

CREATING GENERATIONS OF **CONFIDENT GIRLS** WHO CONTROL THEIR OWN RELATIONSHIPS, EXPERIENCES, DECISIONS AND FUTURES.

RULING OUR EXPERIENCES EVIDENCE-BASED PROGRAM FOR 5TH-12TH GRADE GIRLS

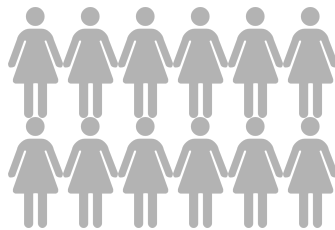
ROX TRAINS ...



SCHOOL COUNSELORS, SOCIAL
WORKERS & EDUCATORS TO
BECOME PROGRAM FACILITATORS

PROFESSIONALLY DELIVERED

FACILITATORS LEAD ...



SMALL GROUPS OF GIRLS
THROUGH A 20-WEEK
EVIDENCE-BASED CURRICULUM

IN-DEPTH & CO-CURRICULAR

GIRLS LEARN HOW TO ...

- COMMUNICATE EFFECTIVELY
- DEVELOP **HEALTHY RELATIONSHIPS**
- SUPPORT OTHER GIRLS
- FORM A **HEALTHY BODY IMAGE**
- NAVIGATE **SOCIAL MEDIA**
- MANAGE **STRESS & PRESSURE**
- STAY SAFE** AND DEFEND THEMSELVES
- PLAN FOR **COLLEGE & THEIR CAREER**
- BECOME **LEADERS**

INFORMED BY OUTCOMES & DATA

AFTER PARTICIPATING IN ROX ...

86%

of girls have higher levels
of self-esteem and
self-confidence

9 in 10

girls feel safer and more
confident that they can
protect themselves

78%

of girls have improved school
attendance and/or an increased
connection to school

63%

decrease in bullying and
relational aggression
among ROX girls



ROX IS THE NATIONAL NON-PROFIT LEADER ON PROGRAMMING, RESEARCH AND EDUCATION FOCUSED ON GIRLS.
OUR MISSION IS TO CREATE GENERATIONS OF CONFIDENT GIRLS WHO CONTROL THEIR OWN RELATIONSHIPS,
EXPERIENCES, DECISIONS & FUTURES. LEARN MORE AT : WWW.RULINGOUREXPERIENCES.ORG

FREQUENTLY ASKED QUESTIONS ABOUT BRINGING TO YOUR SCHOOL

HOW DO I MAKE THE CASE FOR STARTING ROX?

SHARE THE RESEARCH AND COMMUNICATE THE NEED

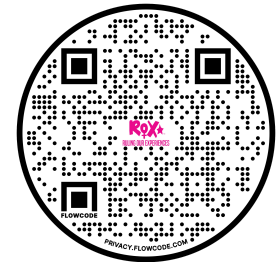
Girls are struggling with low self-confidence, having difficulty managing stress, pressure & anxiety, lacking representation in STEM and AP courses, managing intense conflict with other girls & attempting to navigate social media. These challenges are holding girls back from reaching their full potential.

As the national leader in research and programming focused on girls, ROX provides support, motivation, connection and education to girls in the areas of their lives where *and when* they need it most. Grounded in research, data-driven and professionally delivered, the ROX Program for Girls addresses the non-academic needs of female students in schools across the U.S.

HOW DO I BECOME A LICENSED ROX FACILITATOR?

WE TRAIN LICENSED SCHOOL COUNSELORS, SOCIAL WORKERS & EDUCATORS

- Apply to attend a 22-hour training that will prepare and license you to run the ROX Program for Girls at your school (virtual and in-person options available).
- Training is \$600 and is inclusive of all materials.



SCAN FOR FACILITATOR APPLICATION
AND UPCOMING TRAINING DATES!

HOW MUCH DOES ROX COST?

SCHOOL DISTRICTS INVEST \$100/GIRL FOR:

- Custom data collection and school-specific outcome evaluation reports
- Professional coaching with ongoing support from experienced and expert ROX Facilitators
- Parent engagement materials & resources, including a copy of the book resource *Girls Without Limits* for each family
- Professional development and access to a national network of education professionals and resources to share with your school community & staff
- Online portal with research, parent and staff newsletters, book study curriculum and companion resources
- All ROX curriculum materials and supplies for your girls shipped directly to your school

HOW IS ROX FUNDED?

ESSER FUNDS, WELLNESS INITIATIVES, TITLE I OR TITLE IV, DISTRICT & COUNSELING BUDGETS, PTA'S, GRANTS AND EDUCATIONAL FOUNDATIONS

- 85% of ROX schools are supported through state/federal education funds, district initiatives or principal discretionary funds
- Generous donations from community & corporate partners are invested in ROX Programs to offset program fees & provide scholarship support to qualifying new schools
- The ROX curriculum is aligned with the ASCA Student Standards and may function as a component of your school's social and emotional learning (SEL) standards, RTI, PBIS, positive school climate, Whole Child or wellness/well-being initiatives
- We help you determine how to get ROX funded at your school. ***If you have the passion, we have the commitment to helping you start ROX programming. Please reach out about scholarships!***

THE DR. PATTY DIVERSITY FELLOWSHIP

ROX is committed to ensuring that girls have access to diverse female leaders & role models who can guide and support them along their journeys. The Dr. Patty Diversity Fellowship reduces barriers and increases access to the ROX Program for Girls by identifying diverse, female school counselors, social workers & educators who share a passion for working with girls. **Scan the QR code to nominate a Dr. Patty Diversity Fellow & bring the ROX Program to your school!**

