



Tennessee Quick Reference Guide

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Behavioral Therapy (ABA)

Clarksville, Dyersburg, Jackson, Johnson City, Knoxville, Memphis, Shelbyville

Therapy, support, and training for identified individuals and their families/caregivers to improve adaptive functioning skills, behavior, and ability to communicate effectively. Ideal for individuals with behavioral challenges, communication limitations, adaptive functioning delays, or sensory integration difficulties resulting from intellectual disabilities, developmental delays or autism spectrum disorders.

Achieve Independence

Achieve Independence Services provide support for individuals with developmental and intellectual disabilities enabling them to gain the skills to become more independent through improved living skills, integrate into their communities, and become successfully employed in a job of their choosing.

Achieve Trade School

Nashville

Post-secondary educational institution designed to provide technical skills required to perform the tasks of particular and specific jobs. Our focus is on job-specific training for students who are bound for a skilled trade career, bringing them toward a broader education that develops not only the academic material, but also technical skills of their students.

Electronic Recycling Solutions

Gallatin

Electronics Recycling Solutions (ERS) was acquired in 2019 by Health Connect America. Electronics Recycling Solutions is designed to provide employment for adults with autism and different disabilities through the ethical recycling of electronics.

Health Link

Algood, Athens, Camden, Clarksville, Columbia, Chattanooga, Cleveland, Crossville, Dyersburg, Gallatin, Jackson, Johnson City, Knoxville, Lawrenceburg, Memphis, Morristown, Nashville, Pulaski, Savannah, Shelbyville, Sparta, Winchester

The program is built to encourage the integration of physical and behavioral health, as well as, mental health recovery. This services gives every member a chance to reach his or her full potential for living a rewarding and increasingly independent life in the community.

Independent Living Skills Training

Chattanooga, Knoxville, Johnson City

These services help adults with disabilities learn new skills so they can live more independently. A Direct Support Professional (DSP) supports the individual in learning skills to increase independence in taking care of themselves, taking care of their home, and learning money management skills. The number of hours available for each individual varies and is set by the individual's insurance company.

Community Integration Support

Chattanooga, Knoxville, Johnson City

This services helps the individual do things in the individual's community that they choose. For example, a Direct Support Professional (DSP) can help support the individual in taking a class (painting, cooking, exercising), join a club, volunteer, get or stay healthy, do something fun, build relationships in the community. The number of hours available for each individual varies.

Community Living Supports

Chattanooga, Knoxville, Johnson City

A community-based residential alternative service for adults with disabilities that encompasses a continuum of support options for up to four individuals living in a home. CLS supports each resident's independence and full integration into the community.

Employment Services

Chattanooga, Knoxville, Johnson City

There are several different employment services. Each service is designed to help adults with disabilities obtain and maintain employment in their community. They include exploration, discovery, situation observation and assessment, job development plan or self employment plan, self-employment start up, job coaching, career advancement, and integrate employment path services.



Intensive In-Home (IIH)

Algood, Athens, Camden, Clarksville, Columbia, Chattanooga, Cleveland, Crossville, Dyersburg, Gallatin, Jackson, Johnson City, Knoxville, Lawrenceburg, Memphis, Morristown, Nashville, Pulaski, Savannah, Shelbyville, Sparta, Winchester

Designed for children and adolescents at risk for removal from the home due to behavioral, mental health, and/or substance abuse challenges. May be used to reunite a family when a child has been in an out-of-home placement.

Outpatient Mental Health

Algood, Athens, Camden, Clarksville, Columbia, Chattanooga, Cleveland, Crossville, Dyersburg, Gallatin, Jackson, Johnson City, Knoxville, Lawrenceburg, Memphis, Morristown, Nashville, Pulaski, Savannah, Shelbyville, Sparta, Winchester

Offers support and treatment to individuals who are experiencing mental health symptoms.

Psychiatric Clinic

Algood, Athens, Camden, Clarksville, Columbia, Chattanooga, Cleveland, Crossville, Dyersburg, Gallatin, Jackson, Johnson City, Knoxville, Lawrenceburg, Memphis, Morristown, Nashville, Pulaski, Savannah, Shelbyville, Sparta, Winchester

Provides clients with a psychiatric assessment with medication management.

Substance Use Treatment Services

Algood, Athens, Camden, Clarksville, Columbia, Chattanooga, Cleveland, Crossville, Dyersburg, Gallatin, Jackson, Johnson City, Knoxville, Lawrenceburg, Livingston, Memphis, Morristown, Nashville, Pulaski, Savannah, Shelbyville, Sparta, Winchester

Provides adolescents and adults experiencing co-occurring substance use and mental health issues find hope and healing. Strength-focused and recovery-oriented. Services provided multiple times per week and are designed to prevent higher levels of care, help sustain long-term sobriety, mental health and support clients remain in their homes and community. Service delivery is through our outpatient program (OP) as well as our intensive-outpatient program (IOP), which range from one to nineteen hours per week, depending on need. Provided through individual, family and group modalities. Case management services are also available.

Supervised Visitation

Clarksville, Columbia, Gallatin, Nashville, Pulaski/Lawrenceburg, Shelbyville, Winchester

Our staff members are available to keep everyone present at supervised visitation sessions safe. Having a visitation supervisor reduces the risks/allegations of domestic violence, drug/alcohol usage by parents and other issues that might put the child or children at risk.

Therapeutic Foster Care

Algood, Clarksville, Chattanooga, Memphis, Nashville

A medically necessary treatment for children with adverse childhood experiences, as well as emotional, behavioral, medical, or developmental needs, receive structured treatment within a therapeutic foster care setting. This program promotes well-being, family connections, and community integration. Therapeutic foster care includes compassionate and professional staff who support the foster families and youth by providing a range of services including:

- *Supervision.*
- *24-hour staff availability.*
- *Coordination of medical treatment when necessary.*
- *Foster parent training in behavior management and various treatment approaches.*

Algood	(931) 526-6042	Dyersburg	(731) 882-1974	Memphis	(901) 458-8638
Athens	(423) 252-0871	Gallatin	(615) 989-1010	Morristown	(423) 839-2550
Camden	(731) 213-2214	Gallatin	(615) 442-0301	Nashville	(615) 656-0227
Chattanooga	(423) 702-5508	Jackson	(731) 668-7593	Nashville	(615) 538-4661
Clarksville	(931) 933-7200	Johnson City	(423) 631-0210	Pulaski	(931) 347-0811
Cleveland	(423) 250-3589	Johnson City (ANDSS)	(423) 218-2570	Savannah	(731) 727-8012
Columbia	(931) 981-9851	Knoxville	(865) 247-7045	Shelbyville	(931) 909-0050
Corporate HQ	(615) 567-6726	Lawrenceburg	(931) 324-1114	Sparta	(931) 738-9906
Crossville	(931) 456-7551	Livingston	(931) 403-3577	Winchester	(931) 967-7726