



# STEPHEN M. MORRIS

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# BEHAVIORAL HEALTH

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# CENTER

Care provided by  Monarch

## Youth Behavioral Health Urgent Care (BHUC)

The Youth Behavioral Health Urgent Care (BHUC) is a walk-in center for kids and teens ages 4 to 17 who are going through a mental health or substance use crisis and need immediate help. It is often a better choice than going to the emergency room, and the BHUC is open all day, every day.

At the BHUC, Monarch staff provide assessments, crisis support and mental health care in a safe, caring place where healing can start. This program helps make sure each child is connected to the right kind of care to keep getting better.

## Youth Facility-Based Crisis Center (FBC)

Youth Facility-Based Crisis (FBC) services help kids and teens ages 6 to 17 who are going through a mental health or substance use disorder crisis. These services give short-term care, usually lasting five to seven days, to help the young person feel more stable and safe.

Instead of going to the emergency room, FBC services offer another option when it's the right fit. Monarch's team of nurses, therapists and other trained professionals, led by a psychiatrist, provides care through therapy and support to help the child feel better.

**925 Progress Place NE  
Concord, NC 28025**

## Adult Behavioral Health Urgent Care (BHUC)

The Adult Behavioral Health Urgent Care (BHUC) is a walk-in center for people 18 and older who are facing a mental health or substance use crisis and need help right away. It is often a good choice instead of going to the emergency room, and the BHUC is open all day, every day.

BHUC services are often the first step in care and offer assessments, crisis support and mental health treatment in a safe, caring place. Here, Monarch helps adults get connected to the best level of care for their recovery.

## Psychiatric Residential Treatment Facility (PRTF)

Psychiatric Residential Treatment Facility (PRTF) services provide full-time, in-house care for young people under 18 who are dealing with mental health challenges.

PRTFs offer 24-hour on-site residential support that helps calm crises, teach new skills and involves family and community in the healing process. Treatment is led by a Monarch psychiatrist and a team that may include therapists, nurses, occupational therapists and other mental health workers.

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