

We Help You Help All Students



CATALOG 2023-24 ■ GRADES PK-12

Anger	3
Anxiety and Stress	4
Behavior and Classroom Management.....	6
Emotions and Big Feelings	9
Grief and Depression	11
Growth Mindset.....	12
Mindfulness	13
Relationships and Life Skills.....	14
School Safety	17
Self-Esteem	18
Self-Harm, Suicide, and Trauma	19
15-Minute Focus Series.....	20
NCYI Showcases and Summits.....	22
Order Form	23
Speakers Bureau	24

SATISFACTION GUARANTEED!

We guarantee your full satisfaction with our products. If they do not produce the results you anticipated, simply return them with a note to that effect and we will issue a prompt refund or credit. ***There is absolutely no risk!***

Please refer to NCYI.org for latest availability and pricing.

Prices and product availability are subject to change without notice. All specials and promotions limited to stock on hand. NCYI is not responsible for typographical errors and we make every effort to ensure the accuracy of the information published in our catalogs and websites. If an error is made and a product is listed at an incorrect price, NCYI shall maintain the right to refund or cancel orders placed at the incorrect price. NCYI reserves the right to decline orders from resellers.



Click Here To
See Our Full
Catalog

About NCYI

National Center for Youth Issues provides educational resources, training, and support programs to foster the healthy social, emotional, and physical development of children and youth. Since our founding in 1981, NCYI has established a reputation as one of the country’s leading providers of teaching materials and training for counseling and student-support professionals. NCYI helps meet the immediate needs of students throughout the nation by ensuring those who mentor them are well prepared to respond across the developmental spectrum.

To date, NCYI has placed materials in and provided training to over 40,000 schools in all 50 states. Last year alone, NCYI placed more than 75,000 counseling resources in schools throughout the country. The range of issues addressed has grown substantially, encompassing subjects ranging from bullying and violence prevention, to drug and alcohol abuse, depression, suicide, and anxiety, as well as life-skills development and social-emotional learning. As the role of student support professionals continues to expand, NCYI has broadened the range of topics, offering resources to address such challenges as: Internet safety, overcoming learning differences, childhood obesity, social and emotional learning, self-injury, ADHD, bi-polar and autism spectrum disorders.

 @nationalcenterforyouthissues

 @nationalcenterforyouthissues

 @ncyi

CATALOG PRODUCT DISCLAIMER

The information found in the books in this catalog are designed to provide helpful information on the subjects discussed and is not intended to be used, nor should it be used, to diagnose or treat any mental health or medical condition. For diagnosis or treatment of any mental health or medical issue, consult a licensed counselor, psychologist, or physician. The publisher and authors are not responsible for any specific mental or physical health needs that may require medical supervision, and are not liable for any damages or negative consequences from any treatment, action, application or preparation, to any person reading or following the information in this book. References are provided for informational purposes only and do not constitute endorsement of any websites or other sources.



Hello, Anger

Jessica Sinarski

The students at Sunnysvale Elementary carry a lot in their backpacks - including some things you can't see quite so well, like big feelings and confusing emotions. Today, one fiery red book keeps spilling out and exploding onto everyone: ANGER! It's time for the kids to use their best detective skills to figure out what's underneath those angry feelings.

D433-GN3 \$10.95



GR 2-5

9781953945631

PAPERBACK

9" X 8"

32 PAGES

28/CASE

EB



**Hello, Anger
Resource Bundle**

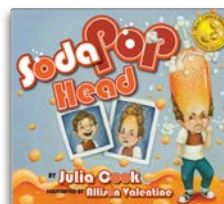
PDF DOWNLOAD
RD-025 \$5.00

Soda Pop Head

Julia Cook

"There goes Lester. Watch him fester. His face turns red. He's a Soda Pop Head." Most of the time Lester's pretty happy, but when things seem to be unfair his ears gets hot, his face turns red, and he blows his top! Soda Pop Head will help children learn to control their anger while helping them manage stress. It's a must for the home or classroom.

B007-GN3 \$10.95



GR K-6

9781931636773

PAPERBACK

9" X 8"

32 PAGES

28/CASE

EB



**Soda Pop Head
Activity and Idea Book**

PAPERBACK
B087-GN3 \$10.95

15-Minute Focus: Anger, Rage, and Aggression

Raychelle Cassada Lohmann

In this book, you'll discover the causes, symptoms, and distinct characteristics of anger, rage, and aggression. You will also learn strategies for self-regulation and de-escalation, along with ways to integrate culturally inclusive practices and support parents and families dealing with anger, rage, and aggression.

D432-GN3 \$15.95



GR K-12

9781953945617

PAPERBACK

5.5" X 8.5"

96 PAGES

24/CASE

BONUS!
Includes
Downloadable
Resources!

DL

EB



ABC Worry Free Resource Bundle

PDF DOWNLOAD
RD-002 \$4.00

EB



GR K-6 32 PAGES
9781937870546 PAPERBACK 9" X 8" 28/CASE

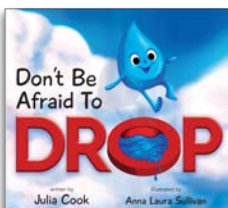
ABC Worry Free

Combat Anxious and Fearful Thoughts

Noel Foy

"Do you think you could teach someone to worry less?" I asked. "Absolutely. As long as they're not afraid to learn something new." In *A.B.C. Worry Free*, children will learn an actionable approach to worry that will help them process and work through everyday challenges.

D122-GN3 \$10.95



EB

GR K-5 32 PAGES
9781931636605 PAPERBACK 9" X 8" 28/CASE

Don't Be Afraid to Drop

Julia Cook

Hopp, the raindrop, is scared of change and is happy with his safe, predictable life. But he soon learns that staying where he is limits the impact he can have on those around him. *Don't Be Afraid to Drop* is a book for anyone who is at a transitional point in their life that teaches about growth mindset and trying new things.

A268-GN3 \$10.95



I'm Stretched Resource Bundle

PDF DOWNLOAD
RD-007 \$5.00

EB



GR 3-5 32 PAGES
9781937870614 PAPERBACK 9" X 8" 28/CASE

I'm Stretched

Julia Cook

"I'm stretched! I have so much stuff to do. Gotta be here...Gotta do that...Where did I put my shoe?" *I'm Stretched!* is a captivating story that speaks to children and adults alike, giving them tactical tools to manage their stress in a healthy and helpful way so they can face the pressures of life and find joy in being who they were meant to be.

D244-GN3 \$10.95



Wilma Jean, the Worry Machine Activity and Idea Book

PAPERBACK
B096-GN3 \$10.95

EB



GR 2-5 32 PAGES
9781937870010 PAPERBACK 9" X 8" 28/CASE

Wilma Jean, the Worry Machine

Julia Cook

"My stomach feels like it's tied up in a knot. My knees lock up, and my face feels hot. You know what I mean? I'm Wilma Jean, The Worry Machine." This fun and humorous book addresses the problem of anxiety in a way that relates to children of all ages. The goal of the book is to give children the tools needed to feel more in control of their anxiety.

