

Telehealth Services

Telehealth is available for most concerns including:

- Adjusting to college
- Adolescent issues
- Anxiety
- Anger
- Attention Deficit Hyperactivity Disorder (ADHD)
- Bipolar
- Caregiver issues
- Depression
- Difficulty at work or school
- Grief and loss
- LGBTQ issues
- Medication management
- Parent/child conflict
- Parenting issues
- Postpartum depression and anxiety
- PTSD
- Relationship issues
- School and adjustment issues
- Self-esteem issues
- Sexual abuse and trauma
- Stress management
- Substance use disorders/addictions

Contact us today

We'll check your insurance to make sure this is a covered service for you, verify your device can be used for telehealth sessions and set up your first appointment.

To learn more or get started, visit our website.

pinerest.org/telehealth



Telehealth



Telehealth Services Available in Michigan





Telepsychiatry & Teletherapy at Pine Rest.

Effective. Research has shown telehealth to be as effective as traditional in-person therapy.

Confidential. We follow all confidentiality laws and policies.

Professional. Our Telehealth Services meet or exceed all established standards.

Our teletherapists and telepsychiatrists are exceptional.

All of our mental health professionals – both in our clinics and providing telehealth – are highly qualified, state-licensed and certified. Specific information about each clinician is available on our website.

Telehealth is appropriate for most situations.

We will work with you to determine if telehealth is appropriate for you and your situation as a part of the scheduling process and during your first appointment.

You probably already have what you need to get started.

In order to access telehealth, you will need:

- A computer with a webcam and internet access, or
- A mobile device or tablet with a webcam and internet access.

Before scheduling your first appointment, we will work with you to test your set-up to ensure a working connection.

Most insurance now pays for telehealth.

We accept most insurance plans, including most Medicaid plans. We can assist you with verifying your benefits.

