

Our Mission

To actively and aggressively intervene, as early as possible, against the physical, psychological, social, educational, and family crisis experienced by individuals who are suffering from substance use, co-occurring disorders, and mental health disorders in an environment that preserves and promotes the dignity of the persons served without regard to race, color, creed, gender, economic or social circumstance, sexual orientation, or national origin.

Our vision is to provide individualized care to address client specific needs and incorporate group dynamics to enhance growth and overall wellbeing.



Health Connect America's stance is that anytime someone enlists our services we will ensure they receive the treatment they need whether for mental health, substance abuse or co-occurring treatment. Additionally, clients will be referred to the most appropriate service should HCA be unable to provide treatment. HCA is committed to maintaining other provider relations that meet client needs when they are outside of our scope of service.

ABOUT US

At Health Connect America, our programs offer a fresh, innovative approach to treatment and address the multiple needs of the family.

Our unwavering goal is to support the preservation of families and to improve the lives of adults, children at-risk, and their families. Health Connect America offers In-Home Counseling, Outpatient Therapy, as well as Intensive Outpatient (IOP) services for at-risk youth, adults, families and communities.

Health Connect America serves as a subcontractor for both private and public agencies, and accepts self-pay, third-party payors, ADAT, SPOT, and CTC (TN only) and more.



CONTACT US

For a complete description of our services, office locations, or to make a referral online, please visit www.healthconnectamerica.com



**Substance Abuse &
Mental Health**

**Intensive
Outpatient
Programs**

Our Approach

Health Connect America's IOP programs provide integrated treatment for co-occurring substance abuse and mental health issues. We have locations in Alabama, Mississippi, Tennessee, and Virginia currently, and plan to continue adding locations over time. Health Connect America provides substance abuse and mental health intensive outpatient programs for adults and adolescents in separately contained programs.

We welcome all clients for services related to alcohol and drug addiction, and in need of life enhancing recovery from co-occurring conditions. We expect that many clients presenting for treatment at our facility will have co-occurring issues and we will screen for these disorders. We provide options including integrated services related to alcohol and drug addiction and other behavioral health disorders.

Our goal is to maintain an empathetic, ethical, responsive and professional attitude in all phases of care and we are dedicated to creating an environment of opportunity, choice and hope. All persons seeking services will be received in a welcoming and respectful manner regardless of presenting needs, symptoms or illness. We adhere to a "No Wrong Door" approach in order to remove barriers to care and services.

HCA staff will aid all persons navigating the mental health, alcohol and drugs and medical treatment systems. Our approach is a system-based effort and as a result of advocacy and referral, individual needs are addressed either by our direct services or by a collaborating provider within the human service community.

Our philosophy is to ensure that individuals receive all the services they need and for which they are eligible.



The adolescents program serves youth ages twelve to seventeen. The adult program offers services for those 18 and over. The IOP programs meet up to 3 times per week with a minimum of 9 hours per week. Health Connect America's Intensive Outpatient Substance Abuse Program is designed to prevent the need for higher levels of care, help sustain long-term recovery, and assist mental health and support clients remaining in their permanent homes and environment. Upon completion of the Intensive Outpatient Substance Abuse Program, Health Connect America will provide recommendations based upon each client's individualized treatment plan, discharge, and continuing care plan.

Alcohol & Drug Assessments

Health Connect Recovery utilizes a combination of face-to-face interviews, combined with collateral information and utilization of the most widely accepted and nationally recognized assessment instruments that may include ASAM criteria (American Society of Addiction Medicine), SASSI (Substance Abuse Subtle Screening Inventory), and ASI (Addiction Severity Index) challenges. Our staff provide therapy that is specialized to the person or family to help them find hope, happiness, and also meet the needs and schedules of our clients and families.

Urine Drug Screening

Health Connect Recovery will administer urine drug screenings at admission and randomly throughout a client's course of treatment for recommendations of level of care and for client continued treatment planning.

Based on the information collected, Health Connect America will provide treatment and make recommendations as necessary, to all parties involved for the welfare of the child or adult in our care.

Family Education

Health Connect America provides weekly opportunities for family members to meet and build recovery support for their loved ones. Family education provides family members the tools and understanding to better support clients and themselves.

Aftercare

Health Connect America provides aftercare as a stepdown from IOP services as part of our continuum of care.

Therapeutic Approaches Used

Our highly qualified staff will utilize varied therapeutic models as indicated in assessments. These models include, but are not limited to: Co-occurring Disorders Program (CDP) developed by faculty from the Dartmouth Medical School, Cognitive-Behavioral Therapy (CBT); and Rational-Emotive Therapy (RET). Additional interventions will include written assignments, skill demonstrations, and behavioral modeling, and community resource coordination.

Staff Competency

Health Connect America utilizes qualified substance abuse professionals and as part of their qualifications, our staff receives initial and ongoing training in the most current assessment and intervention methods, including the treatment of co-occurring disorders.

Service Coordination

IOP Staff will administer initial assessments, urine drug screens and will communicate weekly, or as needed, with clients' providers, i.e. probation/parole officers, DCS, CPS, employers, forensic social workers, public defenders, judges, case managers and family members.