B056-GN3 \$10.95



Worry Says What?

Allison Edwards

"Worry's says things that make my heart beat very fast. Sometimes he speaks in a whisper, and other times his voice gets so loud I can't hear anything else." *Worry Says What?* will help children (and adults) flip their thinking when anxious thoughts begin and turn them into powerful reminders of all they are capable of accomplishing.

D120-GN3 \$10.95

15-Minute Focus: Anxiety

Worry, Stress, and Fear

Leigh Bagwell

Learn the physiological progression from a trigger to a full-blown anxiety attack and gain a variety of prevention and intervention strategies. Readers will get a clarification of anxiety vs. misbehavior, along with a breakdown of various anxiety disorders and how they present.

D317-GN3 \$15.95

15-Minute Focus: Anxiety Workbook

Strategies and Tools to Counter Anxiety in Your School Community

Dr. Leigh Bagwell

With a focus on strategies, classroom interventions, small-group activities, counseling plans, and parent tools, this workbook will equip you to help students get relief from feeling helpless or hopeless amid anxious thoughts and emotions.

D517-GN3 COMING THIS FALL!

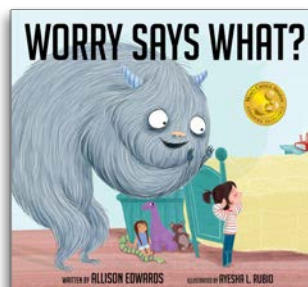
Stress and Burnout in Education

15 Strategies to Help You Break the Stress Cycle

Melisa Marsh

Filled with research-backed descriptions, engaging activities and applications, this workbook offers strategies to help students and coworkers reduce stress, manage energy, and tailor solutions to their specific challenges - both in the classroom and throughout their lives.

D503-GN3 \$24.95



GR K-6
9781937870515

PAPERBACK
9" X 8"

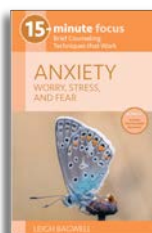
32 PAGES
28/CASE

EB



**Worry Says What?
Resource Bundle**

PDF DOWNLOAD
RD-012 \$5.00



GR K-12
9781937870737

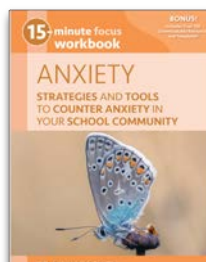
PAPERBACK
5.5" X 8.5"

80 PAGES
32/CASE

BONUS!
Includes
Downloadable
Resources!

DL

EB



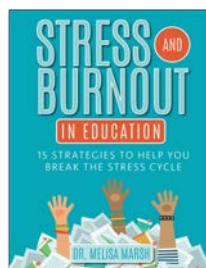
GR K-12
9781953945839

PAPERBACK
8.5" X 11"

TBD PAGES
TBD/CASE

BONUS!
Includes
Downloadable
Resources!

DL



GR K-12
9781953945761

PAPERBACK
8.5" X 11"

120 PAGES
20/CASE

BONUS!
Includes
Downloadable
Resources!

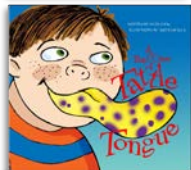
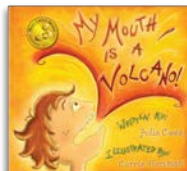
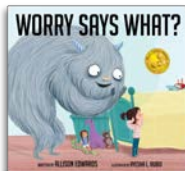
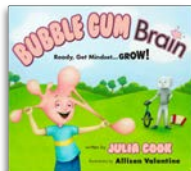
DL

EB

BEHAVIOR AND CLASSROOM MANAGEMENT



Scan here for more
**BEHAVIOR AND CLASSROOM
MANAGEMENT RESOURCES**



GR PK-6 PAPERBACK

New Counselor and Teacher Starter Pack Set

A Six-Book Set

Get this curated set of picture books educators and counselors use daily to teach important social-emotional lessons! Featuring proven best-sellers, topics in this set address issues like interrupting, tattling, personal space, worry, and having a growth mindset. These fan faves are the perfect addition to your classroom!

D325-GN3 \$65.70 \$52.56

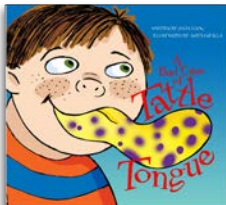
**Buy the Set
and Save!**



A Bad Case of Tattle Tongue Activity and Idea Book

PAPERBACK
A823-GN3 \$10.95

EB



GR K-3 PAPERBACK 32 PAGES
9781931636865 9" X 8" 28/CASE

A Bad Case of Tattle Tongue

Julia Cook

No one likes "Josh the Tattler" because he tattles too much. One night he wakes up to find his tongue is long, yellow, and covered in purple spots! *A Bad Case of Tattle Tongue* gives a humorous, cleverly creative way to address the time-consuming tattling-related issues that often sap classroom energy and thwart teaching opportunities.

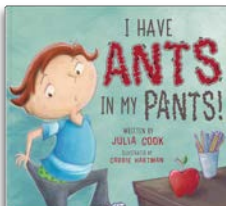
A013-GN3 \$10.95



I Have Ants in My Pants Resource Bundle

PDF DOWNLOAD
RD-017 \$5.00

EB



GR PK-3 PAPERBACK 32 PAGES
9781937870706 9" X 8" 28/CASE

I Have Ants in My Pants

Julia Cook

Louis just can't sit still, and everyone keeps telling him he has ants in his pants. His mom explains this means he wiggles a lot and teaches him a special tool, the Wiggle Dance. In *I Have Ants in My Pants*, Cook helps normalize the feeling many kids have when they struggle to control their wiggles and provides strategies for improving impulse control.

D293-GN3 \$10.95



My Mouth Is A Volcano

Julia Cook

Louis always interrupts! All of his thoughts are very important to him, and when he has something to say, his words rumble and grumble, and wiggle and jiggle, right before he ERUPTS (or interrupts). This book takes an empathetic approach to the habit of interrupting and teaches children a witty technique to help them manage their thoughts and words.

A014-GN3 \$10.95

Personal Space Camp

Julia Cook

When Louis, the world's self-proclaimed space expert, is invited to Personal Space Camp by the school principal, he soon learns that personal space really isn't about lunar landings, Saturn's rings, or space ice cream. Written with style, wit, and rhythm, *Personal Space Camp* addresses the complex issue of respect for another person's physical boundaries.

A134-GN3 \$10.95

15-Minute Focus: Behavior Interventions

Strategies for Educators, Counselors, and Parents

Amie Dean

This book offers strategies and resources to teach children and teens how to communicate and make decisions to get their needs met in positive ways through behavior instruction and coaching. You will also learn ways to rethink responses to behavior and de-escalation techniques.

