NATIONAL CENTER for
YOUTH ISSUES

6101 Preservation Drive • Chattanooga, TN 37416 • www.ncyi.org

Speakers Bureau



Noel Foy

NEUROEDUCATOR, CONSULTANT, AUTHOR, AND SPEAKER

As founder of Neuro Noel Consulting, Noel's mission is to empower teachers, parents, counselors, coaches and students with quick, user-friendly ways to use neuroeducation findings to their advantage. Having these tools can decrease stress, build underdeveloped skill sets and mindsets, and boost learning, engagement, Executive Function and performance in and beyond the classroom.

In response to the rise in anxiety, Noel has recently written an engaging, solution-focused story called *ABC Worry Free*, which provides readers of all ages with a transferable strategy to face and manage anxiety.

For over 35 years, Noel has served as an educator in various capacities—classroom teacher at Landmark School, Learning Specialist at The Roxbury Latin School, and Professional Development Trainer for Keys to Literacy. Noel received her B.A. in Education/Special Education and her M.A. in American Studies from Boston College.

A BRIEF LOOK AT NOEL'S SESSIONS (continued on the back)

More of Them, Less of You!

Disheartened by your students' lack of engagement, motivation, and participation? In this interactive, experiential training, you'll be empowered with knowledge and low "mistake fear" strategies that can be used with any content to decrease classroom stress and behavior issues, support how the brain learns best and boost student ownership of learning.

Discover how to use neuroscience findings to your advantage with quick and easy learning focused strategies which are immediately transferable to your classroom to maximize student engagement and retention while promoting collaborative peer discussions to support content learning and critical thinking.

Why Try Harder Doesn't Work: Building Executive Function Through Metacognitive Language, Systems, and Tools

Dealing with morning meltdowns, forgotten assignments, or students who have trouble getting started? Are you looking for ways to help your disorganized and easily distracted students become more efficient and focused? It's time to help kids discover the brain skills that are necessary to plan, remember what they need, keep their cool, and get stuff done. We're talking executive function in action!

To help kids become more confident, productive, and independent, it starts by understanding the brain and how it works. Discover what you need to know about executive function and how to easily weave metacognitive language and systems into classroom, home, and support settings. You'll walk away with practical tools you can use the very same day!

Contact Robert Rabon at rrabon@ncyi.org or 423-309-4300 to engage Noel for your event

What Anxiety Wants vs. What Anxiety Needs

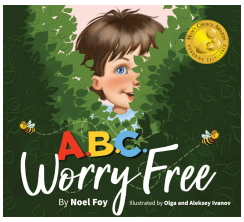
Do you understand how worry works? Are your words and actions inadvertently feeding the disorder of those you know who deal with anxiety? If you teach, parent, or coach kids with anxiety and wonder what to say and do to help, this workshop is for you. Using ABC Worry Free as a reference tool, you will learn:

- What we know about anxiety
- How worry works
- Patterns of anxiety
- Myths and misunderstandings
- Communication and skill building tips

BY NOEL FOY

ABC Worry Free

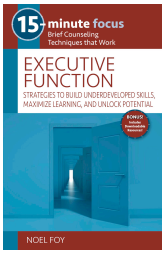
"Do you think you could teach someone to worry less?" I asked. "Absolutely. As long as they're not afraid to learn something new." Children will learn an actionable approach to worry that will help them process and work through everyday challenges.



15-Minute Focus: Executive Function

Strategies to Build Underdeveloped Skills, Maximize Learning, and Unlock Potential

Written with the brain in mind, this book equips you with the knowledge and tools to clarify executive function, identify struggles, empower students, and unlock potential. This transformative guide is your resource for evidence-based practices and actionable advice.



Contact Robert Rabon at rrabon@ncyi.org or 423-309-4300 to engage Noel for your event