



NATIONAL CENTER for  
**YOUTH ISSUES**

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*Speakers Bureau*



# Dr. Russell A. Sabella

EDUCATOR, COUNSELOR, AUTHOR AND SPEAKER

Dr. Russell A. Sabella is a Professor in the College of Education at Florida Gulf Coast University and President of Sabella & Associates. His areas of expertise include comprehensive school counseling programs, datability, school counseling technology, and solution-focused school counseling. Dr. Sabella has made significant contributions to the field. He is the author of numerous articles in journals, magazines, and newsletters, as well as several influential books, including *Solution-Focused School Counseling: The Missing Manual (2020)*. A leader in the profession, Dr. Sabella served on regional, state, and national committees as well as President of the American School Counselor Association (2003-2004) and the Florida School Counselor Association (2013-2014). His training and consulting work have impacted tens of thousands of school counselors, educators, parents, and organizational leaders across the country.

A BRIEF LOOK AT RUSS'S SESSIONS (continued on the back)

## **Data Boot Camp for School Counselors**

The Data Boot Camp for School Counselors is designed to advance technological literacy among counselors in a useful and practical manner. Particular attention is given to using Microsoft Excel™ to make data an important part of your comprehensive school counseling program. From data-driven decision making, to monitoring progress, to reporting the positive impact you're having on kids — this workshop will demystify how it's done. Workshop content is pre-planned although flexible enough to meet individuals' specific technological training needs. Participants bring their own laptop so they can gain valuable hands-on practice. All participants will receive a 90 day pass to the online version of this training.

## **Enhancing your DatAbility**

Dr. Sabella's workshop is designed to advance your understanding of how to use high-tech tools in a useful and practical manner, especially in the area of accountability and advocacy. Particular attention is given to using Microsoft Excel™ to make data an important part of your comprehensive school counseling program. From data-driven decision making, to monitoring progress, to reporting the positive impact you're having on kids — this workshop will de-mystify how it's done. Also, participants will learn how to create a "narrated, multi-media, self-advancing results report" — a digital story that inspires others about how you add value to the overall educational mission.

Contact Robert Rabon at [rrabon@ncyi.org](mailto:rrabon@ncyi.org) or 423-309-4300 to engage Russ for your event

## **Technology Tips, Tricks, and Shortcuts for Counselors and Educators**

Learn about the most powerful features of various applications including word processing, spreadsheet, multimedia, web browsing, and social networking. Dr. Sabella will share his most coveted tips, tricks, and short cuts to help you become more effective, efficient, and have more fun in your work! Lots of handouts and time for questions and answers.

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## **Solution Focused Brief Counseling and Teacher/Parent Consultation**

This experiential workshop is designed for both beginning and experienced school counselors, educators, and other human service professionals who want to learn an innovative approach to empower their students and stake holders to better recognize and utilize their strengths. This model uses a systematic, five-step approach in which students/parents focus on solutions rather than problems. They are encouraged to think about times when their problems did not exist, and how these times contributed to the absence of the problem, and how to recreate such circumstances in their present situations. Focus is on the students/parents strengths and abilities rather than their weaknesses. Solutions are derived by the students/parents themselves and therefore not only are they more involved in their success, but the solutions fit their unique lifestyles. Finally, because they find their own solutions that work, often self-esteem is increased. With this emphasis of counseling on solutions rather than problems, counseling becomes brief.

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## **Web 2.0 Smackdown**

Web 2.0 refers to web applications that help people to communicate, collaborate, share, network, socialize, and deliver resources. Come attend our session with handpicked panel members who will demonstrate their favorite technology tools that enhance their school counseling programs. The Smackdown rules include no more than 3 minutes per demonstration, no promoting or endorsing personal products, and must include services that are free or almost free to educators.

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## **School Counseling 2050**

Technology has changed the landscape of how we do business, interact, and live our lives. What will be the technologies of the future and how will they change how we practice school counseling? Learn about the latest developments and their trajectories for household and educational use. Join Dr. Sabella on a journey towards envisioning school counseling in they year 2050.

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## **Working with Anxious Children and Teens: Strategies and Best Practices**

Anxiety is a normal part of living. It's a biological reaction—the body's way of telling us something isn't right. However, for some people, anxiety is persistent, irrational, and overwhelming. It may interfere with daily activities and get in the way of student achievement. Dr. Sabella will overview various contributing factors to anxiety among children and adolescents and several practical interventions. Participants will learn about approaches, resources, and tools that they can deliver as part of a comprehensive school counseling program to help kids calm themselves down and help them stay on track.

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## **Navigating the Future: Exploring AI in School Counseling**

Join Russ for an insightful keynote presentation that delves into the realm of Artificial Intelligence (AI) in the context of school counseling. This engaging session is designed for school counselors seeking to comprehend the fundamentals of AI and its application in their profession. Dr. Sabella will equip school counselors with the knowledge and insights needed to leverage AI effectively, fostering a future-ready approach to school counseling. Don't miss this opportunity to explore the transformative potential of AI in shaping the future of your work.