D409-GN3 \$15.95

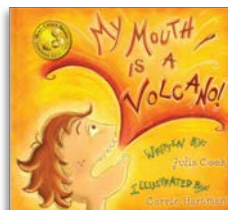
15-Minute Focus: Behavior Interventions Workbook

Your Roadmap for Creating a Positive Classroom Community

Amie Dean

Amie Dean helps plan your first weeks of the year, while providing tools to support your community all year. Full of activities, this workbook will aid in the development of life skills, conflict resolution, and self-regulation skills.

D489-GN3 \$32.95



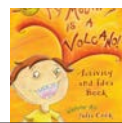
GR K-3
9781931636858

PAPERBACK
9" X 8"

32 PAGES
28/CASE

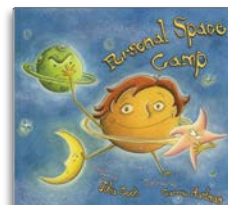
AB

EB



**My Mouth is a Volcano
Activity and Idea Book**

PAPERBACK
A822-GN3 \$10.95



GR K-3
9781931636872

PAPERBACK
9" X 8"

32 PAGES
28/CASE

EB



**Personal Space Camp
Activity and Idea Book**

PAPERBACK
A828-GN3 \$10.95



GR K-12
9781953945570

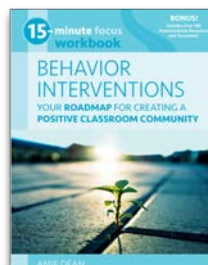
PAPERBACK
5.5" X 8.5"

104 PAGES
24/CASE

BONUS!
Includes
Downloadable
Resources!

DL

EB



GR K-12
9781953945716

PAPERBACK
8.5" X 11"

212 PAGES
16/CASE

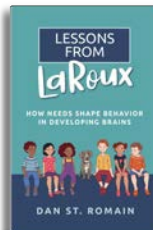
BONUS!
Includes
Downloadable
Resources!

DL

BEHAVIOR AND CLASSROOM MANAGEMENT



Scan here for more
**BEHAVIOR AND CLASSROOM
MANAGEMENT RESOURCES**

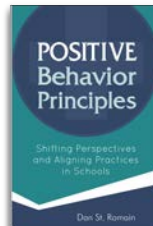


EB GR K-12 PAPERBACK 128 PAGES
9781953945815 5.5" X 8.5" 16/CASE



Positive Behavior Principles Resource Bundle

PDF DOWNLOAD
RD-018 \$7.00

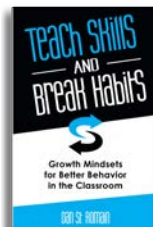


DL EB GR K-12 PAPERBACK 200 PAGES
9781937870713 5.5" X 8.5" 16/CASE

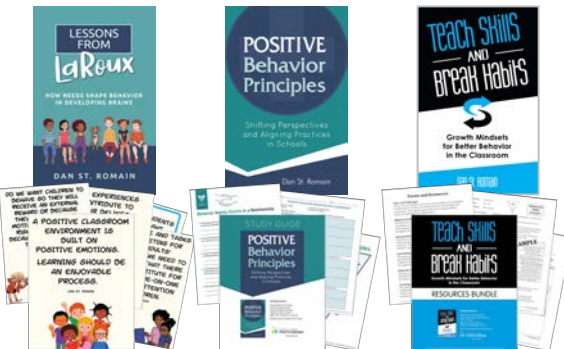


Teach Skills and Break Habits Resource Bundle

PDF DOWNLOAD
RD-014 \$6.00



DL EB GR K-12 PAPERBACK 176 PAGES
9781937870492 5.5" X 8.5" 12/CASE



DL GR K-12 PAPERBACK AND PDF DOWNLOAD

Lessons from LaRoux

How Needs Shape Behavior in Developing Brains

Dan St. Romain

It's no secret that outward behaviors rarely tell the whole story. Instead, those actions often point to deeper needs and desires. Join Dan as he addresses fifteen key areas and links an educational touch point with a relevant story about his dog, LaRoux, and then a take-away strategy.

D511-GN3 \$19.95

Positive Behavior Principles

Shifting Perspectives and Aligning Practices in Schools

Dan St. Romain

Looking for Behavior Support? *Positive Behavior Principles* outlines nine core principles that can be used to design prevention, intervention, and crisis strategies for supporting student behaviors in schools.

D294-GN3 \$23.95

Teach Skills and Break Habits

Growth Mindsets for Better Behavior in the Classroom

Dan St. Romain

This book explores why what we've been doing isn't working and how to find a new path that will lead to better behavior. You will learn to see behavior change as a process of continual improvement and how to use behavior concerns as an opportunity to teach your students skills.

B960-GN3 \$21.95

Dan St. Romain Behavior Set

Dan St. Romain's insights and strategies have transformed classrooms and homes. He has written numerous books about behavior and now you can get them at a discounted price! This set includes three of his books, two Resource Bundles full of activities and worksheets, and – a NCYI exclusive – posters with encouragement from the book.

D523-GN3 \$78.85 \$70.97

**Buy the Set
and Save!**



EMOTIONS AND BIG FEELINGS

Big Feelings Set

A Six-Book Set

An essential part of growing up is learning emotional intelligence. We have a set of books that helps kids understand their big feelings and how to manage them. So whether a child struggles with worry, or anger, or shame, or sadness we have book for you! Enjoy these books at home or in the classroom.

D421-GN3 ~~\$65.70~~ \$52.56

**Buy the Set
and Save!**



GR PK-6

PAPERBACK

Felix and the Feelings Formulas

Kate Bartlein

What if we could create a formula to help us in challenging situations? Felix takes two things with him wherever he goes: his stuffed rat, Hank, and his notebook of Feelings Formulas. Hank is a friend who's always there, and the Feelings Formula notebook helps Felix figure out how to cope with challenges and concerns he experiences on his adventures.

D488-GN3 \$10.95



Felix and the Feelings Formulas Resource Bundle

PDF DOWNLOAD
RD-027 \$5.00

GR 2-5
9781953945693

PAPERBACK
9" X 8"
32 PAGES
28/CASE

EB

Marcy's Having All the Feels

Allison Edwards

What do you do with all your feelings? Marcy wanted to be happy, but all her other feelings kept showing up and at the worst times! She didn't like feeling sad or embarrassed. Why couldn't she be happy all the time? Allison Edwards explores how sometimes feeling so many feelings doesn't feel so good at all and shares the value of ALL of our emotions.

D259-GN3 \$10.95



Marcy's Having All the Feels Resource Bundle

PDF DOWNLOAD
RD-008 \$5.00

GR 2-6
9781937870645

PAPERBACK
9" X 8"
32 PAGES
28/CASE

EB

The Awfulizer

Learning to Overcome the Shame Game

Kristin Maher

"I feel like there's a monster in my head. He tells me all the things I am doing wrong and how I am wrong." *The Awfulizer* gives shame a name and face, showing just how real and big it can be for children; how it keeps them feeling isolated and makes them question their self-worth.

