

**COMPREHENSIVE PREVENTION COMPONENT OF PEER HELPERS PLUS**

*infused with the 5 SEL domains*

Prevention Lessons Character Education		Drugs, Alcohol, & Tobacco	Abuse of All Types	Mental Health / Suicide	Bullying & Cyberbullying
<b>Kindergarten</b>					
<b>Lesson 1</b>	<b>My Go-To People</b>		✓	✓	✓
Lesson 1.2	Trustworthy				
<b>Lesson 2</b>	<b>My Internal Alarm</b>		✓	✓	
Lesson 2.2	Courage				
<b>Lesson 3</b>	<b>My Good Choices</b>			✓	✓
Lesson 3.2	Self-Respect				
<b>Lesson 4</b>	<b>Making the "No" Choice</b>	✓	✓	✓	✓
Lesson 4.2	Perseverance				
<b>Lesson 5</b>	<b>To Tell or Not to Tell</b>		✓	✓	
Lesson 5.2	Integrity				
<b>Lesson 6</b>	<b>My Choices Matter</b>			✓	✓
Lesson 6.2	Compassion				
<b>Lesson 7</b>	<b>My Feelings and Me</b>				
Lesson 7.2	Responsibility				
<b>1st Grade</b>					
<b>Lesson 1</b>	<b>My Go-To People</b>		✓	✓	
Lesson 1.2	Trustworthy				
<b>Lesson 2</b>	<b>Was That My Alarm?</b>		✓	✓	
Lesson 2.2	Courage				
<b>Lesson 3</b>	<b>The Choice Is Yours</b>	✓		✓	
Lesson 3.2	Self-Respect				
<b>Lesson 4</b>	<b>Sometimes You Should Say "No!"</b>			✓	✓
Lesson 4.2	Perseverance				
<b>Lesson 5</b>	<b>Tattling or Informing?</b>			✓	
Lesson 5.2	Integrity				
<b>Lesson 6</b>	<b>Be a Buddy, Not a Bully!</b>			✓	✓
Lesson 6.2	Compassion				
<b>Lesson 7</b>	<b>My Emotions in Motion</b>				
Lesson 7.2	Responsibility				
<b>2nd Grade</b>					
<b>Lesson 1</b>	<b>My Go-To People</b>	✓	✓	✓	✓
Lesson 1.2	Trustworthy				
<b>Lesson 2</b>	<b>Sound the Alarm</b>	✓	✓	✓	✓
Lesson 2.2	Courage				
<b>Lesson 3</b>	<b>My Healthy Choices</b>	✓	✓	✓	✓
Lesson 3.2	Self-Respect				
<b>Lesson 4</b>	<b>Positive Coping Skills</b>			✓	✓
Lesson 4.2	Perseverance				
<b>Lesson 5</b>	<b>Life's Roller Coaster</b>		✓	✓	✓
Lesson 5.2	Integrity				
<b>Lesson 6</b>	<b>My Choices Make a Difference</b>			✓	✓
Lesson 6.2	Compassion				
<b>Lesson 7</b>	<b>Positive Me</b>			✓	
Lesson 7.2	Responsibility				
<b>3rd Grade</b>					
<b>Lesson 1</b>	<b>My Go-To People</b>	✓	✓	✓	✓
Lesson 1.2	Trustworthy				
<b>Lesson 2</b>	<b>My Internal Alarm</b>	✓	✓	✓	✓
Lesson 2.2	Courage				
<b>Lesson 3</b>	<b>Healthy Choices Help</b>	✓	✓	✓	✓
Lesson 3.2	Self-Respect				
<b>Lesson 4</b>	<b>My Coping Skills</b>	✓		✓	✓
Lesson 4.2	Perseverance				
<b>Lesson 5</b>	<b>My Bad Day</b>			✓	✓
Lesson 5.2	Integrity				
<b>Lesson 6</b>	<b>My Choices Affect Others</b>	✓		✓	✓
Lesson 6.2	Compassion				
<b>Lesson 7</b>	<b>My Self-Worth</b>	✓		✓	✓
Lesson 7.2	Responsibility				

