



## Adolescent Program

**TrustPoint Hospital is a state-of-the-art treatment facility that offers comprehensive, personalized inpatient care for adolescents.**

Our adolescent inpatient program helps young people ages 10–17 who have been experiencing mental health concerns such as:

- » Attention-deficit/hyperactivity disorder (ADHD)
- » Depressive disorders
- » Oppositional defiant disorder (ODD)
- » Anxiety disorders
- » Obsessive-compulsive disorder (OCD)
- » Trauma-related conditions

Our adolescent program is designed to help young people achieve stabilization. Program features include:

- » Round-the-clock care from trained medical professionals
- » Art & music therapy
- » Family education & engagement
- » Medication management
- » Recreational activities
- » Group therapy, covering topics such as goal setting, coping skills, & emotional expression

As part of our integrative treatment approach, we provide young people with supervised access to our on-campus gymnasium and outdoor courtyard.

***To learn more about the adolescent inpatient program and other services at TrustPoint Hospital, contact our admissions department today.***

**(615) 848-5850**

[www.trustpointhospital.com](http://www.trustpointhospital.com)

1009 North Thompson Lane | Murfreesboro, TN 37129