D133-GN3 \$10.95



The Awfulizer Resource Bundle

PDF DOWNLOAD
RD-011 \$6.00

GR 3-6
9781937870584

PAPERBACK
9" X 8"
32 PAGES
28/CASE

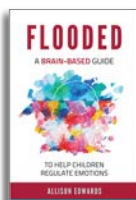
EB

EMOTIONS AND BIG FEELINGS



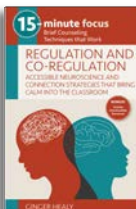
Scan here for more
EMOTIONS AND
BIG FEELINGS RESOURCES

BONUS!
Includes
Downloadable
Resources!



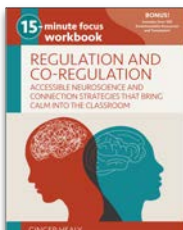
DL **EB** GR K-8 PAPERBACK 104 PAGES
9781953945433 5.5" X 8.5" 24/CASE

BONUS!
Includes
Downloadable
Resources!



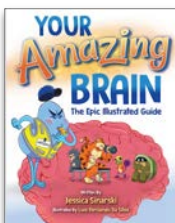
DL **EB** GR K-12 PAPERBACK 112 PAGES
9781953945792 5.5" X 8.5" 24/CASE

BONUS!
Includes
Downloadable
Resources!



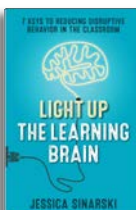
DL GR K-12 PAPERBACK TBD PAGES
9781931636544 8.5" X 11" TBD/CASE

**Your Amazing Brain
Resource Bundle**
COMING SOON!



EB AGES 7 & UP PAPERBACK 40 PAGES
9781931636506 8.5" X 11" TBD/CASE

BONUS!
Includes
Downloadable
Resources!



DL **EB** GR K-12 PAPERBACK 80 PAGES
9781931636520 5.5" X 8.5" TBD/CASE

Flooded

A Brain-Based Guide to Help Children Regulate Emotions

Allison Edwards

When your brain perceives danger, you will go instantly into one of three modes - flight, fight, or freeze. You've entered The Flood Zone. This book explains how to identify emotions, learn what triggers those feelings, and provide strategies to manage feelings in a healthy way.

D333-GN3 \$21.95

15-Minute Focus: Regulation and Co-Regulation

Accessible Neuroscience and Connection Strategies that Bring Calm into the Classroom

Ginger Healy

Packed with clear definitions, facts, stories, and discussion points, this book is rooted in the principle that relationships come first - it only takes one committed adult to help a child heal and build resilience through co-regulation.

D510-GN3 \$15.95

15-Minute Focus: Regulation and Co-Regulation Workbook

Accessible Regulation and Co-Regulation Strategies for the Classroom and Beyond

Ginger Healy

Ginger Healy helps you dive deeper into healing students' nervous systems and rewiring their neural pathways for optimum performance with this workbook filled with content, prompts, activities, strategies, and reflections.

D533-GN3 COMING THIS FALL!

Your Amazing Brain

The Epic Illustrated Guide

Jessica Sinarski

Ready to harness the power of your brain? Discover the surprising role of our eight senses, differences between the two brain "teams", and more! Along with a diverse cast of characters, Sinarski transforms complex neuroscience into fun graphics, simple metaphors, and practical solutions.

D531-GN3 \$17.95 COMING THIS FALL!

Light Up the Learning Brain

7 Keys to Reducing Disruptive Behavior in the Classroom

Jessica Sinarski

Are you eager to increase learning opportunities, reduce negative behaviors, and improve staff and student morale? You'll discover how the brain's two main "operating systems" interact and often compete, the power of play, curiosity, and safety in fostering brain development, and more.

D532-GN3 \$16.95 COMING THIS FALL!

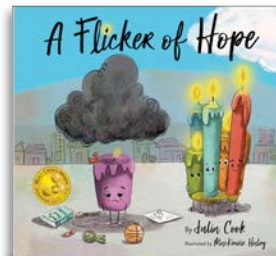


A Flicker of Hope

Julia Cook

All Little Candle can see is darkness, but someone notices she needs a boost of hope. As she is reminded she has purpose and her own unique gifts, and that she isn't the only one with dark clouds, her dim light begins to shine brighter. This hopeful story emphasizes the many different ways to ask for help, and how to be a hope builder for others, too.

D121-GN3 \$10.95



**A Flicker of Hope
Resource Bundle**

PDF DOWNLOAD
RD-001 \$5.00

GR 3-6
9781937870522

PAPERBACK
9" X 8"

32 PAGES
28/CASE

DL

EB

AB

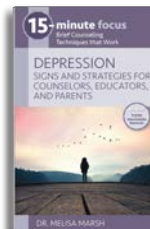
15-Minute Focus: Depression

Signs and Strategies for Counselors, Educators, and Parents

Melisa Marsh

Dr. Marsh gives a detailed understanding of depression and offers tools for intervention. You will learn the different types of depressive disorders, how to identify depression versus sadness, and the connection to other mental illnesses.

D336-GN3 \$15.95



GR K-12
9781953945464

PAPERBACK
5.5" X 8.5"

104 PAGES
24/CASE

DL

EB

15-Minute Focus: Grief

Processing and Recovery

David A. Opalewski

No school can truly prepare for the death of a student or staff member. But this book gives schools a guide for addressing that situation, including what to say and what not to say to students, along with helpful communication and intervention strategies for all educators.

D320-GN3 \$15.95



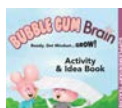
GR K-12
9781937870768

PAPERBACK
5.5" X 8.5"

80 PAGES
32/CASE

DL

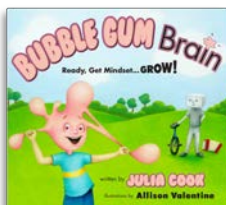
EB



Bubble Gum Brain Activity and Idea Book

PAPERBACK
A814-GN3 \$10.95

AB **EB**



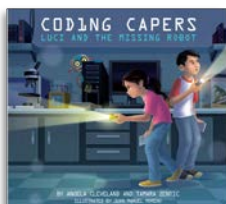
GR K-6 PAPERBACK 32 PAGES
9781937870430 9" X 8" 28/CASE



Coding Capers Resource Bundle

PDF DOWNLOAD
RD-005 \$5.00

DL **EB**



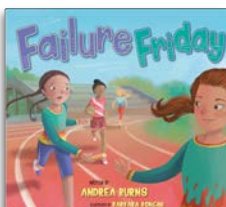
GR 3-6 PAPERBACK 32 PAGES
9781937870638 9" X 8" 28/CASE



Failure Friday Resource Bundle

PDF DOWNLOAD
RD-026 \$5.00

EB



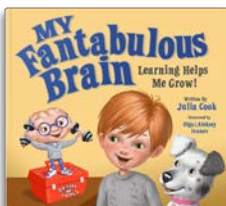
GR 2-5 PAPERBACK 32 PAGES
9781953945679 9" X 8" 28/CASE



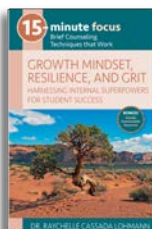
My Fantabulous Brain Resource Bundle

PDF DOWNLOAD
RD-019 \$7.00

EB



GR 2-6 PAPERBACK 32 PAGES
9781937870683 9" X 8" 28/CASE



DL **EB**

GR K-12 PAPERBACK 92 PAGES
9781953945747 5.5" X 8.5" 28/CASE

Bubble Gum Brain

Ready, Get Mindset...GROW!

