

The Drive Behind Thrive



2024 FALL CONFERENCE

NOVEMBER 21-23, 2024
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PRE-CONFERENCE SPEAKERS

NEW YORK STATE
SCHOOL COUNSELOR ASSOCIATION

Thursday, November 21, 2024

The Pre-Conference includes an additional opportunity for more professional development and CPE hours. These sessions cover more in-depth information and allows more opportunity for discussion. **These sessions are not included in the conference registration fee. These sessions are at a minimal fee.** Space is limited. Interested participants are encouraged to register early. **These sessions run concurrently. You may only chose one.**

1. MTSS and School Counseling: How Do They Fit Together?

Emily Goodman-Scott

ABOUT THIS SESSION: Is MTSS (PBIS/RTI) currently implemented in your school? Is your school considering implementation? Would you like to learn more? MTSS is widely implemented throughout the country and school counselors are often an integral part of implementation. Come to this session to discover the alignment between MTSS and Comprehensive School Counseling Programs (e.g., the ASCA National Model), gaining strategies to maximize your efforts. Work smarter, not harder. The presenter will share school-based examples for implementation and alignment. Presentations can be adapted to provide content on specific tiers, such as Tier 1 prevention.

SPEAKER BIO: Dr. Emily Goodman-Scott is an Associate Professor in Counselor Education and the School Counseling Coordinator at Old Dominion University, in Virginia. As a previous school counselor and special education teacher, Dr. Goodman-Scott has been in education for nearly 15 years. She was a 2018 recipient of the Top 40 Under 40 award for her region, and served on the Virginia School Counselor Association board for 10 years, including most recently as Chair of the Board (2019-2020). She enjoys speaking at national conferences, invited state association workshops, and school districts trainings.

Dr. Goodman-Scott is the lead editor of the 2019 book *A School Counselor's Guide to Multi-tiered Systems of Support*, and more recently an author of the 2020 book published by the American School Counselor Association, *Making MTSS Work*. She has co-authored the *I Can* series of children's social stories. You can follow her on Twitter: e_goodmanscott and SchCouns4MTSS; and Facebook: School Counselors for MTSS.

2. Big T and little t: Creating a Trauma-Sensitive School Environment

Raychelle Cassada Lohmann

ABOUT THIS SESSION: Nearly a quarter of the nation's youth will experience a traumatic event by age 16. Trauma can significantly impact young people's physical and mental health, affecting their ability to learn and excel academically. Therefore, schools are crucial in creating safe, supportive environments that foster resilience and promote healing. Whether it's a Big T event (i.e., unexpected loss of a loved one), little t occurrence (i.e., moving to a new school), or multiple complex traumas (i.e., exposure to pervasive abuse), the psychological effects can extend across a lifetime. Fortunately, there are essential coping skills that, if taught and nurtured, can significantly increase a youth's ability to heal and persevere. This interactive presentation aims to teach participants about Big T and little t events and explore trauma's neurological impact on young people. Furthermore, emphasis will be placed on building skills and implementing strategies to create a trauma-sensitive school environment where students do more than survive; they thrive.

SPEAKER BIO: Raychelle Cassada Lohmann, Ph.D., is a counselor educator, clinical mental health counselor, school counselor, and international author of numerous books, including three in the 15-Minute Focus series: *Digital Citizenship, Anger, Rage and Aggression*, and *Growth Mindset, Resilience, and Grit*, along with many others. Raychelle has expertise in a wide range of issues affecting children and adolescents, from anger and aggression to anxiety and depression to sexual trauma and bullying. Raychelle attended North Carolina State University, receiving her B.A. in psychology, her M.S. in counselor education, and her Ph.D. in counseling and counselor education. With 25 years in the counseling profession, Raychelle has devoted much of her time to working with children, adolescents, parents, and educators.

Raychelle is a licensed clinical mental health counselor supervisor and licensed school counselor in NC. She is also a licensed professional counselor in SC. Additionally, Raychelle is an EMDR-certified provider and holds the following certifications: Approved Clinical Supervisor (ACS), Board Certified Telemental Health Provider (BCTMH), Certified Clinical Trauma Professional (CCTP), and Global Career Development Facilitator (GCDF).

