



Everyday  Speech

# How Everyday Speech Supports School Counselors

## Empowering Counselors to Support Every Student

School counselors play a pivotal role in helping students overcome social, emotional, and academic challenges.

Everyday Speech simplifies this process with **no-prep curriculum and session planning tools** that save you time and promote the generalization of social skills.

## Key Skills We Help You Build

Everyday Speech focuses on four key areas to support your students:



### Emotional Recognition

Teach students to identify and regulate emotions.



### Self-Regulation

Teach strategies to manage stress and impulses.



### Academic Readiness

Equip students with classroom readiness and behavior skills.



### Friendship Skills

Support students in building and maintaining meaningful peer relationships.

## How Everyday Speech Saves You Time



**Prepare sessions quickly** with pre-made lesson plans.



**Track progress** and manage sessions across groups or individuals.



**Access thousands of engaging resources**, including videos, games, and worksheets.



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**Everyday Speech is one of the best programs out there.**

It's affordable, well-organized, and packed with effective content. I've recommended it to so many colleagues.

**Julie Benson**  
**School Counselor**  
**Tri-Town Union Schools, MA**

## Example Resources You'll Love



### Interactive Game: Build-a-Moji

Teach students emotional recognition by building their own emojis.



### Interactive Activity: Deep Breaths

Help students explore mindfulness strategies for focus.



### Video Modeling: Working in Groups

Teach effective teamwork and collaboration skills.

Scan the QR code to see these  
(and more resources) in action!

See how Everyday Speech can reduce  
your prep time.