Julia Cook

Meet Bubble Gum Brain and Brick Brain: two kids with two VERY different mindsets. This creative story teaches children (and adults) the valuable lesson that becoming is better than being, which can open the door to a whole new world of possibilities!

B815-GN3 \$10.95

Coding Capers

Luci and the Missing Robot

Angela Cleveland and Tamara Zentic

Join Luci and her friends as they go on a STEM-friendly adventure to find a missing robot! In the process they learn the foundational concepts of coding, the increasing capabilities of technology, and the power of persistence.

D243-GN3 \$10.95

Failure Friday

Andrea Burns

When Emma finds out she made the school running club, she's excited... and nervous. She soon learns that she isn't very fast and thinks about quitting, until her teacher invites a guest to talk about failure. Emma is surprised to learn that failure isn't something to fear - it's actually something to celebrate on the road to success.

D480-GN3 \$10.95

My Fantabulous Brain

Learning Helps Me Grow!

Julia Cook

Take the "T" out of "CAN'T" and the "DON'T" out of "I DON'T KNOW!" This book encourages growth mindset and provides practical homework and study skills. Children will learn that everyone needs help sometimes, and there are tools to make our brains stronger!

D268-GN3 \$10.95

15-Minute Focus: Growth Mindset, Resilience, and Grit

Harnessing Internal Superpowers for Student Success

Raychelle Cassada Lohmann

When young people face obstacles they need to find healthy ways to cope, persevere, and rise to the top. In this book, you'll discover Growth Mindset, Resilience, and Grit as superpowers, the benefits of cognitive defusion, the power of optimism, and tips for increasing grit in students.

D502-GN3 \$15.95

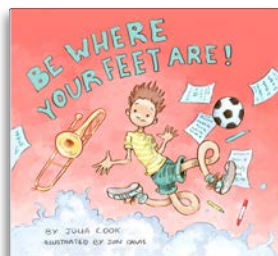


Be Where Your Feet Are!

Julia Cook

Be Where Your Feet Are! is a hilarious story about learning to be present wherever we are...and what can happen when we're not. This book reinforces the concepts of mindfulness and being present in a way children will remember, while showing how good life can be when we learn to appreciate the world and people around us.

D115-GN3 \$10.95



GR K-5
9781937870508

PAPERBACK
9" X 8"

32 PAGES
28/CASE

AB

EB

Be Where Your Feet Are! Resource Bundle

PDF DOWNLOAD
RD-003 \$8.00

Beat, Beat, Thump

Allison Edwards

What does anxiety feel like to a child? Beat, beat, thump. Beat, beat, thump. That's the pulse of Alex's heart as he navigates worries about school, friendship struggles, and trying new things. In this heartwarming tale, Alex listens to his heart while feeling both panic and peace and learns how his strong heart has carried him through hard things.

D493-GN3 \$10.95



GR 2-5
9781953945723

PAPERBACK
9" X 8"

32 PAGES
28/CASE

EB



Beat, Beat, Thump Resource Bundle

PDF DOWNLOAD
RD-028 \$5.00

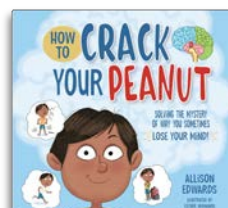
How to Crack Your Peanut

Solving the Mystery of Why You Sometimes Lose Your Mind

Allison Edwards

Diego doesn't understand why he always seems to lose his temper. With the help of his counselor, he learns about the peanut-shaped part of his brain called the amygdala. Once he discovers how his brain works, Diego understands why he acts this way, along with three tricks to keep calm.

D410-GN3 \$10.95



GR 2-5
9781953945594

PAPERBACK
9" X 8"

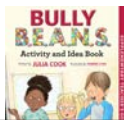
32 PAGES
28/CASE

EB



How to Crack Your Peanut Resource Bundle

PDF DOWNLOAD
RD-024 \$5.00

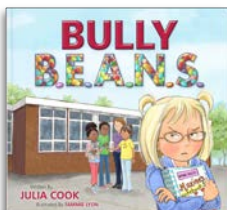


Bully B.E.A.N.S. Activity and Idea Book

PAPERBACK
D240-GN3 \$10.95

EB

GR 3-5 PAPERBACK 32 PAGES
9781937870591 9" X 8" 28/CASE



Bully B.E.A.N.S.

Bullies Everywhere Are Now Stopped!

Julia Cook

Maxine liked to pick on kids...especially Winston. Nobody liked the way she treated him but they were too afraid to do anything about it. *Bully B.E.A.N.S.* helps children identify bullying and offers clear and impactful action strategies for both targets and bystanders.

D239-GN3 \$10.95



Deployment Resource Bundle

PDF DOWNLOAD
RD-006 \$4.00

EB

GR PK-6 PAPERBACK 32 PAGES
9781937870478 9" X 8" 28/CASE



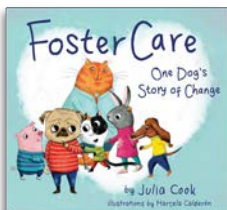
Deployment

One of Our Pieces is Missing

Julia Cook

Military families experience unique opportunities and challenges, one being navigating changes in how they operate as a family when a parent is deployed. This book serves to honor the sacrifices they make each day by giving an approachable way to discuss the highs and lows of deployment.

B954-GN3 \$10.95



Foster Care

One Dog's Story of Change

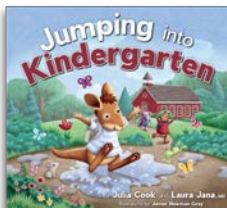
Julia Cook

Foster has lived with his mom and "sometimes dad" all of his life...until now. He has so many questions and new feelings to deal with. In this heartfelt story, Foster meets new friends and a kind foster mom who help him navigate the fears and feelings associated with foster care.

