



PTSD

WHAT IS POST
TRAUMATIC STRESS
DISORDER?

FREWAY PSYCHIATRY



PTSD (Post-Traumatic Stress Disorder) is a mental health condition triggered by experiencing or witnessing a traumatic event.

COMMON SYMPTOMS OF PTSD

- Avoidance
- Impulsivity
- Depression
- Daydreaming
- Inability to trust others
- Lack of remorse and empathy
- Lack of cause-and-effect thinking
- Hypervigilance and overreacting

FREEWAY PSYCHIATRY