3. Supporting and Affirming LGBTQ+ Students

Jeannie Gainsburg

ABOUT THIS SESSION: With a record breaking 510 anti-LGBTQ+ bills introduced in state legislatures across the US in 2023, LGBTQ+ students need support and affirmation now more than ever. In this session participants will gain the most current information on identities and LGBTQ+ language, knowledge of the coming out process, a list of the most common LGBTQ+ etiquette bloopers to avoid and better language suggestions to try, best-practice communication tips for respectful interactions, improved odds of correctly addressing people, more confidence in their ability to respectfully share, gather, and use pronouns, and an understanding of the most appropriate actions to take after messing up. School counselors can play a critical role in the lives of LGBTQ+ youth and this interactive, encouraging, and informative session will show them how.

Jeannie will also be doing a breakout session.

SPEAKER BIO: Jeannie Gainsburg is an award-winning educational trainer and consultant in the field of LGBTQ+ inclusion and effective allyship. Formerly the Education Director at the Out Alliance of Rochester, N.Y., she is the founder of Savvy Ally Action and author of the book, *The Savvy Ally: A Guide for Becoming a Skilled LGBTQ+ Advocate*. Jeannie has a BA in psychology from Brown University and an MA in social work and social research from Bryn Mawr College. She was under the impression that a citation was the result of driving too fast until January of 2019, when she received one from the New York State Assembly for Distinguished Educational & Human Rights Services for her work in promoting LGBTQ+ rights and inclusion. Her encouraging, passionate, and warm-hearted approach will jumpstart even the most tentative ally.

Friday, November 22 | 8:15 a.m. – 9:15 a.m.

Friday Morning Keynote Session Speaker

The Ripple Effect

Dan St. Romain

ABOUT THIS SESSION: When you throw a stone into a pond, sometimes it simply sinks—“plop”. However, if thrown just right, the rock skips. Instead of the singular “plop”, the skipping rock reaches more water, leaving ripples on the surface – and this energy changes the entire pond. As educators, we throw the stone. In this dynamic opening session, educators will learn simple ways we create ripples in the school setting that positively impact the students we serve.

SPEAKER BIO: Dan St. Romain is a national independent educational consultant who provides staff development and consultative services to educators and parents working with children at all developmental levels. Dan is passionate about helping individuals shift their perspective on discipline, understanding the best ways to provide support given the challenges posed in today’s society.

After receiving his master’s degree in education, Dan worked in both private residential and public school settings, as well as at the Region 20 Education Service Center in San Antonio, Texas. His work as a self-contained behavior unit teacher, educational diagnostician, behavior consultant, and director of a learning resource center has afforded him experience at all levels, in both general and special education settings. Dan is now enjoying semi-retirement after having worked in the school system for the past 30 years.

Dan’s overwhelming strength is his skill as a presenter. Although his sessions are exceedingly interactive, his greatest asset lies in his ability to offer participants rich insight into the connectedness between educational practices and student behavior. He is the author of *Lessons from LaRoux: How Needs Shape Behavior in Developing Brains*, *Teach Skills and Break Habits: Growth Mindsets for Better Behavior in the Classroom*, *Positive Behavior Principles: Shifting Perspectives and Aligning Practices in Schools*, and several resources for teaching social skills, featuring his chameleon, Juan Pablo.



Saturday, November 23 | 8:00 a.m. – 9:00 a.m.

Saturday Keynote Session Speaker

A Strength-Based Approach to Supporting Youth Mental Health

Byron McClure



ABOUT THE SESSION: The rising mental health challenges among our youth demand immediate, pragmatic measures to enhance their emotional and psychological well-being. This high-energy keynote session will address the critical importance of integrating mental health programs within schools, offering concrete, strength-based strategies. Participants will leave the session energized, inspired, and equipped with a clear, actionable plan to support and enhance the mental well-being of students in their schools.

A case will be made to move away from deficit-based practices and towards strength-based practices rooted in science. By focusing on what's strong instead of what's wrong, we can better support our students' social and emotional development. This shift offers a fresh lens through which to view the youth's unmet needs—not as unsolvable problems but as opportunities for actionable change.

