



Nourishing Success

Through evidence-based treatment and quality care, we are creating lasting change.

EDCare is a safe and compassionate program dedicated to engaging, lasting eating disorder recovery. With a commitment to evidence-based care, our multidisciplinary team incorporates industry-standard therapies into each individualized treatment plan.

| | DENVER | KANSAS CITY | OMAHA |
|--|--------|-------------|-------|
| ADULT LEVELS OF CARE (18 AND OLDER) | | | |
| Partial Hospitalization Program (PHP) | ✓ | ✓ | ✓ |
| Intensive Outpatient Program-Day (IOP) | ✓ | ✓ | ✓ |
| Evening Intensive Outpatient Program (EIOP) | | ✓ | |
| Virtual Intensive Outpatient Program (VIOP) | ✓ | ✓ | ✓ |
| Outpatient Therapy | | | ✓ |
| ADOLESCENT LEVELS OF CARE (13-17 YEARS OLD) | | | |
| Partial Hospitalization Program (PHP) | ✓ | ✓ | |
| Intensive Outpatient Program (IOP) | ✓ | ✓ | |

Our Program Includes:

- CBT-E
- DBT
- ACT
- Art therapy
- Experiential therapy
- Exposure/meal therapy
- Process group therapy
- *And much more!*

Specialty Services:

- Athlete EDGE® at EDCare Program
- Substance Use Disorder (SUD) Track
- Binge Eating Disorder (BED) Track
- Trauma Track

Treatment Approach:

Our empowerment-based treatment program focuses on building real-life skills necessary for lasting recovery.

Why Choose EDCare?

- Most insurances accepted
- Housing available
- Compassionate, professional care
- Gender inclusive

To learn more please call or visit our website at www.eatingdisorder.care



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COMPLEMENTARY ASSESSMENTS