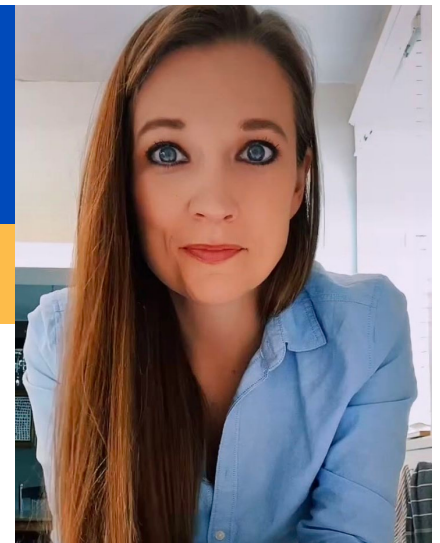




NATIONAL CENTER for
YOUTH ISSUES

6101 Preservation Drive • Chattanooga, TN 37416 • www.ncyi.org

Speakers Bureau



Elishia Basner

SPEAKER AND SCHOOL COUNSELOR

Elishia Basner, Ph.D., LSC (TN), is a former school counselor with a decade of experience aiding children and adolescents in navigating life challenges such as grief, loss, divorce, emotional regulation issues, and transitions. Elishia is passionate about helping schools become more resilient-centered and helping school counselors create comprehensive programs that align with the ASCA National Model. Elishia has over 14 years of experience in counseling and education; she has a Master's degree in the Science of School Counseling and a Bachelor's degree in Psychology. She has also written the small group curriculum *30-Minute Groups: Life Skills*.

In her 14+ year career in the helping profession, she has done everything from working as a school counselor for a decade with every grade level from pre-k through college, in-home counseling with children at risk of removal from social services, managing a 24/7 women's crisis center, and teaching psychology to undergraduates. Elishia is an enthusiastic speaker who helps audiences connect to the information they need to help children thrive.

A BRIEF LOOK AT ELISHIA'S SESSIONS

De-escalating Crises in the Classroom: Strategies 101

Learn how to better manage and diffuse a crisis with De-escalation Strategies 101. In this session, you'll gain an understanding of why students lose control of their emotions and the best strategies for addressing difficult situations. You'll also learn proactive skills to help children of all ages develop regulation and coping skills to prevent future crises. With these tools, you'll be better equipped to ensure the safety and well-being of everyone in the classroom.

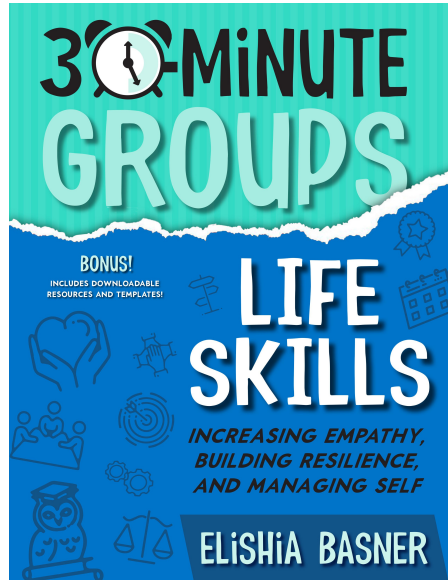
The Playlist for Creating a Trauma-Informed School

Do you wonder if your school is supportive of students who have experienced trauma? We understand that not all of our students have had the same experiences and many may be struggling in the Survival Brain, unable to access the Learning Brain. That's why it's so important to create an environment that promotes the learning brain, regardless of past trauma. See how you can help build a trauma-informed school atmosphere that is safer, calmer, and more conducive to learning for all students.

Empowering Educators: Unlocking the Keys to De-escalation and Self-Regulation in the Classroom

When students' emotions are dysregulated, they can struggle to learn and distract those around them from learning. In this workshop, participants will uncover why students lose control and learn twelve scientifically-backed coping strategies that can be instantly implemented. Upon returning to your school, you'll be equipped with tangible skills to foster awareness, self-reflection, and connection with students.

Contact Robert Rabon at rrabon@ncyi.org or 423.309.4300 to engage Elishia for your event



30-Minute Groups: Life Skills

*Increasing Empathy, Building Resilience,
and Managing Self*

Teach ASCA-aligned life skills in thirty-minute lessons for small group or classroom instruction. Everything you need, with minimal prep time and no extra materials required. Topics include forgiveness, honesty, kindness, patience, perseverance, respect, and more!