



1 Plug-n-Play Counseling Curriculum



Transform your school's SEL approach with In Control and Can Do U. Designed with busy school counselors in mind, our programs are easy to implement, engaging for students, and effective in driving positive outcomes.

- CASEL Aligned
- Over 85 Videos Lessons for grades 6-8
- Over 80 Video Lessons for Grades 9–12
- On-Demand Video Lessons
- Discussion and Reflection Prompts
- Parent and Teacher Support
- Engagement Reports
- Flexibility



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