





ACADEMY

Empowering Teens. Restoring Families.®

Newport Academy is a series of evidence-based healing centers for teens and families struggling with mental health issues, eating disorders, and substance abuse. With locations across the United States, Newport Academy offers gender-specific, individualized, integrated treatment programs that encompass clinical therapy, experiential modalities, and academic excellence.

Newport Academy nurtures the physical, psychological, and educational needs of teens and families from a foundation of compassionate care, clinical expertise, and unconditional love.

WE TREAT

♦ Mental health ♦ Trauma ♦ Behavioral/social issues ♦ Eating disorders ♦ Substance abuse

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- ♦ Residential Treatment Programs
 ♦ Outpatient Programs
 ♦ Therapeutic Day Schools
- ♦ Evidence-based integrated-healing practices ♦ State-accredited educational curriculums
 - Mandatory family involvement

OUR APPROACH

At Newport Academy, we address the root causes of self-destructive behaviors, not just the symptoms. We guide teens and families to achieve sustainable healing, by treating the underlying issues that catalyze depression, anxiety, substance abuse, eating disorders, and other mental health challenges. Incorporating clinical, therapeutic, and experiential modalities, our comprehensive approach is family focused and results oriented. From a foundation of compassion and love, we support young people in building the self-understanding, connection, self-esteem, and life skills that allow them to find their place in the world.



OUR REACH

Newport Academy treats teens and their families from all 50 US states and abroad. With locations in multiple regions across the United States, we offer gender-specific, individualized, integrated treatment programs that encompass clinical therapy, experiential modalities, and academic excellence.



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