

REACH OUT TODAY

North Carolina's behavioral health facilities and mental health providers are dedicated to ensuring patients receive the individualized care they need in their journey to recovery.

We are here for you. Call 336-794-3550 for a no-cost assessment or visit oldvineyardbhs.com for more information.



Old Vineyard Behavioral Health Services
3637 Old Vineyard Road
Winston Salem, NC 27104
336-794-3550
Fax: 336-252-2404
oldvineyardbhs.com

Behavioral Healthcare with COMPASSION

Quality Inpatient and
Outpatient Programs



oldvineyardbhs.com

We accept most insurances including TRICARE®. TRICARE® is a registered trademark of the Department of Defense, Defense Health Agency. All rights reserved.

Physicians are on the medical staff of Old Vineyard Behavioral Health Services, but, with limited exceptions, are independent practitioners who are not employees or agents of Old Vineyard Behavioral Health Services. The facility shall not be liable for actions or treatments provided by physicians.

For language assistance, disability accommodations and the non-discrimination notice, visit our website.

Model representations of real patients are shown. Actual patients cannot be divulged due to HIPAA regulations. 211595-2567 10/21



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WELCOME TO OLD VINEYARD BEHAVIORAL HEALTH SERVICES

Programs we offer:

Inpatient Mental Health Programs

- *Adolescents*
- *Adults*
- *Seniors*

Specialty Inpatient Programs

- *Dual Diagnosis*
- *Trauma Recovery*
- *Mood Disorders*

Outpatient Adult Programs

- *Partial Hospitalization Program for Mental Health*
- *Partial Hospitalization Program for Dual Diagnosis*
- *Intensive Outpatient Program*



OFFERING TREATMENT FOR MENTAL HEALTH AND SUBSTANCE USE ISSUES

Our facility can help individuals stabilize from crisis, learn new coping skills and manage their care to help them lead a better everyday life. Our multidisciplinary team gives each patient a person-centered treatment plan to help them improve functioning.

We offer:

- On-site psychiatrists, physician assistants and nurse practitioners who meet daily with patients
- A treatment team that emphasizes communication within a multidisciplinary approach
- Licensed master's-level clinicians to lead group therapy sessions and discharge planning
- Therapy including psychoeducational training, cognitive and dialectical behavior therapies, trauma-focused therapy, recreation therapy, relapse prevention, and pet-assisted therapy
- Family involvement whenever possible
- Aftercare discharge planning

Adolescents

This program is for teens, ages 12-17, who are in crisis. Treatment includes:

- Daily academic instruction by a certified teacher
- Group therapy sessions several times daily
- Communication and collaboration with family as well as community providers

Seniors

We can treat older adults with behavioral health changes who are medically stable and cognitively alert. Our goal is to inspire our older adult patients to remember their values and dreams and connect with others including their family.

Dual Diagnosis

This program specializes in the needs of individuals affected by addiction issues in addition to a behavioral health diagnosis. Treatment includes detoxification, group therapy, and relapse prevention.

Trauma Recovery

This holistic program is for adult survivors of physical, emotional, or sexual trauma who are in crisis. Trauma-focused treatment involves self-care and working toward recovery.

Mood Disorders

This program focuses on issues such as bipolar disorder, major depression and persistent depression without psychoses.

Partial Hospitalization (Day) Programs

- Program hours: 9:30 am to 3:30 pm, Monday - Friday
- Program length: 2 to 3 weeks
- Meet weekly with a psychiatrist
- Aftercare discharge planning

Intensive Outpatient Program

- Program hours: 9:30 am to 12:30 pm, 3 days a week, available Monday through Friday
- Choice of days for a total of 9 hours
- Program length: typically 6 weeks
- Substance use groups available for individuals with dual diagnosis



**We are available 24 hours, 7 days a week
for referrals and confidential mental health
assessments at no cost.**

Please call 336-794-3550 for more information.