



Nourishing Success

Through evidence-based treatment and quality care, we are creating lasting change.

EDCare is a safe and compassionate program dedicated to engaging, lasting eating disorder recovery. With a commitment to evidence-based care, our multidisciplinary team incorporates industry-standard therapies into each individualized treatment plan.

	DENVER	KANSAS CITY	OMAHA
ADULT (18 AND OLDER) LEVELS OF CARE			
Partial Hospitalization Program (PHP)	✓	✓	
Transitional Intensive Outpatient Program-Day (TIOP)	✓	✓	
Evening Intensive Outpatient Program (EIOP)		✓	✓
Outpatient Therapy	✓		✓
ADOLESCENT (13-17 YEARS OLD) LEVELS OF CARE			
Partial Hospitalization Program (PHP)	✓ COMING SOON!	✓	
Intensive Outpatient Program (IOP)	✓ COMING SOON!	✓	

Our Program Includes:

- CBT-E
- DBT
- ACT
- Art therapy
- Experiential therapy
- Exposure/meal therapy
- Process group therapy
- *And much more!*

Specialty Program/Tracks:

- Athlete EDGE™ at EDCare Program
- Substance Use Disorder (SUD) Track
- Binge Eating Disorder (BED) Track
- Trauma Track

Treatment Approach:

Our empowerment-based treatment program focuses on building real-life skills necessary for lasting recovery.

Why Choose EDCare?

- Most insurances accepted
- Housing available
- Compassionate, professional care
- Gender inclusive

To learn more please call or visit our website at www.eatingdisorder.care



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(303) 771-0861

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Omaha
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COMPLEMENTARY ASSESSMENTS