By the end of the session, participants will be energized, inspired, and able to walk away with a clear understanding of the importance of these practices and a roadmap for bringing them into their school communities.

Session attendees will:

- Identify how deficit thinking shows up in their practice (thoughts, beliefs, and actions).
- Describe the key elements of strength-based practices and explain how they can be implemented in a school setting to promote students' social and emotional development.
- Identify at least one explicit strength-based practice discussed and start incorporating it into their educational approaches to enhance the social and emotional development of students

SPEAKER BIO: Dr. Byron McClure is a product of Prince George's County, Maryland, a proud HBCU graduate of Hampton University, and a Black male National Certified School Psychologist. His mission has always been to improve outcomes for youth, especially those who have been historically marginalized.

After earning his doctorate in school psychology from IUP, he returned to D.C., where he led a school turnaround initiative for Anacostia High School, culminating in winning the 2020 Whole Child Award. His work has garnered recognition, including the Black SEL Summit Award 2022 for his contributions to Black youth's development and the NASP President's Certificate of Achievement in 2019. In 2018, he was honored with the CounterStories Award by the non-profit Men Can Stop Rape.

Dr. McClure has been featured in NPR, Insider, and the APA Monitor, to name a few. He founded *Lessons For SEL*, a culturally responsive SEL curriculum, which was acquired by 7 Mindsets, where he served as the Director of Innovation. His book, *Hacking Deficit Thinking*, has consistently appeared in Amazon's top 20 categories in Crisis Management Counseling and Inclusive Education Methods.

Recognizing school psychologists' national challenges, he developed School Psych AI, a platform designed to alleviate the burden of writing lengthy psychological evaluations by automating the process and their workload, allowing more focus on student well-being.

~ TENTATIVE SCHEDULE ~

Thursday, November 21, 2024

9:30 a.m. – 5:00 p.m.	Registration and Information Center Open
10:00 a.m. – 12:00 p.m.	Pre-Conference Session – Part I
12:00 p.m. – 1:00 p.m.	Lunch
1:00 p.m. – 2:30 p.m.	Pre-Conference Session – Part II
2:30 p.m. – 3:00 p.m.	Break
3:00 p.m. – 4:00 p.m.	Pre-Conference Session – Part III
4:00 p.m. – 6:00 p.m.	Networking

Friday, November 22, 2024

7:00 a.m. – 5:00 p.m.	Registration and Information Center Open
7:00 a.m. – 8:00 a.m.	Breakfast
7:45 a.m. – 8:00 a.m.	Sponsor Presentation
8:00 a.m. – 8:15 a.m.	Welcome Conference Opening
8:15 a.m. – 9:15 a.m.	Keynote – Dan St. Romain
9:30 a.m. – 10:30 a.m.	Workshop Session 1
10:30 a.m. – 11:00 a.m.	Break and Exhibits
11:00 a.m. – 12:00 p.m.	Workshop Session 2
12:00 p.m. – 1:30 p.m.	Lunch
1:45 p.m. – 2:45 p.m.	Level Networking
2:30 p.m. – 3:30 p.m.	Graduate Students Poster Sessions
2:45 p.m. – 3:15 p.m.	Exhibitor Rally / Break / Raffle Winners
3:15 p.m. – 4:15 p.m.	Workshop 3
4:20 p.m. – 5:20 p.m.	Workshop Session 4
5:30 p.m. – 7:00 p.m.	Awards Presentation and Reception
7:00 p.m.	Dinner on your own
8:00 p.m.	Trivia Night

Saturday, November 23, 2024

7:00 a.m. – 12:30 p.m.	Registration and Information Center Open
7:00 a.m. – 8:00 a.m.	Breakfast
7:45 a.m. – 8:00 a.m.	Sponsor Presentation
8:00 a.m. – 9:00 a.m.	Keynote – Byron McClure
9:00 a.m. – 9:45 a.m.	Annual Membership Business Meeting
9:45 a.m. – 10:15 a.m.	Coffee Break and Exhibits
10:30 a.m. – 11:30 a.m.	Workshop Session 5
11:40 a.m. – 12:40 p.m.	Workshop Session 6
12:45 p.m. – 2:00 p.m.	Lunch and Closing Remarks
2:00 p.m.	Conference Closes

