



# ADOLESCENT PRIMARY RESIDENTIAL PROGRAM

In-depth diagnosis and assessment for more effective treatment plans and improved long-term outcomes

The Turnbridge Adolescent Residential Treatment Program sets the standard for the diagnosis and treatment of teen mental health and substance use disorders.

---

This high standard is achieved through high-quality, whole-person care that restores a child's well-being and helps them learn to lead a life worth protecting. Here, behavioral health luminaries and experienced care providers deliver individualized care that addresses every aspect of client life.

- Length of stay is between 30 and 90 days.
- Gender-separate living quarters, high staff-to-client ratio, and attentive, individualized supervision are provided for up to six boys and six girls 14-17 years of age.
- Accurate and thorough diagnosis, treatment initiation, and holistic client monitoring and evaluation inform care plan optimization.
- A carefully curated team of leading researchers and clinicians collaborate with clients and parents.
- Programming coordinates adolescent psychiatry, psychometrics, psychology, nursing, experiential therapies, academic services, wellness, fitness and nutrition, and recreation.
- Academic, art, and physical education programming including transcript management services, homeschool communication, personalized curriculum tutoring are available.
- Integrated family programming includes family liaison services, individual and group therapy, parent support groups and psychoeducation.



- Ongoing care planning and interprofessional communication safely and effectively transitions clients to their next level and types of care.
- The 65-acre private treatment campus in Woodbury, Connecticut, is thoughtfully designed and maintained to ensure physical and emotional safety and to foster a comfortable and purposeful experience.



## COORDINATED CARE TEAM

The Turnbridge team of more than 300 mission-driven professionals provide evidence-based, integrated, and compassionate treatment and supportive services to clients and families. By partnering and collaborating with colleagues, clients, and families, the people of Turnbridge deliver an exceptionally personalized and multifaceted treatment approach that addresses the root causes of dysfunction and care plans that support the many determinants of improved mental, emotional, and physical health and wellbeing.



“

*The earlier we can identify need, the sooner we can help make transformative change.”*

— SAMANTHA TRAMUTA, CLINICAL DIRECTOR

**TO LEARN MORE ABOUT THIS OR ANY ASPECT OF TURNBRIDGE PROGRAMMING, PLEASE VISIT [TURNBRIDGE.COM](https://turnbridge.com) OR CONTACT A MEMBER OF OUR ADMISSIONS TEAM AT (203) 937-2309 EXT. 1.**

## IN-NETWORK

Turnbridge is in-network with Blue Cross Blue Shield and out-of-network with all other commercial insurance.

## ABOUT TURNBRIDGE

Turnbridge is the nation’s preeminent mental health and substance use disorder treatment provider for young adults and adolescents. Distinguished by a fully integrated care model that addresses every aspect of client life, phased programming, gradual exposure to real-world triggers, extensive parent support and education, and the collection and use of behavioral metrics to verify self-reported progress, Turnbridge is designed to help young people Build a Life Worth Protecting.



**TURNBRIDGE.COM**

