

Behavioral Health Urgent Care

HOURS: MONDAY – FRIDAY, 9 AM – 4 PM

Serving Fayette County and surrounding areas, BHUC provides immediate, walk-in, same-day support—no appointment needed.

New Vista is here for adults experiencing a behavioral health crisis who **do not require hospitalization**.

If you or someone you know is struggling with **depression, suicidal thoughts, severe anxiety, mood instability** or **psychosis (hallucinations/uncertainty about what is real)** that may lead to hospitalization, the Behavioral Health Urgent Care (BHUC) is the first step.

OUR TEAM INCLUDES:

- Licensed Clinicians
- Engagement Specialists
- Psychiatric Provider
- Peer Support Specialists

All dedicated to helping you navigate this difficult time.

If you have any questions, please call our **24-Hour Helpline 1.800.928.8000**, or the **988 Suicide & Crisis Lifeline** if you are facing emotional distress or a suicidal crisis.

IF YOU ARE EXPERIENCING A MEDICAL OR LIFE-THREATENING EMERGENCY, PLEASE VISIT THE NEAREST EMERGENCY ROOM.



Visit the BHUC in the Following Situations:

- Experiencing feelings of significant distress.
- Experiencing feelings of hopelessness or helplessness.
- Significant changes in mood or thinking that impact daily functioning.

How the BHUC Operates:

1 Walk into the behavioral health urgent care.

2 A clinician will conduct an assessment to determine the care you may need.

3 Based on the assessment, your clinician will offer a support plan, which may include connecting you with therapy, psychiatry, substance use treatment (including medications for opioid use disorder) and/or other services.

