



*Located in Newton, MA, ilearn wellness group will provide partial hospitalization, intensive outpatient programming, and psychotherapy services to adolescents from ages 12-18. Our multidisciplinary treatment team will utilize a combined approach of adolescent medicine, behavioral health, and educational professionals. The patient's progress will be monitored as they progress toward the goal of successfully returning to age-appropriate activities in their/the patients school and community.*



## Who We Treat

- Adolescents currently experiencing symptoms that are interfering with age-appropriate functioning.
- Adolescents who would benefit from a variety of levels of outpatient care.
- Adolescents that have a willingness to participate and attend therapy sessions.

Patients will be evaluated for admission on a case-by-case basis by our program admission coordinator.

## How To Make A Referral

1. Visit our website: [ilearnwellness.com](https://ilearnwellness.com)
2. Click on the "Make A Referral" button
3. Fill out our referral form

## Our Services

### Partial Hospitalization Program (PHP)

- 8:30 am to 5:00 pm
- 5 Hours Clinical, 2 Hours Academics
- In-person and virtual options available

### Intensive Outpatient Program (IOP)

- 5:15 pm to 8:15 pm
- Tuesday, Wednesday, and Thursday
- 3 Hours Clinical
- In-person and virtual options available

### Outpatient Psychotherapy by appointment

- Virtual sessions only

***Scan here to make  
a referral today:***