B940-GN3 \$10.95

EB

GR K-6 PAPERBACK 32 PAGES
9781937870461 9" X 8" 28/CASE



Jumping Into Kindergarten

Julia Cook and Laura Jana

Kindergarten represents a big jump into an adventure that is both exciting and scary. Follow Roo as he figures out how to use and apply his amazing QI Skills: ME, WE, WHY, WILL, WIGGLE, WOBBLE and WHAT IF! With a backpack full of "super cool" skills and a head full of questions, Roo is excited to jump into kindergarten, and your children will be too!

B845-GN3 \$10.95

EB

GR PK-K PAPERBACK 32 PAGES
9781937870447 9" X 8" 28/CASE



Lying Up a STORM

Julia Cook

"Each time you tell a lie, another cloud starts to form, and before you can stop it from happening, your insides start to storm." Whenever Levi doesn't like the truth, he kinda makes up stuff to say. This is a great resource to help children understand not only the consequences of telling a lie, but also how one lie can often lead to telling several more.

B511-GN3 \$10.95



GR 2-6
9781937870348

PAPERBACK
9" X 8"

32 PAGES
28/CASE

EB

Ricky Sticky Fingers

Julia Cook

Meet Ricky, a boy that just can't seem to figure out that stealing is wrong. "When I see something that I really want, I think, 'Hey, that could be mine!' So I look both ways, reach out my hand, and take it at just the right time." Through a fun story, children will learn the concept of ownership and how it feels when someone doesn't respect what is yours.

B151-GN3 \$10.95



GR K-6
9781937870089

PAPERBACK
9" X 8"

32 PAGES
28/CASE

EB

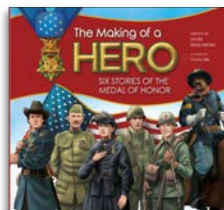
The Making of a Hero

Six Stories of the Medal of Honor

Linda Moss Mines

The Making of a Hero introduces the important values of patriotism, citizenship, courage, integrity, sacrifice, and commitment. This book tells the story of six Americans who were awarded the Congressional Medal of Honor, the highest award given to a member of the armed forces for valor.

D316-GN3 \$10.95



GR 2-5
9781937870720

PAPERBACK
9" X 8"

32 PAGES
28/CASE

BONUS!
Includes
Downloadable
Resources!

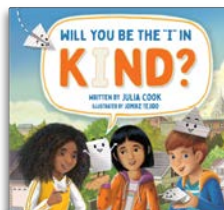
DL EB

Will You be the I in Kind?

Julia Cook

Join the fun as "K_and" goes on an adventure to find his missing "i." Along the way, he helps children learn to share their kindness in big and small ways. This story will spark conversations at school and home about the concepts of kindness, empathy, and compassion and will encourage children to bring kindness along wherever they go!

D338-GN3 \$10.95



GR K-5
9781937870532

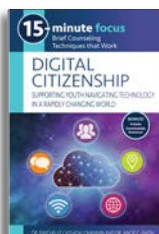
PAPERBACK
9" X 8"

32 PAGES
28/CASE

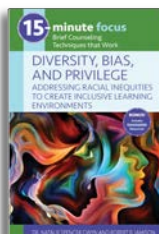
EB

**Will You be the I in Kind?
Resource Bundle**

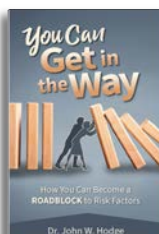
PDF DOWNLOAD
RD-023 \$5.00



DL **EB** GR K-12 PAPERBACK 132 PAGES
9781953945778 5.5" X 8.5" 22/CASE



DL **EB** GR K-12 PAPERBACK 112 PAGES
9781953945471 5.5" X 8.5" 24/CASE

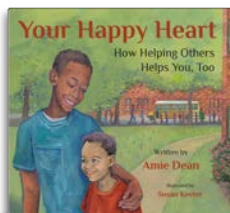


DL **EB** GR K-12 PAPERBACK 96 PAGES
9781953945655 5.5" X 8.5" 24/CASE



Your Happy Heart Resource Bundle

PDF DOWNLOAD
RD-013 \$6.00



EB GR 2-6 PAPERBACK 32 PAGES
9781937870560 9" X 8" 28/CASE

15-Minute Focus: Digital Citizenship

Supporting Youth Navigating Technology in a Rapidly Changing World

Raychelle Cassada Lohmann and Angie C. Smith

This book explores the benefits and drawbacks of technology, the permanence of online decisions, cybercrime and privacy, and technology's effects on mental health. It also includes tips for monitoring device access and use.

D509-GN3 \$15.95

15-Minute Focus: Diversity, Bias, and Privilege

Addressing Racial Inequities to Create Inclusive Learning Environments

Natalie Spencer Gwyn and Robert Jamison

This book offers key terms that provide clarity when discussing race, ethnicity, bias, and privilege. It also addresses the impact of bias and privilege on school performance and tips for building supportive schools of diverse learners.

D337-GN3 \$15.95

You Can Get in the Way

How You Can Become a ROADBLOCK to Risk Factors

John W. Hodge

Through stories, research, and strategies, Hodge shows how children can be successful despite the risk factors that typically hold them back. You will gain a fundamental understanding of how the resilience phenomenon works and gain insight into ways you can foster resilience in students.

D436-GN3 \$19.95

Your Happy Heart

How Helping Others Helps You, Too

Amie Dean

When Javon, a fifth grader, meets Richard, a kindergartner, for the first time, Richard won't talk to Javon or even look at him. Javon realizes that Richard reminds him a lot of himself at that age. Javon learns that helping someone find their happiness makes your own heart happy, too.

D134-GN3 \$10.95



I'm NOT Scared, I'm Prepared!

Because I Know All About ALICE

Julia Cook

The teacher at the Ant Hill School wants her students to be prepared - for everything! One day, she teaches her students what to do if a "dangerous someone" is in their school. This book will enhance the ALICE concepts and make them applicable to children of all ages in a non-fearful way.

B424-GN3 \$10.95



GR K-6
9781937870287

PAPERBACK
9" X 8"

32 PAGES
28/CASE

EB



**I'm NOT Scared, I'm Prepared!
Activity and Idea Book**

PAPERBACK
B479-GN3 \$10.95

15-Minute Focus: Behavioral Threat Assessment and Management for K-12 Schools

Melissa A. Louvar Reeves

Dr. Reeves explains the factors that affect decision-making, and the role of Behavioral Threat Assessment and Management (BTAM) in managing students' troubling behaviors, mitigating risk for the school and community, and directing students onto more positive pathways.

D335-GN3 \$15.95



GR K-12
9781953945457

PAPERBACK
5.5" X 8.5"

128 PAGES
22/CASE

BONUS!
Includes
Downloadable
Resources!

DL

EB

NCYI.org Exclusives!



Posters

*Looking for classroom
or office inspiration?*

Scan here for more
information on
NCYI Posters



Mix & Match Bundles

Curated Sets

Scan here for more
information on
NCYI Bundles and Sets



Sign up to get our eNewsletter!

