

Industry-Leading Local Care to Support Young People and Families in **Charlotte, NC**



Newport Healthcare is addressing the youth mental health crisis with comprehensive, integrated care for young people and families. Our outpatient location in Charlotte, North Carolina, through our longstanding teen program, Newport Academy, provides evidence-based treatment to help clients move beyond coping into resilience and thriving.

Addressing the Youth Mental Health Crisis with Whole-Person Treatment



Primary mental health care model that addresses underlying trauma and mental health conditions, not just behavioral symptoms



An approach to healing that incorporates the entire family, while supporting clients to build autonomy and independence



Strengths-based academic/life skills component to keep clients on track with their educational progress and career goals



Tailored treatment plans designed for each client's specific needs and history, and informed by in-depth assessments



A robust alumni program to keep young people and families connected with one another and with ongoing support after leaving treatment



Integrated approach that includes psychiatric care, medication management, clinical modalities, and experiential therapies, including art, music, and yoga



We Work with Most Major Insurance Companies to Optimize Access to Care.

LEARN MORE > 855-735-0457 > newporthealthcare.com

Our **Healing** Environment

Our Pineville facility features yoga, art, and music studios and comfortable spaces for group, individual, and family therapy. We are conveniently located off Interstate 485 (exit 64A), close to shopping and restaurants.



Full-Day Programming, 5 Days a Week, to Support Teens and Families

Our Partial Hospitalization Program (PHP), five days a week, offers comprehensive clinical care that includes individual therapy, group sessions, and academic and life skills programming. We use a variety of therapeutic modalities to increase teen engagement and improve treatment outcomes, including Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, Motivational Interviewing, EMDR, and Attachment-Based Family Therapy.

Our Program in **Charlotte**



Our Newport Academy outpatient program for teens in Charlotte is part of the Newport Healthcare family of programs, serving adolescents and young adults at locations nationwide. With both outpatient and residential programs across the country, we provide comprehensive, results-driven care for young people and families, founded in compassion and driven by outcomes.



Unparalleled Clinical Care That's Also Affordable