

## **Embracing Healing: A CHAMPVA Family's Journey towards Residential Care for their Military-Connected Teenager**

In the quiet corners of a West Coast home steeped in the echoes of service and sacrifice, a family stands at a crossroads, navigating the delicate balance between love, duty, and the well-being of their military-connected teenager. As anxiety and depression cast shadows over their daughter's path, Mom and Dad, two veterans, one disabled, who have weathered the storms of service together, find themselves grappling with a decision that carries the weight of their sacrifices and the hope for a brighter future. For their teenage daughter, raised in the embrace of duty and honor, the demands of military life contribute to her anxiety and depression, casting a veil of uncertainty over her once-vibrant spirit and love of school.

As the family comes to terms with the challenges that lie ahead, the prospect of residential care at The Barry Robinson Center emerges as a beacon of hope – a sanctuary where their daughter can find solace and the support she needs to navigate the complexities of her mental health journey.

In the embrace of family therapy, a space is carved out for healing and understanding, where the wounds of service-related trauma and the commitment to military life are laid bare. Through shared conversations and moments of vulnerability, Mom and Dad confront the complexities of their roles as parents and veterans. They delve into the depths of their shared experiences, and the family finds comfort in the power of connection, recognizing that healing is not a solitary journey but a collective effort that weaves together the threads of love, sacrifice, and resilience. In the safety of family therapy sessions, walls crumble and barriers dissolve, paving the way for open communication, mutual understanding, and a renewed sense of unity in the face of adversity.

The decision to consider residential care is not merely a practical choice but a profound act of love rooted in the unwavering commitment of parents to ensure their child's well-being. The dedicated team of professionals at The Barry Robinson Center, many of whom have a personal connection to the military or a deep understanding of military culture, welcomes each new resident with a renewed sense of hope and, through the various therapies at the Center, works tirelessly to encourage positive outcomes and healing.

The Barry Robinson Center's unwavering commitment to military families is rooted in the organization's ninety-year mission of improving the lives of children and their families. The Center has welcomed residents, ages 11–17, from 47 states and 7 countries with the goal of helping those families that stand to preserve our freedom and safety.

To learn more about The Barry Robinson Center please visit [BarryRobinson.org](http://BarryRobinson.org)

