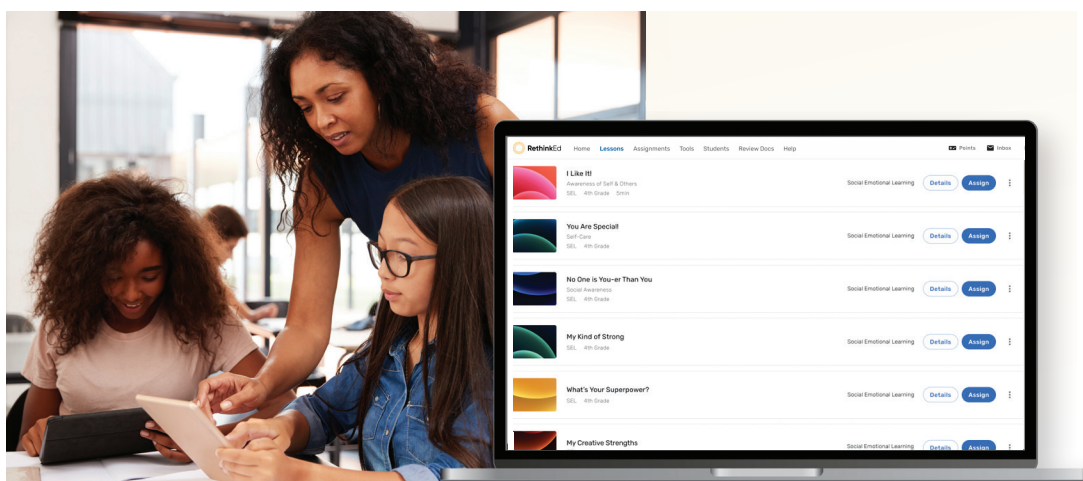


WELLNESS SKILLS

Building Stronger Communities. In the Classroom—and for a Lifetime.

Transform your district with a whole-child approach to Social Emotional Learning (SEL) that empowers students, educators, and families to thrive in the classroom, in the workplace, and at home.



A Culture of Wellness Leads to



Positive Social
Behaviors



Enhanced Future
Ready Skills



Improved
Conflict Resolution

- **RethinkEd's Wellness Skills** is a comprehensive, evidence-based solution that promotes essential skills like stress management, empathy and resilience—it equips educators with the tools and training they need to improve student outcomes and build safe, affirming school communities.

“ RethinkEd stood out due to its comprehensive library of evidence-based resources, its seamless integration with systems...and its ability to provide data-driven insights that help measure student progress.”

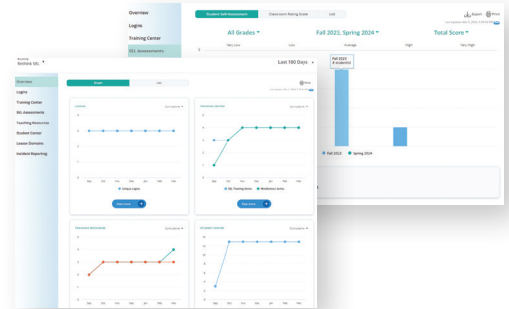
—Dr. Shelia Thomas, Chief Strategy and Support Officer, Newton County Schools

Wellness Tools Made Simple

Our all-in-one solution supports the development of essential skills that improve academic outcomes and foster lifelong success.

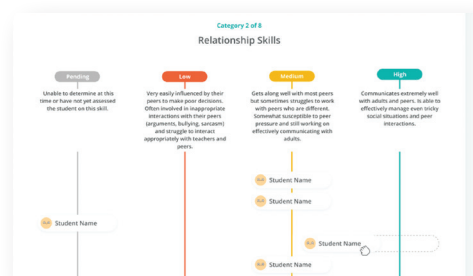
For Districts

- Data-driven insights to track progress at student, school, and district levels
- Guides and professional services for seamless implementation
- Aligns with CASEL, ASCA, MTSS, and PBIS frameworks



For Educators

- Lesson library with 30 wellness topics and grade-level K-12 curriculum
- Activity library with plug-and-play activities
- Tiered supports and resources
- Professional development rooted in evidence-based practices

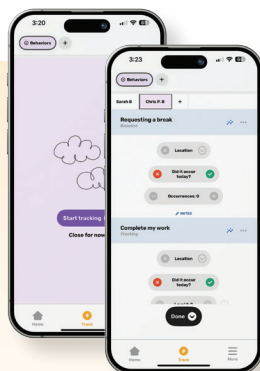


For Students

- Interactive student center
- Engaging, inquiry-based activities
- SEL student self-assessments for grades 3-12
- Available in English and Spanish



Available on Desktop and Mobile



Scan Here for a Free Wellness Skills Toolkit

Support the health and wellness of your students, families, staff and educators.

Start Building a Culture of Wellness

Visit us today at RethinkEd.com