Our semi-monthly eNewsletter showcases:

- New releases, classroom activities, K-12 resources
- Subscriber discounts and special efforts
- Relevant reads from education experts and authors
- Plus in the welcome series of emails you will get a 20% off Promo Code to use in our online bookstore

Looking for Inspiration and Tactics?

Check out our blog! Access a wealth of strategies, information, and encouragement.



@nationalcenterforyouthissues



@ncyi



@nationalcenterforyouthissues



Be Your Own Hero Resource Bundle

PDF DOWNLOAD
RD-004 \$5.00

EB



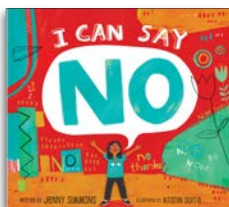
GR 3-6 PAPERBACK 32 PAGES
9781937870652 9" X 8" 28/CASE



I Can Say No Resource Bundle

PDF DOWNLOAD
RD-021 \$5.00

EB



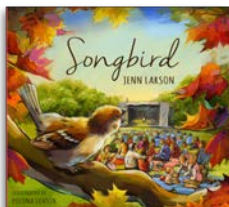
GR 2-5 PAPERBACK 32 PAGES
9781937870775 9" X 8" 28/CASE



Songbird Resource Bundle

PDF DOWNLOAD
RD-022 \$7.00

EB



GR 2-6 PAPERBACK 32 PAGES
9781937870676 9" X 8" 28/CASE



There's No Dream Too Tall Resource Bundle

PDF DOWNLOAD
RD-010 \$5.00

EB



GR 2-6 PAPERBACK 32 PAGES
9781937870669 9" X 8" 28/CASE

Be Your Own Hero

Help Kids Discover Their Own Inner Hero

Lisa King

It's Hero Week at school, and Quinn has to choose a hero she looks up to. In her search to find a hero in someone else, she actually finds the hero in herself! Children will learn that being a real-life hero has a whole lot more to do with character and kindness than anything else!

D260-GN3 \$10.95

I Can Say No

Help Kids Protect Boundaries and Build Confidence

Jenny Simmons

Teach children the power of the word "no." Whether it's saying no to bullying or someone invading their personal space or simply to playing with a friend when they need some alone time, children learn to use their voice to stand up for what is good in the world and good for themselves.

D321-GN3 \$10.95

Songbird

A Story About Having the Courage to DREAM BIG!

Jenn Larson

Sydney Sparrow dreams of conducting the New York Philharmonic Orchestra! But when the other birds start questioning her dream, she wonders if she has set her sights too high. This inspiring book shows kids what it looks like to set a goal and work hard to reach it.

D261-GN3 \$10.95

There's No Dream Too Tall

Believe in Yourself and Your Dream Will Find You!

Amie Dean

"The world is wide open; there's no dream too tall. For a boy or a girl, whether big or quite small! There are millions of choices no end to the list. So, look deep in yourself and consider your gifts." By showing kids their strengths, we give them the power and permission to dream.

D267-GN3 \$10.95



SELF-HARM, SUICIDE, AND TRAUMA

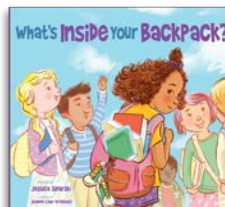
What's Inside Your Backpack?

Coping Skills For Kids Who Have Experienced Trauma

Jessica Sinarski

Zoey wants to feel light-hearted, but keeps getting weighed down by pesky "books" in her backpack, like worry and shame. There are no quick fixes to problems, but this story offers ways to nurture resilience and helps kids impacted by trauma realize how strong they really are!

D329-GN3 \$10.95



GR 2-5
9781953945235

PAPERBACK
9" X 8"

32 PAGES
28/CASE

EB



**What's Inside Your Backpack?
Resource Bundle**

PDF DOWNLOAD
RD-020 \$6.00

15-Minute Focus: Self-Harm and Self-Injury

When Emotional Pain Becomes Physical

Leigh Bagwell

Dr. Bagwell offers an in-depth look at the who, what, and why of self-harm (nonsuicidal self-injury-NSSI). You will discover types of NSSI behavior, the relationship between self-harm and suicidal ideation, and signs and symptoms of NSSI beyond wounds and scars.

D334-GN3 \$15.95



GR K-12
9781953945440

PAPERBACK
5.5" X 8.5"

96 PAGES
24/CASE

BONUS!
Includes
Downloadable
Resources!

DL

EB

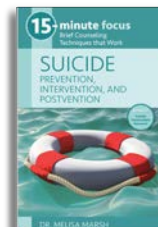
15-Minute Focus: Suicide

Prevention, Intervention, and Postvention

Melisa Marsh

Dr. Marsh shows how to navigate the death of a student or staff member by suicide. This book unpacks the stigma and data associated with suicide, and provides school counselors, educators, and administrators with ways to implement a suicide-safer community.

D319-GN3 \$15.95



GR K-12
9781937870751

PAPERBACK
5.5" X 8.5"

88 PAGES
26/CASE

BONUS!
Includes
Downloadable
Resources!

DL

EB

15-Minute Focus: Trauma and Adverse Childhood Experiences

Melissa A. Louvar Reeves

In this book, Dr. Reeves gives a primer on how to support students who have experienced trauma. You will discover the different types of stress and symptoms that accompany trauma exposure, commonalities between externalizing disorders and trauma and stressor related disorders, and practical strategies for school mental health professionals and educators.

D318-GN3 \$15.95



GR K-12
9781937870744

PAPERBACK
5.5" X 8.5"

104 PAGES
24/CASE

BONUS!
Includes
Downloadable
Resources!

DL

EB



Scan here for more
15-MINUTE FOCUS
RESOURCES

15-minute focus

Brief Counseling Techniques that Work

15MinuteFocusSeries.com

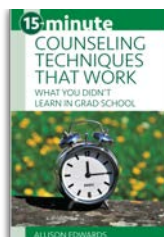
15-Minute Focus is a series that aims to help school counselors and educators overcome three of the biggest challenges they face:

- Limited Time to manage the number of students for whom they are responsible
- Mental Illness Stigma
- Budget Constraints for Ongoing Training

Each week, students are spending more time at school than they spend with their parents. Because of this, teachers, counselors, and other school staff are often among the first to notice changes in behavior that could signal a mental or behavioral health issue.

According to the American School Counselor Association, students' unmet mental health needs can be a significant obstacle to academic, career, and social-emotional development and even compromise school safety. Most students in need do not receive adequate mental health supports. Research indicates 20 percent of students need mental health services, yet only one out of five of these students receive the necessary services.

Working alongside experts in various fields of mental health counseling, NCYI has developed a series of research-based, brief counseling books that home-in on a specific mental health topic, signs to look for, practical intervention and classroom management strategies, and effective ways to communicate and collaborate with internal staff, outside referrals, and student families.



