



NATIONAL CENTER for
YOUTH ISSUES

6101 Preservation Drive • Chattanooga, TN 37416 • www.ncyi.org

Speakers Bureau



Russ Sabella

EDUCATOR, COUNSELOR, AUTHOR AND SPEAKER

Dr. Russell Sabella is currently a Professor of Counseling in the College of Health Professions & Social Work, Florida Gulf Coast University and President of Sabella & Associates. He is well known for his *Technology Boot Camp for Counselors* workshops conducted throughout the country. Dr. Sabella is Past President (2003-2004) of the American School Counselor Association. He has trained and consulted with thousands of school counselors, educators, parents, and organizational leaders throughout the country.

Russ is the co-author of two books entitled *Confronting Sexual Harassment Learning Activities for Teens* and *Counseling in the 21st Century: Using Technology to Improve Practice*. He is also the author of the popular *SchoolCounselor.com*, *A Friendly and Practical Guide to the World Wide Web* as well as *GuardingKids.com*, *A Practical Guide to Keeping Kids Out of High Tech Trouble*.

A BRIEF LOOK AT RUSS'S SESSIONS (continued on the back)

Data Boot Camp for School Counselors

The Data Boot Camp for School Counselors is designed to advance technological literacy among counselors in a useful and practical manner. Particular attention is given to using Microsoft Excel™ to make data an important part of your comprehensive school counseling program. From data-driven decision making, to monitoring progress, to reporting the positive impact you're having on kids — this workshop will demystify how it's done. Workshop content is pre-planned although flexible enough to meet individuals' specific technological training needs. Participants bring their own laptop so they can gain valuable hands-on practice. All participants will receive a 90 day pass to the online version of this training.

Enhancing your DataAbility

Dr. Sabella's workshop is designed to advance your understanding of how to use high-tech tools in a useful and practical manner, especially in the area of accountability and advocacy. Particular attention is given to using Microsoft Excel™ to make data an important part of your comprehensive school counseling program. From data-driven decision making, to monitoring progress, to reporting the positive impact you're having on kids — this workshop will de-mystify how it's done. Also, participants will learn how to create a "narrated, multi-media, self-advancing results report" — a digital story that inspires others about how you add value to the overall educational mission.

Contact Robert Rabon at rrabon@ncyi.org or 423-309-4300 to engage Russ for your event

Technology Tips, Tricks, and Shortcuts for Counselors and Educators

Learn about the most powerful features of various applications including word processing, spreadsheet, multimedia, web browsing, and social networking. Dr. Sabella will share his most coveted tips, tricks, and short cuts to help you become more effective, efficient, and have more fun in your work! Lots of handouts and time for questions and answers.

Solution Focused Brief Counseling and Teacher/Parent Consultation

This experiential workshop is designed for both beginning and experienced school counselors, educators, and other human service professionals who want to learn an innovative approach to empower their students and stake holders to better recognize and utilize their strengths. This model uses a systematic, five-step approach in which students/parents focus on solutions rather than problems. They are encouraged to think about times when their problems did not exist, and how these times contributed to the absence of the problem, and how to recreate such circumstances in their present situations. Focus is on the students/parents strengths and abilities rather than their weaknesses. Solutions are derived by the students/parents themselves and therefore not only are they more involved in their success, but the solutions fit their unique lifestyles. Finally, because they find their own solutions that work, often self-esteem is increased. With this emphasis of counseling on solutions rather than problems, counseling becomes brief.

Web 2.0 Smackdown

Web 2.0 refers to web applications that help people to communicate, collaborate, share, network, socialize, and deliver resources. Come attend our session with handpicked panel members who will demonstrate their favorite technology tools that enhance their school counseling programs. The Smackdown rules include no more than 3 minutes per demonstration, no promoting or endorsing personal products, and must include services that are free or almost free to educators.

School Counseling 2050

Technology has changed the landscape of how we do business, interact, and live our lives. What will be the technologies of the future and how will they change how we practice school counseling? Learn about the latest developments and their trajectories for household and educational use. Join Dr. Sabella on a journey towards envisioning school counseling in they year 2050.

Working with Anxious Children and Teens: Strategies and Best Practices

Anxiety is a normal part of living. It's a biological reaction—the body's way of telling us something isn't right. However, for some people, anxiety is persistent, irrational, and overwhelming. It may interfere with daily activities and get in the way of student achievement. Dr. Sabella will overview various contributing factors to anxiety among children and adolescents and several practical interventions. Participants will learn about approaches, resources, and tools that they can deliver as part of a comprehensive school counseling program to help kids calm themselves down and help them stay on track.