

# Introducing Harmony Academy

Our no-cost resources have come together as Harmony Curriculum and Harmony Professional Learning to focus on developing healthy peer relationships inside and outside of the classroom, all powered by National University's Whole Human Education<sup>™</sup>.

# **Our Commitment to the Whole You**



#### Build Healthy Relationships:

Harmony Academy focuses on the development of healthy relationships, contributing to a strong sense of community and belonging.



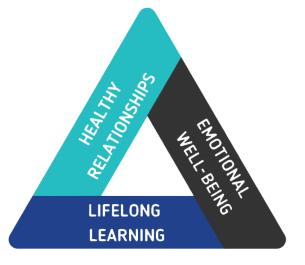
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#### Value Emotional Well-Being:

Harmony Academy supports emotional wellbeing for students and educators through the provision of knowl-edge, skills, and tools necessary to under-stand and manage emotions effectively.

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# Harmony Professional Learning Resources

#### **Building Teacher Practices & Developing SEL Capacity**

- 88 On-Demand Modules
- · Completed in Less than 1 Hour
- · Certificates of Completion

#### Pathways to National University:

- Earn up to 9 Free Graduate Credit Hours
- · Coming Soon: Credential-Rich Opportunities









### Harmony Curriculum Features



#### **Everyday Practices:**

Provides students with ongoing, supported opportunities to interact with peers and participate in dialogue and decision-making about issues related to the classroom community. Essential components include Harmony Goals, Meet Up, and Buddy Up.



#### Units, Lessons and Activities:

Offers relationship-building activities, discussions, and self-reflections that help students learn and practice key social-emotional competencies.



#### Supplemental Resources:

Includes stories, songs, literature alignments, the Harmony Game Room app, academic integration, and Educator SEL support — all enhancing the impact of the primary program materials.



#### Available for Use in Multiple Settings: Access curriculum designed for the classroom,

at home, or out-of-school time settings.

Together we now provide classroom resources and professional learning pathways for classrooms, schools, and communities.

### **Pre-K to 6th Grade Units**



LEVEL 2

LEVEL 3

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COLLABORATION

Learn more about our programs and sign up today a harmony-academy.org





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A NEW LEAF

PLAY

BUDDY TALK

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