

MENTAL HEALTH SUITE

Empowering K-12 Leaders to Build Resilient School Communities

Anxiety, depression and suicidal thoughts are on the rise across all age groups. Schools need a scalable way to foster mental wellness skills that results in better outcomes across the board.



- **RethinkEd's Mental Health Suite** gives districts a
- flexible way to provide school-wide supports and targeted
- interventions rooted in evidence-based practices. Our
- comprehensive approach helps educators recognize common
- mental health concerns, respond effectively to risk factors and
- warning signs, and create a supportive environment where
- students feel they belong.

A Culture of Resilience Leads to



Reduced Emotional
Distress



Empowered
Educators



Improved
Behaviors

“ RethinkEd's flexibility in supporting both individual student interventions and broader schoolwide initiatives made it an ideal fit for our district's goals.”

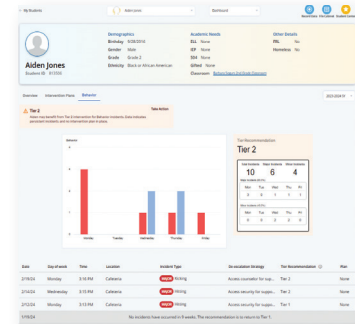
—Dr. Shelia Thomas, Chief Strategy and Support Officer, Newton County Schools

Mental Health Tools Made Simple

Developed by clinical and educational experts, our solution equips educators with practical, evidence-based strategies and activities that proactively address mental health challenges while developing student resilience and fostering safe, welcoming school communities.

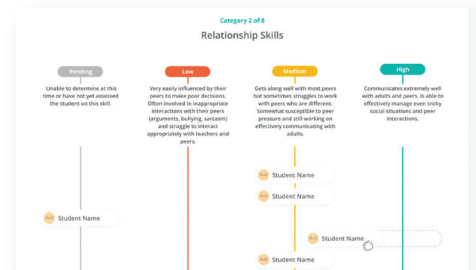
For Districts

- Data-driven insights to track progress at student, school, and district levels
- Guides and professional services for seamless implementation



For Educators

- Lesson library with grade-level K-12 curriculum
- Activity library with plug-and-play activities
- Professional development rooted in evidence-based practices

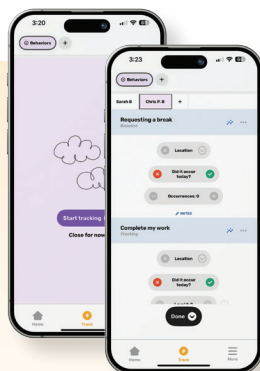


For Students

- Interactive student center
- Available in English and Spanish



- Available on Desktop and Mobile



Scan Here for a Free Mental Health Toolkit

A comprehensive solution to support the mental wellness of educators, staff, students, and families.

Start Building a Culture of Resilience

Visit us today at RethinkEd.com