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PREFERRED T-SHIRT SIZE (MEN'S SIZES) SMALL MED LARGE X LARGE XX LARGE XXX LARGE

ARE YOU A FIRST TIME CONFERENCE ATTENDEE? YES NO ARE YOU A MILITARY VETERAN? YES NO

	Professional/Affiliate Member*	Graduate Student Member*	Non-Member
A. MAIN CONFERENCE			
ATTEND FRIDAY AND SATURDAY (NOV. 22-23)			
Early Registration** (by Oct. 15)	\$275 per person	\$190 per person	\$325 per person
Regular Registration (after Oct. 15)	\$290 per person	\$205 per person	\$340 per person
ATTEND FRIDAY ONLY (NOV. 22)			
Regular Registration Only	\$220 per person	\$110 per person	\$270 per person
ATTEND SATURDAY ONLY (NOV. 23)			
Regular Registration Only	\$185 per person	\$90 per person	\$235 per person
B. PRE-CONFERENCE			
Thursday Only (Nov. 21) Pick only one.			
<input type="checkbox"/> 1. MTSS and School Counseling (Goodman-Scott)	\$65 per person	\$65 per person	\$115 per person
<input type="checkbox"/> 2. Big T and little t (Cassada Lohmann)			
<input type="checkbox"/> 3. LGBTQ+ Students (Gainsburg)			
* Your NYSSCA membership must be good November 23, 2024 to qualify.			
** To qualify for the Early Registration Rate, your registration form AND payment (copy of your purchase order, check, or credit card) must be received or postmarked by the Early Registration cutoff date.			
			Total (A+B)
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To check NYSSCA membership, email membership@nyssca.org

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FAX: 423-899-4547

PHONE: 866-318-6294

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P.O. Box 22185
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Please make your check or purchase order payable to: **National Center for Youth Issues.**

A W-9 is available on the website.

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CANCELLATION POLICY: If we are forced to cancel the NYSSCA Conference because of a "force majeure" event, such as a government restriction on large gatherings that cover the intended size of the conference, then we will issue full refunds of the registrations. Otherwise, our normal cancellation policy will be upheld: There will be no refunds after October 21, 2024. All cancellations before October 21, 2024 will be refunded less a \$25 handling fee. You may however substitute a colleague at no additional cost. The association is not responsible for and cannot give refunds due to problems beyond its control, such as weather and school closings. The sponsors of the conference receive registrant contact information.

On social distancing and other health and safety measures, the regulations/guidelines that apply to hotels and conference centers may change. The NYSSCA Conference will conform to all necessary regulations/guidelines that are in place as of the date of the conference.

PLEASE NOTE: The attendee will receive a confirmation to the email address provided when their registration is processed (make sure to check Junk/Spam folders). Please allow ample time for processing.



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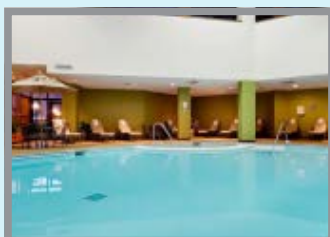
Make Hotel Reservations Early! Limited Availability!

The Hilton, Albany, the Conference’s host hotel, has a **conference rate of \$139 per night, plus tax**, which remains valid for reservations made by **October 31, 2024**, while rooms are available.

To make hotel reservations:

Book online: Visit www.nycionline.com/nyscac and scroll to “Accommodations” to book a room.

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Come Learn and Play.

Come to the NYSSCA Conference in the State’s capital, Albany! Albany, New York is on the west bank of the Hudson River and is known for its rich history with fascinating architecture, historic homes, and world-class museums, like the Albany Institute of History & Art. There are delicious restaurants a short distance from the hotel, such as Union Seafood, The Hollow Bar & Kitchen, and Iron Gate Cafe. If looking for some retail therapy check out Crossgate Mall with shops like Michael Kors, Bath and Body Works, DSW, Sephora, and restaurants like Texas de Brazil and Dave and Busters. There is tons to do around Albany, so you can learn and play!



We hope this conference will educate and equip you to do your job well, and we also hope you will take advantage of the wonderful ways you can relax and be refreshed!