

Kiwi Recovery believes in the importance of making sure our clients remain on track in school while enrolled in our program, as behavioral health and addiction challenges can be disruptive to academic success. Our teacher creates a customized educational program for each student. We work closely with the youth's school district and family to help support a successful transition back to school.

HOW CAN YOU PARTNER WITH KIWIRECOVERY?

Hospitals, inpatient treatment centers, detox centers, and other behavioral healthcare providers can partner with Kiwi Recovery to provide a full continuum of care of care for adolescent and young adult clients.

Partnering with us allows providers to refer younger clients to a treatment center that's ready to help them take the next step in the journey to recovery.

Learn more about how you can partner with Kiwi Recovery by calling 617-751-6610 today.



We're here for you. There's no waitlist for treatment—our team is ready and waiting for your call.



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Kiwi Recovery

HERE TO SERVE AS YOUR PARTNER IN THE JOURNEY TO HEALING.

Outpatient Addiction and Mental Health
Treatment for Adolescents and Young Adults
Ages 12-18 and 18-25

**No waitlist!
Call us today and
start therapy tomorrow!
617-751-6610**



WHO WE ARE

Seeing your child struggle can be heartbreaking. You worry that mental health struggles or substance use could derail their future, and above all, you want them to know that they're loved, supported, and valued.

At Kiwi Recovery, you'll find world-class clinical care to help adolescents and young adults find sustainable pathways toward recovery. We offer effective, evidence-based outpatient behavioral health treatment in our Boston center. We're licensed for mental health treatment through both the Massachusetts Department of Public Health (DPH) as well as the Bureau of Substance Addiction Services (BSAS) to treat adolescents ages 12-18 and young adults ages 18-25.

Whether your child is dealing with depression, anxiety, other mental health conditions, or substance use issues, our team of experienced clinicians can help. With no waitlist for treatment, we're always ready to take your call and partner with you on this journey.

We treat:

- Depression
- Anxiety
- Bipolar disorder
- PTSD
- ADHD
- Oppositional defiant disorder
- Process addictions
- Substance use disorder
- Co-occurring disorders

OUR MENTAL HEALTH TREATMENT CENTER

Our mental health treatment center was designed exclusively with teens and young adults in mind. Lasting recovery can be a challenge. Kiwi Recovery's mission is to provide adolescents, young adults, and their families with the support and evidence-based care they need to overcome behavioral health and addiction challenges. Our priority is providing the safe space our clients need to put their struggles with mental health and addiction in the past and pave the way to a bright future.

Ready to get started? We've got you covered—just call us today.

OUR PROGRAMS

All of our outpatient programs for mental health and addiction feature evidence-based therapies to help our clients work through the underlying causes of their struggles and build healthy coping skills for the future. We're ready to help your family heal.



Day Treatment Program

Our highest level of care is designed for teens and young adults who are ready to build a strong foundation for the journey ahead. Our Day Treatment Program takes place Monday–Friday from 9 am–3 pm.



Intensive Outpatient Program (IOP)

Our IOP is designed for those who are transitioning out of day treatment or who need more than weekly outpatient therapy. Our current Intensive Outpatient

Programs include: Adolescent IOP (ages 12-18) Monday, Wednesday, Thursday from 3:30pm-6:30pm. Young Adult IOP (ages 18-25) Monday through Friday, 9am-12pm. Snacks are provided for all clients who attend our IOP.



Outpatient Program

Ongoing support helps clients transition back to everyday life. The habits and strategies that clients learn in treatment can help them navigate mental health symptoms or triggers for relapse in the future.



Telehealth Treatment

Virtual therapy sessions give clients the opportunity to keep up with treatment even if they're unable to make it to our center. Telehealth services can support continued growth and progress.

THERAPIES AND SERVICES

A wide array of therapies and services allows us to create personalized mental health and relapse prevention treatment plans that meet all of our clients' needs.

- Cognitive-behavioral therapy
- Dialectical behavior therapy
- Family therapy
- Acceptance and commitment therapy
- Holistic therapy
- Meditative therapy
- Trauma therapy
- Music therapy
- Motivational interviewing
- Person-centered therapy
- Rational emotive behavior therapy
- Harm-reduction
- Trauma-informed care
- Contingency management
- Medication management while enrolled in our day treatment program

NO WAITLIST!

Breakfast & Lunch Served
Most Major Insurances Accepted

