



## Available in Person and via Telehealth

Most of our providers have hours available at one of our Michigan clinics, and all of our providers are available for treatment through our Telehealth option.

## Learn More

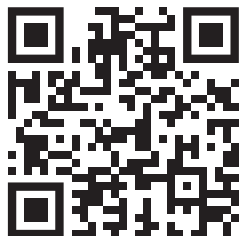
Visit our website to learn more about each of our providers and this service or call us with your questions and to make an appointment.

**Web:**

**[pinerest.org/diversity](https://pinerest.org/diversity)**

**Phone:**

**866.852.4001**



## Contact Information

### **New Patient Appointments:**

Call 866.852.4001

### **Current Patient Appointments & Questions:**

Call 269.408.9156

Fax: 616.827.4731

### **Current Patient Online Records, Refill Requests, Payments:**

[pinerest.org/mychart](https://pinerest.org/mychart)

### **After-Hours Emergencies/Pine Rest Contact Center:**

Call 616.455.9200 or 800.678.5500

TTY 616.281.6446



**Pine Rest Diversity Collective**  
**[pinerest.org/diversity](https://pinerest.org/diversity)**

# Diversity Collective

Care from a provider who gets you.





## Diversity Collective

### Identity affirming, culturally responsive care

Finding a qualified mental health provider can seem overwhelming, especially if you are part of the Black, Indigenous, and People of Color (BIPOC) community and want to work with a therapist you can identify with.

Working with us you'll be...

**COMFORTABLE:** You'll feel more at ease working with a provider who understands where you're coming from.

**CONFIDENT:** All our providers are licensed by the State of Michigan and use evidenced-based treatments proven to improve recovery outcomes.

**CONNECTED:** Our providers have access to a large network of colleagues and all levels of treatment due to Pine Rest's position as the largest mental health organization in Michigan.

## Concerns Addressed

- Anger Management
- Anxiety
- Attention Deficit Hyperactivity Disorder
- Bipolar Disorder
- Caregiver Stress
- Chronic Pain and Adjustment
- Cross-Cultural Adoption
- Cultural/Racial Identity
- Depression
- Difficulties at Work or School
- Grief and Loss
- Intercultural/Interfaith relationships
- LGBTQ Issues
- Obsessive Compulsive Disorder (OCD)
- Parent/Child Conflicts
- Perinatal Mood and Anxiety Disorders
- Personality Disorders
- Racial Trauma
- Relationship Conflicts
- School and Adjustment Issues
- Self-Esteem Issues
- Spiritual Issues
- Stress Management
- Substance Use Disorders



## Services

We provide services for ages five years and older.

- Psychiatric services, including medication management, consultations and evaluations
- Counseling and psychotherapy for individuals, couples and families
- Referral to other local or national treatment programs or services
- Consultation with primary care, churches, agencies and schools

## Insurance & Assistance

We participate with most health insurance plans.

A Patient Assistance Fund is available to supplement costs for people who can't pay the entire cost of treatment. Our support staff is happy to assist you with questions about coverage and payment.