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Prevention Lessons <i>Character Education</i>		Drugs, Alcohol, & Tobacco	Abuse of All Types	Mental Health / Suicide	Bullying & Cyberbullying
<b>4th Grade</b>					
<b>Lesson 1</b>	<b>My Go-To People</b>	✓	✓	✓	✓
<i>Lesson 1.2</i>	<i>Trustworthy</i>				
<b>Lesson 2</b>	<b>My Body Safety Rules</b>		✓	✓	
<i>Lesson 2.2</i>	<i>Courage</i>				
<b>Lesson 3</b>	<b>My Life Events/My Control</b>	✓		✓	✓
<i>Lesson 3.2</i>	<i>Self-Respect</i>				
<b>Lesson 4</b>	<b>Healthy vs. Unhealthy Coping</b>	✓		✓	✓
<i>Lesson 4.2</i>	<i>Perseverance</i>				
<b>Lesson 5</b>	<b>I Choose</b>	✓	✓	✓	✓
<i>Lesson 5.2</i>	<i>Integrity</i>				
<b>Lesson 6</b>	<b>My Character Strengths</b>		✓	✓	✓
<i>Lesson 6.2</i>	<i>Compassion</i>				
<b>Lesson 7</b>	<b>My Voice</b>	✓	✓	✓	✓
<i>Lesson 7.2</i>	<i>Responsibility</i>				
<b>5th Grade</b>					
<b>Lesson 1</b>	<b>My Go-To People</b>	✓	✓	✓	✓
<i>Lesson 1.2</i>	<i>Trustworthy</i>				
<b>Lesson 2</b>	<b>Keeping My Body Safe</b>		✓		
<i>Lesson 2.2</i>	<i>Courage</i>				
<b>Lesson 3</b>	<b>Coping with Life Events</b>	✓		✓	✓
<i>Lesson 3.2</i>	<i>Self-Respect</i>				
<b>Lesson 4</b>	<b>Can I Make Tough Decisions?</b>	✓		✓	✓
<i>Lesson 4.2</i>	<i>Perseverance</i>				
<b>Lesson 5</b>	<b>What Are My Strengths?</b>				✓
<i>Lesson 5.2</i>	<i>Integrity</i>				
<b>Lesson 6</b>	<b>Using My Voice</b>			✓	✓
<i>Lesson 6.2</i>	<i>Compassion</i>				
<b>Lesson 7</b>	<b>Cyber-Trouble</b>			✓	✓
<i>Lesson 7.2</i>	<i>Responsibility</i>				
<b>6th Grade</b>					
<b>Lesson 1</b>	<b>My Go-To People</b>	✓	✓	✓	✓
<i>Lesson 1.2</i>	<i>Trustworthy</i>				
<b>Lesson 2</b>	<b>Keeping Safe!</b>		✓	✓	
<i>Lesson 2.2</i>	<i>Courage</i>				
<b>Lesson 3</b>	<b>My Life Events and Coping Skills</b>	✓		✓	
<i>Lesson 3.2</i>	<i>Self-Respect</i>				
<b>Lesson 4</b>	<b>Decisions, Decisions</b>	✓		✓	✓
<i>Lesson 4.2</i>	<i>Perseverance</i>				
<b>Lesson 5</b>	<b>How Does My Character Look?</b>			✓	✓
<i>Lesson 5.2</i>	<i>Integrity</i>				
<b>Lesson 6</b>	<b>My Voice, My Actions</b>				✓
<i>Lesson 6.2</i>	<i>Compassion</i>				
<b>Lesson 7</b>	<b>Out in Cyberspace</b>		✓	✓	✓
<i>Lesson 7.2</i>	<i>Responsibility</i>				