EB

GR K-12
9781937870690

PAPERBACK
5.5" X 8.5"

80 PAGES
32/CASE

15-Minute Counseling Techniques that Work

What You Didn't Learn in Grad School

Allison Edwards

The counselor is not the strategy. The counselor teaches strategies. Packed with tools to use in individual or group counseling sessions, the techniques in this book will help children feel empowered to face everyday challenges and equipped to manage their stress and emotions.

D291-GN3 \$19.95



15-Minute Focus Set

A 14 Book Set

D518-GN3 ~~\$227.30~~ \$204.57

Anger, Rage, and Aggression

see page 3

Anxiety

Worry, Stress, and Fear

see page 5

Behavior Interventions

Strategies for Educators, Counselors, and Parents

see page 7

Behavioral Threat Assessment and Management for K-12 Schools

see page 17

Depression

Signs and Strategies for Counselors, Educators, and Parents

see page 11

Digital Citizenship

Supporting Youth Navigating Technology in a Rapidly Changing World

see page 16

Diversity, Bias, and Privilege

Addressing Racial Inequities to Create Inclusive Learning Environments

see page 16

Grief

Processing and Recovery

see page 11

Growth Mindset, Resilience, and Grit

Harnessing Internal Superpowers for Student Success

see page 12

Regulation and Co-Regulation

Accessible Neuroscience and Connection Strategies that Bring Calm into the Classroom

see page 10

Self-Harm and Self-Injury

When Emotional Pain Becomes Physical

see page 20

Suicide

Prevention, Intervention, and Postvention

see page 20

Trauma and Adverse Childhood Experiences

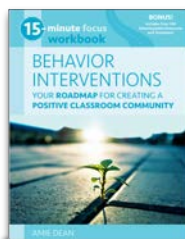
see page 20

15-Minute Counseling Techniques that Work

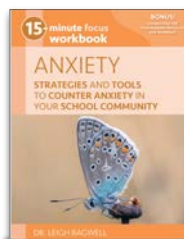
What You Didn't Learn in Grad School

see page 20

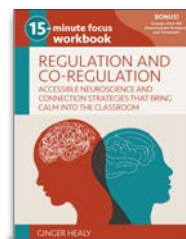
15-Minute Focus Workbooks



see page 7



see page 5



see page 10

District-Based & Community Events

Scan here for
more information



Product Showcases

Not only is NCYI a event manager, we also are a publisher, working with authors who have lived and put into practice the very things your educators deal with each day. Product showcases provide the tools to empower counselors and other student support professionals to enhance student success in school, and in life. These showcases allow these professionals the opportunity to personally review the resources before securing them, thus increasing the likelihood of their active use at the school building level.



Summits

Summits provide the training and resources to help galvanize school districts and their communities to address the barriers to learning, and advance positive student development.

A district-based Summit allows the local schools to choose the issues unique to their community of schools they wish to address in workshops / training sessions. The district also is part of the decision-making process to select the speakers for their Summit. NCYI then works out the details!



PLEASE PRINT CLEARLY

ITEM CODE	PRODUCT	QTY	PRICE	TOTAL

Shipping and Handling Rates*

Orders less than \$87 **\$7.00**

Orders \$87.01 - \$500 **8% of subtotal**

Orders over \$500 **5% of subtotal**

* Continental United States. For Alaska, Hawaii, and international orders, please contact **orders@ncyi.org**.

SUBTOTAL	
SHIPPING/HANDLING (SEE TABLE LEFT)	
SALES TAX: TN 9.25%; NC 6.75%	
TOTAL DUE	

GN3CAT

SHIP TO: (CANNOT SHIP TO P.O. BOX)

NAME _____

ORGANIZATION/SCHOOL DISTRICT _____

ADDRESS _____

CITY _____

STATE _____ ZIP _____

EMAIL _____ PHONE _____

BILL TO: (COMPLETE ONLY IF DIFFERENT THAN SHIPPING)

NAME _____

ORGANIZATION/SCHOOL DISTRICT _____

ADDRESS _____

CITY _____

STATE _____ ZIP _____

EMAIL _____ PHONE _____

PAYMENT METHOD

- ☐ **PURCHASE ORDER**
A COPY OF THE PURCHASE ORDER IS REQUIRED.
(PAYABLE TO NATIONAL CENTER FOR YOUTH ISSUES,
P.O. BOX 22185, CHATTANOOGA, TN 37422-2185)
- ☐ **CHECK ENCLOSED**
(MADE PAYABLE TO NATIONAL CENTER FOR YOUTH ISSUES)
- ☐ **CREDIT CARD**
☐ PERSONAL ☐ CORPORATE

CARD NO. _____

EXP. DATE _____ CID# _____

NAME ON CARD (PLEASE PRINT) _____

CREDIT CARD BILLING ADDRESS _____

CITY _____

STATE _____ ZIP _____

AUTHORIZED SIGNATURE _____

EMAIL _____

Save time and effort while NCYI curates speakers for your next event!

National Center for Youth Issues offers a Speakers Bureau that provides high-quality, engaging professional development training for in-service days, workshops and conferences. These speakers are commonly used for keynote, half day or full day sessions, and in the forms of in-person or virtual PD training. We have the ability to work with your video conferencing platform, or we can provide the virtual PD using one of our platforms.

Let NCYI manage and do the heavy lifting for your school district or state's next professional development conference event! Download our Speakers Bureau flyer. Depending on the speaker, and the virtual platform needed, the pricing can range from \$2,000 – \$10,000. NCYI will make every effort to work within a school district's budget to better support the needs of the staff and students.

Our Speakers cover a wide range of topics including:

- Anxiety and Worry
- ASCA Model
- Behavior Intervention
- Bullying Prevention
- Career Readiness
- Depression and Suicide
- Diversity, Equity, and Inclusion
- Growth Mindset
- Internet and Cyber Safety
- LGBTQ+
- Mental Health
- MTSS
- Social-Emotional Learning
- Trauma-Informed Care
- Much More!

Scan here for more
information on the
NCYI Speaker's Bureau



What others are saying!

I would recommend without reservation to any district/organization considering a partnership with NCYI! Whether NCYI is managing our Texas ASCA-affiliated conference (LSSSCA) or a local in-service event, the attention to detail, follow-up and support are consistently professional! NCYI understands school counselors and knows how to support District Supervisors like me. We simply tell them what we want, and they handle the rest! The NCYI Speakers Bureau is comprised of high quality thought leaders who are equipped to not only deliver a keynote, but are also skilled at delivering complete workshops!

Tammi Mackeben

Director of Guidance and Counseling, Socorro Independent School District
El Paso, Texas



NATIONAL CENTER for
YOUTH ISSUES

P.O. Box 22185
Chattanooga, TN 37422-2185
1-866-318-6294
www.ncyi.org

Connect with Us Online!



@nationalcenterforyouthissues



@ncyi



@nationalcenterforyouthissues