Transform learning through a culture of leadership

As students progress through high school, they face increased responsibility, difficult decisions, and opportunities for growth. *Turbo Leadership* focuses on the most essential, research-based leadership skills—like grit and growth mindset—that drive personal and academic success.

Grade Range: 9–12

Course length: 12 lessons



SEL Skill-building FOR ELL STUDENTS

Accelerate Success with Custom-tailored Strategies

Help ELL students address the unique challenges they face by improving their motivation, encouraging them to broaden their social connections, and supporting them as they learn to view themselves and their culture as powerful assets on their journey to success.

Super ELL for Elementary Empower Every Student to Succeed

Support elementary ELL students in developing a growth mindset, establishing strong relationships, and building pride in their culture, all while strengthening language skills.

Grade Range: K–5
Course Length: 18 lessons

Super ELL Boost Success through Social and Emotional Training

Super ELL increases the academic success, social confidence, and cultural fluency of ELL students by addressing their unique social and emotional needs.

Grade Range: 7–12, WIDA levels 2–3
Course Length: 10 lessons

Super ELL Super Student Increase Success in Mainstream Classes

Prepare ELL students for success in mainstream classes with training in research-based academic mindsets and skills.

Grade Range: 8–12, WIDA levels 3–4
Course Length: 10 lessons



A research-driven tool FOR SEL ASSESSMENT

Measure SEL Skills Improvement to Demonstrate Growth

As with academic learning, evaluating student progress in building SEL skills matters. Mosaic™ by ACT® is a proven tool for helping educators track student development in SEL competencies.

For a comprehensive SEL solution, use the assessment to identify student SEL needs before implementing curriculum programs and to assess student growth after completion.

A comprehensive next-generation assessment system, this assessment offers these advantages:

- **Reliable, valid results** thanks to a multimodal approach that goes beyond traditional self-reporting
- **Robust, research-driven** assessment that requires no special or time-consuming preparation
- **Easy and convenient** to administer online
- **Comprehensive progress reports** are provided for the school as a whole as well as each individual student
- **Valuable data and feedback** supports student self-knowledge, goal-setting, and growth mindset

CASEL (outer circle)
Mosaic by ACT SEL (inner circle)



Comprehensive SEL Solution



“I’m really excited to be using this SEL assessment with my high school students this year—and they are excited, too, to be getting their results and learning more about themselves. This is such a contrast compared to most of the assessments that happen in school; because this is about who they are as humans. As their college and career counselor, charged with supporting their transition to the next phase of their lives, this assessment may be the most important thing we do to prepare them for not just high school graduation but college completion.”

Eve Rifkin,
Director of College Access
City High School, Tucson, Arizona

“It helped me realize that with grit and great effort anything can be done, even if it seems impossible.”

Juan,
High School Freshman,
on Critical Thinking and Study Skills

“My students have increased confidence, a desire to work harder, and a stronger belief in themselves, and I’m seeing them use these qualities to become stronger students.”

Bryan Peters,
ELL Teacher

“The Powerful Educator course empowers leaders to create a school culture that is rich in relationships, growth mindset, and collective teacher efficacy. I highly recommend this learning opportunity for your school.”

Chris Silagi,
Principal, Whittier High School
Whittier, California

“In a short amount of time, I have seen students make transformations in their lives.”

Christy Walker,
Dean, Lincoln Park High School
Chicago, Illinois

95%



95% of students reported that Critical Thinking and Study Skills improved their ability to think and learn

97%



97% of educators recommend Powerful Educator

92%



92% of students say Super ELL increased their pride in their family and culture



Mosaic by ACT is included in
CASL's Effective Programs Guide

Time to put SEL into action?
www.act.org/sel
or email learning@act.org for a demo

