## **Scope of Services (At-a-Glance)**

Health Connect America continually monitors, refines, and improves its existing services to adequately meet the needs of children and families.

We offer four comprehensive services: Intensive In-Home Preservation, Health Link, Mental Health/Substance Abuse IOP, and Outpatient Services

Below is a list of some of the needs we address in these services:

- Substance Abuse
- Parenting
- ADHD
- Anger Management
- Co-Occurring Disorders
- Sexual Abuse Victims and Offenders Adult and Child
- Domestic Violence
- Communication Skills
- Conflict Resolution
- Oppositional Defiant Behaviors
- Attachment Disorders
- Bipolar Disorders
- Depression
- Grief and Loss
- Trauma

## Additional Service Offerings:

- DUI School
- Outpatient in a School Setting
- Assistance with Transportation Coordination
- School Advocacy & Support by working with School Administration
- Weekly Updates for referral sources via email, telephone contact, and/or fax.
- Inter-Agency Coordination

\*Service availability varies based on location; please refer to our website to determine which services are available in your area.

# **ABOUT US**

At Health Connect America, our programs offer a fresh, innovative approach to treatment and address the multiple needs of the family. Our unwavering goal is to support the preservation of families and to improve the lives of adults, children at-risk, and their families. Health Connect America offers In-Home Counseling, Outpatient Therapy, as well as Intensive Outpatient (IOP) services for at-risk youth, adults, families and communities, with the steadfast goal of promoting reunification and/or permanency goals for all parties involved.

Health Connect America serves as a subcontractor for both private and public agencies, and accepts self-pay, TennCare, and third-party payers.



# **CONTACT US**

For a complete description of our services, office locations, or to make a referral online, please visit **www.healthconnectamerica.com** 





Personalized Services for Children, Families, and Adults

## **Our Philosophy**

At Health Connect America, Inc., we take great pride in our work and the outcomes attained, knowing that it requires a commitment to quality of care to maintain excellence. Health Connect America earns the trust and faith of our referral source with each assignment we fulfill.



### **Our Team**

Health Connect America is led by its shareholders, advisory board and corporate staff who collectively have over 100 years of experience in the social and human services industry. Health Connect America's strength is in the experience of its company officers, advisory board, corporate staff, and a team of over 900 professionals.

Health Connect America staff:

- Have educational backgrounds equal to or exceeding experience and education requirements;
- Must pass competency skills testing which includes direct performance evaluations and written examinations; and,
- Pass extensive background checks.

Our team of therapists, who are assigned to provide services, have demonstrated abilities to:

- Integrate internally provided services with community resources and other specialized services to provide an effective plan of care for each client/family/case; and
- Work in cooperation with the various other agencies involved with the family on behalf of their clients.

## **Our Approach**

We offer a fresh, innovative approach to treatment. With each individual, our staff of professionals at Health Connect America understand the importance of personalized service, combined with addressing the multiple needs of the family.

### CCFT - Comprehensive Child and Family Services / IHS - In Home Services

We provide face-to-face support, (CCFT) Comprehensive Child and Family Services, (IHS) In Home Services, counseling, and coordination with the family, as well as behavioral, emotional and educational support.

Ideally, the support and services will be provided in the child's home environment. Our clinical philosophy and approach are grounded in the frameworks and principles of such therapeutic techniques and theories as Cognitive Behavioral Therapy (CBT), Motivational Interviewing, and Trauma Focused Cognitive Behavior Therapy (TF-CBT). We have staff specifically trained to address issues such as substance abuse, sexual behavior problems, domestic violence and trauma. CCFT & IHS is designed to prevent placement in a higher level of care or to assist with reunification in their home setting.

#### IOP – Intensive Outpatient for Substance Abuse and Mental Health for Adults and Adolescents

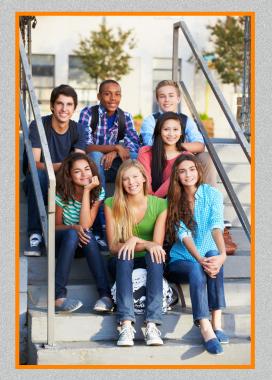
We have the ability to implement a higher intensity of care required for youth and adults with more severe mental health and substance abuse issues. These services are provided by trained clinicians focusing specifically on co-occurring mental health and substance abuse problems. Our goal is to intervene when the only other option is residential or psychiatric hospital care. Call to find our nearest IOP site that serves your area.

#### **Outpatient Services**

Sometimes life can be stressful and overwhelming, resulting in feelings of depression, anxiety, or other challenges. Our staff provide therapy that is specialized to the person or family to help them find hope, happiness, and also meet the needs and schedules of our clients and families.

#### TN Health Link

The primary objective of Tennessee Health Link is to coordinate health care services for TennCare members with the highest behavioral health needs. Through better coordinated behavioral and physical health services, the Health Link program is meant to produce improved patient outcomes, greater provider accountability and flexibility when it comes to the delivery of appropriate care for each individual.



#### Health Connect Clinic (HCC):

Our Mental Health Clinic was introduced in September of 2012 to provide a new service for our clients, offering them psychiatric assessment with medication management.

The main goals of this service are:

- To ensure a team-based approach to every aspect of treatment.
- To provide quality medication management that supports therapy effects and removes barriers to maximize benefits of treatment.
- To expand services to serve rural areas of the greatest need.